



# Blazing Paddles

## Newsletter of the LI Paddlers

Volume 2022, Issue 3

Summer Edition

July 2022

### Message from the President



Our summer is in full force and I hope that every member is enjoying every day whether rain or sunshine. I am pleased to see that members are adapting to Meet up

and are joining trips. I ask members to be patient with Meet up. I understand that it's not like our website but we are working to make it better. Our website

Committee is making great progress and we continue to strive in meeting our goal.

Members please don't hesitate to ask questions or if you need assistance in understanding Meet up, our website committee can answer your questions at our meetings.

Members keep in mind; protecting yourself from the sun when paddling is very important. Wear proper garments to protect you from the sun and to keep you cool, also sun screen and most importantly hydrate before a trip and during the trip. To all the members enjoy your summer and be safe on the water.

Thank you Edwin Mangual.

### INSIDE THIS ISSUE

<b>1</b>	Message from the President	1
<b>2</b>	LIP Volunteer Points Program	3
<b>3</b>	LIP Monthly Guest Speakers	7
<b>4</b>	DIY – Kayak Drip Rings	9
<b>5</b>	Kayak Symposium	10
<b>6</b>	Connetquot River Paddle Trip	11
<b>7</b>	Kayak Word Puzzle	13
<b>8</b>	Block Island – A World Away	14
<b>9</b>	Impossible Kayak Trip	16
<b>10</b>	Cold Spring Harbor Trip	18
<b>11</b>	In The Kitchen	22
<b>12</b>	LIP Spring Picnic	23
<b>13</b>	Global Cervical Cancer Race	25
<b>14</b>	Calling All Paddlers!	26
<b>15</b>	Photo Kayak Tour	27
<b>16</b>	Meet the Meetup	32
<b>17</b>	Club Sponsors	33

## Executive Committee 2022


The Executive Council consists of seven members who are voted into office every November and are listed below:

President:	Ed Mangual
Vice President:	Emilio Sosa
Treasurer:	Chris Scalisi
Secretary:	Bob Hansen
Members at Large	JoAnne Paolino Don Gorycki
Past President:	Fred Hosage

## Did You Know?

### Attending Executive Council Meetings

Any club member can attend Executive Council meetings and witness the council's activities but only as silent observers as stated in the Club's By-Laws (Section III.A.3, Board Operations/Meetings) as follows:

"All Executive Council meetings must be held in a public place and be open to all club members. While club members may attend Board meetings, they are not permitted to participate in Board meetings." 

### Members-at-Large

How does anyone bring subject matters to the Executive Council's attention? That's where the Members-at-Large come into play. They are the liaison between the General Membership and the Executive Council.

So, if you have a concern, new idea, a suggested improvement, or anything that affects the Club, just track down any of the two current Members-At-Large and they will ensure the matter gets on the Executive Council's agenda:

JoAnne Paolino [joannepaolino@gmail.com](mailto:joannepaolino@gmail.com)  
Don Gorycki [dgorycki6@gmail.com](mailto:dgorycki6@gmail.com) 

## Committee Coordinators 2022

Membership	Debbie Gallucci
Programs	Diana Price
Trips	Chiara Nuzzo
Training & Safety	Mike Matty
Public Relations	Dan and Donna DiGiovanni
Newsletter	Don Gorycki
Website	Website Committee
Special Events	Michelle Posillico and Pat Tauber
Librarian	Debbie Gallucci
Conservation	Liz Marcellus
Big Buddy Program	Bob Hansen
Hospitality	Irene Weiner
Merchandise	Tony Pellot
Photography	Alina Wilczynski

## Facebook Page

Did you know you can find Long Island Paddlers on Facebook? Just go to <https://www.facebook.com/groups/LongIslandPaddlers> and click the "Join" button. You will then be asked to provide information to confirm your identity and to agree to the group rules. Your request will then be reviewed by a group Administrator and, if you are an active member of the club, your request will be approved.

The club's Facebook group is a wonderful place to share photos of club trips and club gatherings. Members also like to share interesting (and sometimes entertaining) articles about the sport that we all enjoy. Please note, official club trips should still be posted on the club's website and not through the Facebook group. If you have any questions, please send an email to Christine Pan at [duckfoot70@gmail.com](mailto:duckfoot70@gmail.com) or Michael Pan at [m.pandemonium@gmail.com](mailto:m.pandemonium@gmail.com) 

### LIP Announcements

#### Training & Safety

No pool sessions this year but planning for Practice sessions on outside waters (i.e., bays, rivers etc.), stay tuned!

#### Hospitality

Babylon American Legion does not allow outside food but snacks are permitted. Instead of using their coffee pot Hospitality is providing our own coffee.

#### Special

LIP fall picnic: September 10 at Indian Island.

#### Trips

Paddle Battle, Riverhead, July 30, 2022.

#### Website

Our club website is down and members of our Website Committee are actively addressing this situation. It has been decided to use the Meetup service which provides many of the functions of our old website. Please see article on page 32 for more information.

Members of the Website committee:  
Emilio Sosa, Fred Hosage, Alina Wilczynski,  
Mike Matty and Edwin Mangual.

### Club Programs Committee

This committee is tasked with finding and scheduling guest speakers on a variety of topics of interest to our club.

Diana Price is our current committee coordinator and is asking for topics that you would like to hear. Also, if you know of a person or organization that would like to make a presentation, please contact Diana so arrangements can be made.

Every time you get into your kayak...



ALWAYS →

### Club Classifieds

Due to problems with our website, the classified section is not available at this time, pending resolution.



Kayak or submarine?



In a world where you can be anything, be kind.

## Long Island Paddlers Volunteer Points Program

The Long Island Paddlers Kayak Club supports many different activities above and beyond formal paddling trips. These activities are accomplished by volunteers who give their time and effort to make these activities successful. As a way of rewarding those who volunteer a system of 'Volunteer Points' have been established in the past and has been recently updated by the Club's executive Council under the guidance of Mike Matty. Here are the latest guidelines for this program.

**The following describes the volunteer program for the Long Island Paddlers. To promote volunteerism, volunteer points will be awarded in the following**

1. Leading a trip - **5 Points** (submittal of trip report required).
2. Leading a clean-up – **5 points**
3. Leading or helping out at a skill session – **5 points**
4. Submitting an article for the newsletter – **2 points**
5. Organizing / helping a club event (i.e. picnic, party etc.). – **5 points**
6. Giving a club presentation – **5 points**
7. Volunteering / participating at an outreach program or community event representing the Long Island Paddlers. *Must be present for a minimum of 3 hours* – **5 points**
8. Active participation in the Big Buddy Program - 5 points for the first face to face mentoring session for each mentee.
9. Serving on a committee - 20 points per year awarded at the beginning of each year


**The Volunteer Points program will work as follows:**

1. There will be a Volunteer Points Coordinator and a Backup Volunteer Points Coordinator.
2. Volunteer points will be maintained with Google Sheets on a dedicated Google Drive
3. The Volunteer Points Coordinator and a Backup Volunteer Points Coordinator will have Read/Write access to the spreadsheet
4. When a person volunteers and earns points, they shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
5. When a person uses volunteer points, the organizer of the event (party organizer, store coordinator) shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
6. One volunteer point is equal to \$1.
7. Volunteer Points may be redeemed at the Long Island Paddlers Store, any Long Island Paddlers event (i.e. picnic, party).
8. The maximum amount of points that can be redeemed by any member is **50 points** annually.
9. Points are carried over from year to year.
10. Points are not transferable.

Chris Scalisi and Mike Matty are the Volunteer Points Coordinators. Our emails are:

[Mike.matty@verizon.net](mailto:Mike.matty@verizon.net)

[kayakchris@optimum.net](mailto:kayakchris@optimum.net)

All enquires for points should be made to both of us. 

Submitted by Mike Matty

## Our new meeting place

Long Island Paddlers now meet in person at our new Babylon location at the American Legion Hall, 22 Grove Place Babylon, 11702.



**New meeting place - front view**



**Executive Council in action**



**Our merchandise ready for sale – thanks Tony P.**



**Our librarian - Debbi Galluci ready to help**



← **Have you contributed to the newsletter lately?**

More photos to come as available.

### Our new meeting place (Cont'd)



Hospitality – Joanne Paolino temporarily filling in for Irene Weiner




New membership table - thanks Debbi Gallucci

### New Club Member Recruiting

The Long Island Paddlers Club is always looking for ways to attract new members. Word-of-mouth, Internet access, and business-type cards are just a few.

Another way of advertising is using a flyer. Attached at the end of this newsletter is a flyer that you can print out and distribute.

So, if you would like to help spread the word, just print out the flyer and post it (with appropriate permission) where people can see it.

With your help we can spread the word about the pleasures and excitement of paddling. 

It's a bird...

It's a plane..

No...

It's a...

Airborne

kayak



Which type do you have?

## LIP Monthly Meeting Guest Speakers

One of the main duties of the Programs Committee Coordinator is to research, contact, coordinate and schedule for each month (except December's Holiday Party) a guest speaker. These guest speakers present a wealth of diverse and interesting topics.

April 2022



### Agenda

1. Becoming a Trip Leader
2. Planning a trip
3. Trip Ratings
4. Tides and Currents Links
5. Measuring Distance
6. VHF Marine Radios
7. Posting a trip with *Meetup*
8. Last minute details
9. Questions

Our very own Mike Matty (Training and Safety Coordinator) was our April Speaker. Our previous website, as great as it was, was falling behind the technology curve to the point of being no longer sustainable.

Our website committee, after much research and investigations, decided that the "Meetup" Service can be a reliable alternative service.

Here, Mike is presenting the process of becoming a trip leader as well as how to use Meetup To post trips. After all, paddling trips is what the club is about.

[More on next page.]



## Happy Fourth of July

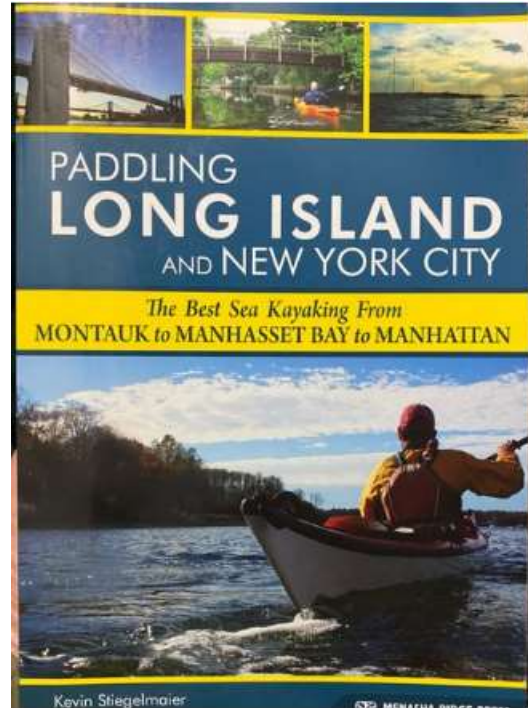
## Independence Day!

**LIP Monthly Meeting Guest Speakers****May 2022**

Kevin Stiegelmaier was our guest speaker at our May 17th Club meeting

Kevin is the author of Paddling Long Island as well as the owner of Paumonok Tours and a long time club member.

Description of program: Kevin discussed the ins and outs of kayaking on the island. He'll shared some of his favorite spots with you and gave you a good idea of what to expect when you hit the water.



[More on next page.]



## LIP Monthly Meeting Guest Speakers

June 2022

The program for June 22 was entitled Circumnavigating Manhattan by Emilio Sosa. He will be sharing his photos, videos, advice and things learned during his experiences while participating in the 2021 Jerry Blackstone paddle around Manhattan. 🌐



### Kayak Drip Rings



Kayaking... It's a wet sport but there are a few features that will reduce your chances of getting wet. One such feature is kayak paddle drip rings.

Many kayak paddles come with drip rings some don't. If you feel like drip rings could help in making your kayak adventures more enjoyable, you don't need to buy a different paddle. Drip rings can be easily installed. We'll discuss the different types of drip rings, how to install them, and how they should be adjusted to keep water from running down your arm and dripping on you and into your kayak.

Kayak paddle drip rings are cupped rubber rings that fit on both ends of the shaft near the blade. Drip rings help prevent water from running down the shaft to your arm, into your armpits, onto your torso, or dripping on your legs, in the cockpit, or on the deck.

See following link for more information:

[https://otterbeeoutdoors.com/kayak-paddle-drip-rings-tips-for-staying-dry/?utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_tribes&utm\\_content=tribes&utm\\_term=1121377216\\_54217738\\_787504](https://otterbeeoutdoors.com/kayak-paddle-drip-rings-tips-for-staying-dry/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_tribes&utm_content=tribes&utm_term=1121377216_54217738_787504) 🌐

## Why Participate in a Kayak Symposium? by Charles Bauer

If you are an avid kayaker looking to improve his/her kayaking skills you should definitely consider participating in a kayak symposium. Symposiums are typically held over a three day or more period of time, allowing you to choose the classes you feel will help strengthen your skills. You will also receive awesome instruction by world renowned coaches. Further, you will meet a fantastic community of kayak enthusiasts from all over the world that share your passion and thirst for learning the essentials of kayaking. Finally, you will leave the symposium feeling more confident in your ability to handle a wide variety of kayaking scenarios.



I recently attended the three day 2022 Florida Gulf Coast International Sea Kayaking Symposium sponsored by Sweetwater Kayaks of St. Petersburg, Florida ([www.sweetwaterkayaks.com](http://www.sweetwaterkayaks.com)) February 25 -27. This was an opportunity to learn the essentials of kayaking and to obtain the specific skills I felt I lacked in order to gain more confidence on the water. It was also an excuse to escape the cold weather in New York for the warmth of Florida. Mission accomplished!!!

Although many of the more local attendees arrived with their own sea kayaks, Sweetwater will rent you a sea kayak & necessary equipment for 1 to 3 days. This worked out well for all of those who flew in, like myself. However, I did bring my own PFD, bilge pump and paddle (Aqua Bound Northern Lights 4 piece Tango Fiberglass with a straight carbon shaft, which easily fit in my suitcase).

There were 22 different courses to choose from (see [www.sweetwaterkayaks.com](http://www.sweetwaterkayaks.com)) of which I chose 5 over the three day period (Edging for Success; Self-Rescue; Practical Navigation; Practical Navigation on the Water and Journeying Skills). The coaches were patient, knowledgeable, enthusiastic, encouraging and sometimes even comical,

(Continued on the next page)

## Why Participate in a Kayak Symposium? (Cont'd)



keeping everyone relaxed. Sweetwater Kayaks even arranged for the coaches & students to meet and enjoy a casual dinner where we exchanged kayaking stories. It was great to make new friends and exchange contact info. This was such a positive experience, I am counting the days to next year's symposium.

Finally, in spite of the cold weather in New York, I was anxious to put my new skills to the test when I returned home. That story is for another day.

Explore the Possibilities!

All the best, Charlie Bauer 🌊

## Connetquot River Paddle Trip (June 10, 2022)

By Don Gorycki

On June 10 this year I attended a Club paddle trip on the picturesque Connetquot River. This trip was led by one of our new trip leaders, Tony Pellot. In attendance were our club vice-president Emilio Sosa, Don Gorycki, Ina Ferrara, John Faulkner, and Clement Muniz. June 10 was a beautiful sunny spring day and the water of the Connetquot River was calm.

We were all in the water by 11:10 and paddled north enjoying not only the company of our small flotilla, but also the sights and sounds of nature. We observed people on the shore as they walked the various nature paths.

(Continued on the next page)

## Connetquot River Paddle Trip (Cont'd)



Map courtesy of John Faulkner

After crossing the river to the west side, we continued paddling to Nicoll Island where we stopped for a lunch break. We stayed there a while enjoying the sea and sky before paddling back to the take-out at Timber Point Park.

Altogether we spent 3 ½ hours going 6.6 miles.

Thanks Tony for posting this trip and to Emilio whose guidance is always welcome. 🌊

After reaching the ‘top’ of the river we then paddles south and then into the Grand Canal. There are many homes on both sides of the canal along with various kinds of watercraft; from jet-skis to dingys, to awesome cabin cruisers often dwarfing our kayaks as we paddled by.

As we paddled under one of the last bridges before entering the river proper, we noticed a bay pigeon floundering in the water – in obvious distress. Emilio to the rescue! He scooped up the helpless bird and transported it onto dry land with a promise of seeing better days.

### Do You Recognize This?



Answer on page 14.

### Did You Know?

The name “kayak” was coined from the Inuit word “qayaq”. It originated with the Inuits of Greenland and was later also used by Alaskan Inuit tribes. Inuit are a group of culturally similar indigenous peoples inhabiting the Arctic regions of Greenland, Canada and Alaska. The Inuit languages are part of the Eskimo–Aleut family. 🌊

# Kayak Word Search Puzzle

Can you find all the words?

## Great Outdoors

### Word Search Puzzle



S	Q	I	R	R	E	L	D	C	N	R	X	Z	J	C	R	
W	I	L	D	L	I	F	E	E	L	A	T	S	G	I	E	S
H	P	N	D	V	M	C	K	D	N	J	N	N	M	M	C	C
I	Q	L	S	F	D	A	S	O	K	S	I	O	M	W	T	E
Q	M	L	K	N	L	O	O	J	D	P	O	U	E	A	F	N
I	K	P	Z	Q	N	C	F	R	M	T	S	B	Q	T	I	E
R	J	M	M	M	C	O	I	A	R	E	B	A	T	E	S	R
V	K	A	Y	A	K	B	C	L	A	S	A	H	H	R	H	Y
W	I	B	R	B	C	J	P	R	N	F	C	I	B	F	I	O
F	H	H	M	E	H	B	E	I	G	O	K	K	O	A	N	Z
R	X	D	V	A	H	E	A	V	E	R	P	I	Z	L	G	Z
M	T	S	Q	R	D	T	N	E	R	E	A	N	X	L	D	U
S	R	K	I	S	N	R	U	R	X	S	C	G	M	R	Q	T
H	A	K	H	U	X	N	X	N	W	T	K	L	V	G	B	R
Q	I	C	O	N	D	R	B	Z	F	Z	N	A	T	U	R	E
W	L	M	W	I	L	D	E	R	N	E	S	S	W	P	H	E
K	S	M	V	Q	K	V	E	H	P	V	I	I	T	G	P	S



- |          |           |            |
|----------|-----------|------------|
| BACKPACK | HIKING    | SCENERY    |
| BEARS    | KAYAK     | SQUIRREL   |
| BIRDS    | LAKE      | SUMMER     |
| CAMPING  | MOUNTAINS | TRAILS     |
| CANOE    | NATURE    | TREES      |
| DEER     | RACCOON   | WATERFALL  |
| FISHING  | RANGER    | WILDERNESS |
| FOREST   | RIVER     | WILDLIFE   |



Good things come to those who paddle.

## Block Island – A World Away

By Karl Grossman of the South Shore Press

"Close to Home, A World Away" is part of the name of a magazine on Block Island.

Indeed, just 14 miles east of Montauk Point, little Block Island (6 miles long, 3.5 miles wide) is a world away from Long Island.

Now off Block Island is the first off-shore wind farm in the United States.

"It's really something to see, if you've never set eyes upon an offshore wind farm" notes the Block Island Guide. The five turbines regularly supply all of the island's power needs—and more." Excess electricity they generate is sent to the mainland of Rhode Island, 9 miles north of Block Island. Block is part of Rhode Island. "The wind farm was built at a cost of about \$300 million," says the Guide. "It is owned and operated by Orsted, a Danish renewable energy company that works to take tangible action to create a world that runs entirely on green energy."

"On the U.S. Eastern Seaboard, offshore wind farms are now being planned by Orsted for Massachusetts, Connecticut, Rhode Island, New York, New Jersey, Maryland and Virginia. The Block Island project is the progenitor of the trend for more offshore wind power. . ." Several major wind farms are to rise off Long Island in coming years.

Block Island's combination of wind energy and solar power - a large number of structures on Block Island are bedecked with rooftop solar photovoltaic panels-provides a model.

For 92 years, before the offshore wind turbines arrived and in December 2016 when their blades

began twirling, Block Island ran on electricity produced by diesel generators operated by the Block Island Power Company.

We were importing nearly 1 million gallons of diesel fuel every year," Jeffrey Wright, the company CEO, was quoted in 2017 in Power Line, an online publication of American Clean Power. The cost of electricity on Block Island was thus triple the national average.

And there were mishaps. Earlier in 2016, one of the diesel generators caught fire. And, of course, the greenhouse gasses emitted from the diesel generators were substantial. As climate change hits the world mainly due to the burning of fossil fuels, getting off electricity generated by oil, coal and gas is imperative.

My wife and I were on Block Island on this Memorial Day weekend to celebrate our 61st wedding anniversary. (I met this lass from Huntington our first week at Antioch College in Ohio.)

We've been to the island a good number of times through the decades usually going there on our sailboat. 'With the ocean between Montauk and Block often turbulent-and, oh, that frequent fog! I'd rather take the Viking Superstar ferry from Montauk.

(There is also the year-round ferry from Point Judith, Rhode Island, and in season like the Viking ferry, from Newport, Rhode Island and New London, Connecticut.)

(Continued on the next page)

## Block Island – A World Away (Cont'd)

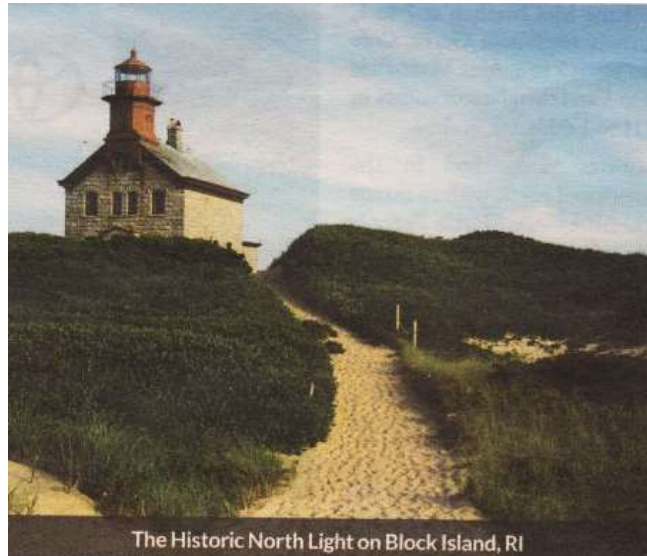
Block Island is a piece off New England an hour-and-a-half ferry ride from Montauk.

But it's far more than that.

Architecture of the 20th Century never struck Block Island. There are more than 20 Victorian Era hotels and inns on the island. Quaint they are. The houses that dot the landscape are similarly classic in nature. Most of their settings are circumscribed by stone walls. Only in Vermont have I seen more stone walls.

More than 47 percent of Block Island is under conservation protection. The Nature Conservancy, which has had a huge role in preserving so much of Block Island, has called it one of the last great places" in the western hemisphere.

The Block Island Land Trust is a municipal conservation organization enabled by Rhode Island state legislation in 1985 and funded by a three-percent transfer fee on Block Island land transactions. Its mission is "to protect



The Historic North Light on Block Island, RI

ecologically sensitive areas, open space and land for agricultural use, preserve viewsheds and provide recreational opportunities.

The shoreline of Block Island - much of it soft, white sand-also features a fringe of Caribbean-like turquoise water. Yes, this place close to home is a world away. 🌊

### Answer to “Do You Recognize This?”

A trip on the North Shore is not complete without a glimpse of a Gold Coast Mansion. Coindre Hall owned by Suffolk County sits in Huntington on the outskirts of Lloyd Harbor overlooking Huntington Harbor. Historical Fact: Coindre Hall Park is a 33 acre park and 80,000 square foot mansion overlooking Huntington Harbor. Built for pharmaceutical giant George McKesson Brown in 1912, this mansion represents the height of the Gold Coast era with its medieval turrets and sweeping views of the harbor. 🌊



Now that's quite a catch!

## Impossible Kayak Trip

Submitted by Jim Dreeben

Mike Acebo is a friend of Jim Dreeben who lives in Orient Point and has done some serious paddling. The following article of his was originally shown in the Arizona Courier on January 14, 1970.

### Introduction

By Mike Acebo

When I graduated from High School in 1967 I was spending the summer working for Colorado Outward bound School. I had been accepted to the Air Force Academy, plus other schools, because of my football skills. After acceptance into the Academy I was rejected because of eyesight problems, I decided to go to Western State in CO so I would be near Crested Butte for skiing. While at Outward Bound the President of a new college in AZ came to the School to find someone to run an outdoor program at his new school. Roy Smith was chosen as the Director and I was given a scholarship to instruct while studying.

We started a program rapidly, rock climbing, kayaking, sailing, boat building, scuba diving, river rafting and winter mountaineering. We received a lot of local and national press for the program.

Thanksgiving break in 1969 we planned a trip to Baja California to cross the Sea of Cortez by kayak. The group consisted of Roy Smith, Rusty Ballie, and mountaineering partner of Roy's, Bill Bryant from Prescott who was the area Klepper kayak dealer, Leonard Ossorio and myself, two college students. We arranged two small planes to take us and our equipment to a small dirt strip in Baja, leave us there to set up and paddle to mainland Mexico for the flight home. The local paper covered the trip and Saga Magazine shared a story by Roy. Following are some photos of the trip. (Continued on the next page)





## Impossible Kayak Trip (Cont'd)

It all began with Eskimos. Many years ago a kayak was developed by primitive man as a safe means of transport across water. The boat (see photo) can be paddled through rough or calm seas. It can roll over, paddler and all, and can be quickly righted. It is to all intent and purposes waterproof, since the cover of the cockpit is worn by the occupant. He literally wears his boat.

The skin and bone of the Eskimo has now developed into a lightweight, folding, easily carried stable boat used by many kayak enthusiasts throughout the world.

Prescott College saw this boat as another way of developing the inner man, as a means of pitting him against the elements to allow the full man to develop.

Prescott College students and instructors have paddled kayaks down the Colorado, in lakes, streams and rapids. It took, however, the skill and determination of Roy Smith, Prescott College director of Outdoor Action, to put together a group to challenge one of the world's most dangerous waters – the Gulf of California.

The short (90) mile strip of water between Baja, California and the Mexico mainland is full of hungry sharks, large whales and dangerous currents. The tides here are considered as some of the highest. Whirlpools, over 2000 feet of water and several hundred yards in diameter, are common. So, what better way to spend Thanksgiving vacation then to paddle a kayak across the Gulf of California?

Roy Smith discussed the idea with two Prescott

College students, Mike Acebo and Leonard Ossorio. They were enthusiastic, so he contacted Bill Bryant, an employee of Arizona Public Service Company, a recognized spelunker (cave explorer) and agent for Klepper Kayaks in the area. Bill also is an accomplished kayaker.

Sooner or later, the word got to Rusty Ballie an outward bound instructor in Denver and a friend of Roy Smith. Rusty thought it was great as did Bill Bryant, so, on the day before Thanksgiving, in airplanes flown by Bob Fashbaugh and Jack May, the group departed for Baja, California. The planes dumped the paddlers on the beach 60 miles below the Bay of Los Angeles on the Baja side of Mexico. Then the wait began. The wait was for good tides and reasonably good weather.

The boats were assembled, water bottles filled. All was in readiness except the wind and waves would not permit passage, so two days were spent on the beach as the anxious group studied the currents and the winds. Finally, on Friday, the weather appeared good. The group departed Baja and paddled to the first island of the trip, San Lorenzo. The weather was holding – the winds were good and the tides right – so after a brief stretch they continued their paddling another 25 miles to the island of Estaban where they spent the night in sleeping bags, eating copious amounts of food which they carried with them.

The next morning, after another careful study of the charts, winds, etc., boss man Roy Smith said, "Mount up and paddle", and the group departed for the next to last leg of its journey to the island of Tiburon just off the coast of the mainland of Mexico where members spent the night on

## Impossible Kayak Trip (Cont'd)

a rocky but adequate beach. The next morning they departed early and arrived in Kino Bay about noon. The 90 mile trip had been accomplished with no incident.

It was a trip many said was impossible; a trip that had never before been made by five men in Kayaks. They saw whirlpools and avoided them. They travelled a very carefully planned schedule to take advantage of the lowest possible tides and the best currents.

True, it was a dangerous trip but well-planned and well-executed to take advantage of the lowest possible tides and best currents. 🌊



## Cold Spring Harbor Boat Ramp to Caumsett Lagoon

June 23, 2022

By Chris Fleming

The North Shore of Long Island has so many great kayak put-in spots in the harbors between Manhasset Bay and Huntington Bay. Unfortunately, for many of us non-residents, they are off-limits in the summer season. Not so for the Billy Joel Park and Boat ramp in Cold Spring Harbor, which provides boat access year-round for all.

On June 23, Chris S and Pat T led eleven Long Island Paddlers on a wholly enjoyable trip up



and back to the Caumsett Lagoon (Sand Hole). It was to be a challenging paddle, covering nearly 13 miles at a pace of over 3 miles per hour. The trip description stressed that only those capable of such a paddle should sign on.

The weather forecast was a bit iffy on the days approaching the Thursday paddle, but, luckily, the skies brightened up the morning of the 23<sup>rd</sup>. Occasional patches of blue peeked through the mostly overcast sky.

(Continued on the next page)

## Cold Spring Harbor Boat Ramp to Caumsett Lagoon (Cont'd)

Light winds out of the east were expected throughout the day.

The Billy Joel Park and Boat ramp, named in recognition of the musician's first album, is an easy load-in load-out spot. There's a small temporary parking area for getting your boats off and on, and then parking is either right on the street just a few feet away or across the street at the Cold Spring Harbor State Park. We put our boats in the water adjacent to the cement boat ramp. The sand was



a bit pebbly, apparently this little speck of beach is barely evident at high tide.

The paddle description explained that we'd be flowing out with the last of the ebbing tide, and then be able to ride along as the flow changed and pushed us back in the harbor. We left promptly at noon.



(Continued on the next page.)

## Cold Spring Harbor Boat Ramp to Caumsett Lagoon (Cont'd)

To the indigenous inhabitants of the Cold Spring Harbor area, it was known as Wawepex, or “at the good little water place.” The European settlers of the seventeenth century named the area after its abundance of fresh-water springs. The word “harbor” was added years later to avoid confusion with the town of the same name on the Hudson River.

We made our way through a maze of moored boats as we worked our way out of the Inner Harbor. There were hardly any motorboats in action on this day and not a single jet ski. For this mostly south shore paddler, that’s a rarity.



We were in open water, staying closer to the east shore, out of the wind, about a hundred or so yards off the shore. The western shore was about a half mile away. We stayed in a group, Pat mostly taking the lead, and a mix of paddlers changing watch at the rear.



Three miles per hour is a pretty good pace for the club. I think most of our paddle’s average between 2 and 2 ½ mph. But many of us were looking for a challenge to get in better shape after a terrible Spring



season. Additionally, several of the paddlers on this trip are in training for the Manhattan Circumnavigation, coming up in July. (Continued on the next page)

## Cold Spring Harbor Boat Ramp to Caumsett Lagoon (Cont'd)



And I have no scientific evidence to back up this statement, but to me, the water around Long Island certainly appears to have gotten clearer, and hopefully cleaner, over the past dozen or so years.



The tide was low as we turned east to enter the lagoon.

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In a little under two hours, we arrived at the entrance to the Sand Hole. I'd paddled by the entrance to the lagoon several times before on previous trips but had never entered the protected harbor. It was quite stunning. We had the whole lagoon to ourselves. There were no other boats and or houses in sight. When you spend much of your day sitting on the Long Island Railroad or inching along in traffic on the expressway, you forget how beautiful Long Island is. And it's only through the Long Island Paddlers that I've discovered many of these places.



A little later I asked Tom S if he was thinking of doing the Manhattan Circumnavigation. He looked at me like I was crazy – why would someone paddle around the City when you could paddle right here!

(Continued on the next page)



## Cold Spring Harbor Boat Ramp to Caumsett Lagoon (Cont'd)



We finished up our lunch - it looked to me like peanut butter and jelly was the clear favorite – and got back in our boats. As predicted, the current had changed and was now again at our backs. 2 hours later we were back on shore. It was a fine day. Thanks Chris and Pat. 🌊

Photos and text by Chris Fleming

### Peach Cobbler



Recipe borrowed from Pennysaver July 7,2022

**P**eaches are a nutritious summertime favorite. Peaches are antioxidant-rich, include a wide range of vitamins and minerals, and are rich in fiber. And there is no denying how sweet and tasty peaches can be, whether they're plucked right from a tree or enjoyed in any number of recipes.

Cobbler is a type of dessert that gained popularity in the United States during the 19th century. It is made by putting fruit in a deep baking dish and then topping it with a drop biscuit batter and sometimes a crumb topping. Any number of fruits work well in cobblers, including apples, pears and various berries. However, peach cobbler is the quintessential summertime treat.

Cobbler gets its name from the fact that early American settlers didn't have strict recipes with exact measurements for ingredients, so they took what they had and "cobbled" them together.

Today's cobbler bakers enjoy the benefits of having more direction when putting together their desserts. This recipe for "Southern Peach Cobbler" comes courtesy of Paula Deen.

### Southern Peach Cobbler

Serves 15

- 1 1/2 cups self-rising flour
- 1 stick butter
- 1/2 cup water
- 2 cups sugar, divided
- 4 cups peaches, peeled and sliced
- 1 cup milk
- Ground cinnamon (optional)

Preheat oven to 350 F.

Combine the peaches, 1 cup sugar, and water in a saucepan and mix well. Bring to a boil and simmer for 10 minutes. Remove from the heat.

Put the butter in a 3-quart baking dish and place in oven to melt.

Mix remaining 1 cup sugar, flour, and milk slowly to prevent clumping. Pour mixture over melted butter. Do not stir.

Spoon fruit on top, gently pouring in syrup. Sprinkle top with ground cinnamon, if using. Batter will rise to top during baking. Bake for 30 to 45 minutes.

To serve, scoop onto a plate and serve with your choice of whipped cream or vanilla ice cream.

## Photo Gallery

### Long Island Paddlers Spring Picnic

The Long Island Paddlers Spring Picnic was once again held at Centerport Beach on June 4, 2022. I don't have an accurate count of participants but believe me, plenty of paddlers showed up.

This annual special event was organized, planned and prepared by our Special Events Coordinators, Michelle Posillico and Pat Tauber.

There were morning and afternoon paddles:

#### Morning paddles

1. Bird Island
2. Essential Stroke and Body Mechanics
3. Recovery Skills

#### Group Leader

Emilio Sosa  
Tom Auer  
John Bluek


#### Afternoon paddles

1. Duck Island Harbor
2. Huntington Lighthouse
3. Sand City

Ed Mangual  
Mike Matty  
Chris Scalisi

The picnic began after the morning paddles and was a "bring-your-own" Affair. The picnic was supplemented by additional ice, water and assorted goodies compliments of Michelle and Pat.

George Barnes of the United States Coast Guard was present to perform kayak safety checks with kayak emblem stickers.

The following photos is only a sampling and more can be found on the club's various social media. 

Vessel  
safety  
check  
sticker



Good  
eats at  
the picnic

[Continued  
on the next  
page]

# Photo Gallery

## Long Island Paddlers Spring Picnic (Cont'd)





## Global Cervical Cancer – Paddle Race at Carmans River

Submitted by Alina Wilczynski

My name is Kerry and I work for a Long Island company that makes medical equipment to screen for cervical cancer. We are partnering with a non-profit group called HerHealthEQ for a charity paddle board, kayak, and canoe race to raise money to expand life-saving cervical cancer screening to 500,000 high-risk women around the world. I am trying to get the word out to folks who may want to join the race. Would it be OK for me to send you the flyer and would you be willing to share it with your group? If you have any questions, please feel free to reach out to me at [k.gauthier@lutechmedical.com](mailto:k.gauthier@lutechmedical.com)

Thank you for your help in getting the word out about our charity paddle board race, details follow below:

On Saturday, August 6th, 2022, bring your canoe, kayak, or SUP, and join Lutech and HERhealthEQ at Carman's River in Brookhaven for a little friendly competition on the water to benefit a great cause!

We're raising funds to support a global cervical cancer initiative that will expand access to life-saving cervical cancer screenings to high-risk women around the world. The proceeds of the event will allow us to deploy 100 Lutech colposcopes to local community-based healthcare clinics in 10 countries – providing cervical cancer screenings to women who need it the most!

Here's how it works:

1. Register for the race by scanning the QC code on the flyer or visiting: <https://secure.qgiv.com/for/lutfunfin/event/851032/>
2. Once you've registered, share the donation link with your family and friends and encourage them to sponsor you in the race. The participant who raises the most money will win a prize!
3. On the day, bring your canoe, kayak or paddle board to the river. (Rentals will be  
(Continued on the next page)

## Calling All Paddlers!



There's plenty of room in our next Newsletter for your paddling adventure stories. No need to be bashful, we're all interested in your photos, stories, anecdotes and anything you have to share.


From personal stories (how you got involved in kayaking or what brought you to the Club) to reviews to recipes. How about a paragraph on a committee that you're serving on?

Have you been on a recent paddling trip? Have a favorite trip? Have any latest info on put-ins? Why not share some photos? Don't forget Member-Matchup and Spotlight-On.

Plus - you can gain 2 Volunteer Points for each article published.

It's so easy; just send an email to [dgorycki6@gmail.com](mailto:dgorycki6@gmail.com). A thank-you email is returned as a receipt acknowledgement.

The following list of topics is presented to show you the wide variety of subjects you can add to your newsletter. Questions? Just contact your friendly newsletter editor.

- |                          |   |
|--------------------------|---|
| ☺ Paddle trip stories    | ☺ Member match-up   |
| ☺ Favorite put-ins       | ☺ Spotlight on  |
| ☺ Put-in news            | ☺ Honorable mention   |
| ☺ Recipes                | ☺ DIY projects  |
| ☺ Kayak jokes            | ☺ Equipment reviews   |
| ☺ Kayak puzzles          | ☺ Upcoming events  |
| ☺ Do you recognize this? |   |

## Global Cervical Cancer – Paddle Race at Carmans River (Cont'd)

available if you don't have your own!) Launch at any time between 8 and 10 am and complete the course in your best time. Prizes will be awarded by our amazing sponsors and all funds go directly to the project, providing desperately needed screenings for 500,000 women a year!

If you can't make it on the day, but still want to get involved, you can donate here: <https://secure.ggiv.com/for/lutfun>

Thanks again and have a great day. 

## Nature as Our Guide Photo Kayak Tour — Mt Sinai Harbor/Satterly Landing

By Alina Wilczynski

Our motto for the inaugural Photo Kayak Tour on July 3rd in Mt Sinai Harbor was “If you see something, say something”. And right at the put-in, a bald eagle poking in and out of the trees on the Western shore of the harbor seemed to be prompting us to start our journey for the day! It led us right into Crystal Brook Hollow where we came upon a gathering of egrets in the trees and in flight. Their beautiful plumes protected since the Migratory Bird Act of 1918.



*Photo by Helen Vloyianitis*

Further still into one of the nooks of the Hollow was found a community of skittish fiddler crabs. The males are easily identified by one claw that is nearly twice the size of the other. The task of leading us was next taken up by a gaggle of geese with goslings in tow, followed by sets of swan parents with cygnets (swan babies). We were gently steered by a few turtles, their heads seen popping up here and there.



*Photo by Helen Vloyianitis*

By the time we crossed the channel to have lunch at Ralph's, the shutterbugs among us already had dozens of photos to share. Oooo's and ahhh's ensued with seeing such variety of images and unique perspectives from a seemingly short distance covered. Including the most subtle of details that easily get missed, like a tuft of swan feathers sitting up vertically on the surface of the water like tiny fluffy icebergs.

**Photo Kayak Tour (Continues for the next few pages)**

As if a calling to get back on the water, a “wild-life” sighting of a different kind had us jumping out of our seats with camera shutters clicking — a pirate ship coasting into the harbor from the Sound.

*Photo by John Faulkner*



*Photo by John Faulkner*

And so, we set off from the beach and hugged the north side of the harbor, passing what seemed like dozens of rows of docks. At times feeling like we were the wildlife sighting for motorboating weekenders gearing up for their afternoon outings. They would momentarily stop what they were doing to watch us float by, some with a look of wonder and others looking a bit perplexed. Perhaps they were just mirroring our looks of perplexment looking at them.

As the sound of music and revelry fell away, we felt back at ease in calm waters. Waiting for us were cormorants perched on nearly every other buoy or so, some holding out their wings for drying. Latin for “sea raven”, cormorants are able to dive as deep as 100 feet, stay under water for up to four minutes, fly up to 35 mph and they can live up to 25 years. From the cliffs of Rocky Point, I can sometimes see them dive down and swim around, making sudden and fast turns before disappearing in the depths and then popping up 20 yards away.

They are mostly ignored by us now, but in ancient cultures they were used as fishing aides. A snare was tied around their throat, which allowed them to swallow small fish, but when a large fish got caught in the bird’s throat, the fishermen would be waiting nearby to remove the fish and take it for themselves.



*Photo by Helen Vloyianitis*

Just as we were deciding where to go next, “Turn here!” said two terns that landed on a bouy right in front of us, and so we rounded the east side of the harbor. When in the area by car, I will often take a mini-scenic detour along Shore Rd because it’s so beautiful, especially at sunset of course, but any time of day and any weather has its unique magic along this stretch. During low tide, clammers can be seen clamoring for a good catch.



*Photo by Alina Wilczynski*

Apparently, there is a little island in the middle of the harbor called Russell Island. Though I'm not sure a landing is advised, as you risk getting grounded in the mud, especially at low tide. I know of at least one person who lost a shoe and several hours waiting in just such a predicament.

The few bungalows that are tucked into the tall grasses and steps from the water look like they exist beyond the movement of time. One especially reminds me of cabin in the movie, "On Golden Pond" with two rocking chairs on the porch in

the backyard.

And just like that, Satterly Landing appeared around the bend from our final wildlife guide, an osprey mom and chick high above us in their nest.



*Photo by Fran Cassidy*

All told, a delightful day was had by all. To my surprise, only half the group brought cameras, while the others came for a relaxing day on the water. Whether using cameras, binoculars or open vision, we all thoroughly enjoyed allowing nature to be our guide, showing us where to find the most rewarding views and activity.



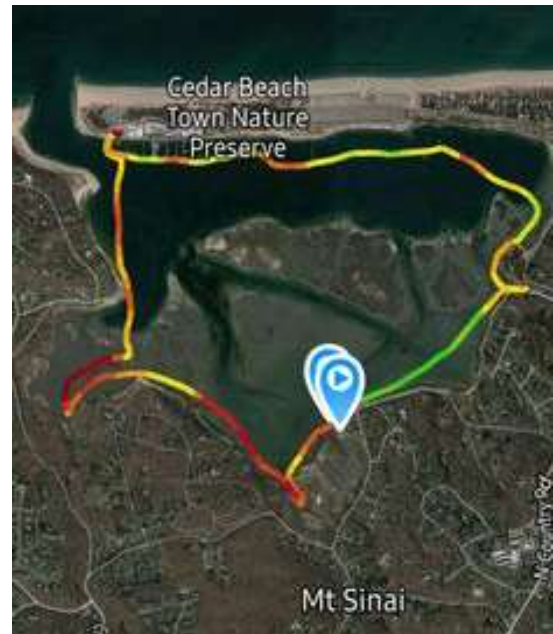
*Photo by Alina Wilczynski*

As a perfect cap for the day, we celebrated two recent birthdays (Chiara's and mine) over ice cream at McNulty's in Miller Place!

Stay tuned for more Photo Kayak Tours. In the works are Shelter Island Harbor and West Meadow Creek, as well as a request for Photo Walking Tours.



*Photo by Helen Vloyianitis*






## Meet the Meetup

By Mike Matty (Training & Safety Coordinator)



As most of you know by now Long Island Paddlers will be using the Meetup website to schedule events, such as paddles, meetings, picnics, parties etc. There is also a mobile app that can be downloaded for free for use on your mobile phone or tablet. So, if you haven't done so already, go to <https://www.meetup.com/> and create an account with a username and password. Once you have an account copy and paste <https://www.meetup.com/meetup-group-lvwrzpdd/> into your browser. This will bring you to the Long Island Paddlers homepage. Once you are at the homepage and hit the "Request to Join" button. All 2022 members will be granted access to the Meetup. If your membership is not current, you can download the forms here <https://lipaddlers.org/wp-content/uploads/2022/04/LIPaddlersNewMemberForms041822.pdf>

Features of the Meetup include:

- Instant email notification of scheduled events , such as paddles, meetings, picnics, parties etc.
- You can RSVP (attend / not attend) right from your mobile device or computer
- RSVP confirmation that "You're Going"
- You can see who signed up for the event and who declined
- There is a waiting list that is generated for events that are full. The waiting list queue is on a first come first served basis. As attendees cancel, the next person on the waiting list is automatically accepted.
- Events can be forwarded to your calendar
- Email reminders that you are signed up for an event
- Driving directions via Google Maps to the put-in location
- The trip leader can email the attendees as a group or an individual
- You can message any individual in the group, and they can message you back
- There is a message board that will allow you to message the entire group
- There are forums (topics not currently setup)
- You can customize your notifications and emails under Profile > Settings 



## Club Sponsors



Next Long Island Paddlers Publication Date:

**October 15, 2022**

Deadlines for submission are several days prior to publication date (to be announced). Members are encouraged to submit articles, pictures, letters to the editor, newsworthy notes, recipes, put-in information, trip reports or future trip information etc. to the editor. Editor reserves the right to editorial privileges. Unless otherwise stated, the views expressed are those of the authors and do not represent official position statements of Long Island Paddlers Club, Inc. Please submit all newsletter articles, pictures, letters and advertising by deadline, to the Newsletter Editor at: [DGorycki6@gmail.com](mailto:DGorycki6@gmail.com). 🌐

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### DISCLAIMER:

The views expressed in this newsletter are strictly those of their respective authors. Information offered on any topic should not be assumed to be authoritative or complete.

Editor's Note:

The Editor wishes to thank all who contributed to this edition of the newsletter, for it is your articles and photographs that keep our newsletter afloat. 🌐

*You're invited to join*  
**Long Island's Largest Volunteer-Run  
Kayaking Club**



Photo Credits: Top Row (Left to Right): Alina Wilczynski, Alan Mayors, Christine & Michael Pan. Bottom Row (Left): George Golab.

We are a supportive community of  
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- Social Kayak Picnics & Annual Holiday Gathering
- Monthly Presentations with Guest Speakers
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