



# Blazing Paddles

## Newsletter of the LI Paddlers

Volume 2022, Issue 4

Fall Edition

October 2022

### Message from the President



To all members - I hope that everyone is doing well and that you had a great summer. Our club has done very well this season and I am very happy to hear that we still have trips left and if you like cold paddling I recommend that you start preparing.

The fall is a nice time to paddle so get out there and paddle. Enjoy the scent and color changes and relax. I want to thank all the committees for their dedication and hard work that they have provided and continue to support the Long Island Paddlers. I also would like to thank members for helping out in club events and functions. I Tip my hat to the Trip Leaders for leading trips throughout the season. Remember members - the more we pinch in the better our club gets.

Thank you, Edwin Mangual

### INSIDE THIS ISSUE

<b>1</b>	Message from the President	1
<b>2</b>	LIP Volunteer Points Program	4
<b>4</b>	LIP Guest Speakers	6
<b>5</b>	Amityville to Gilgo Beach	9
<b>6</b>	Setauket Harbor/Conscience Bay	11
<b>7</b>	In The Kitchen	12
<b>8</b>	Do You Recognize This?	12
<b>9</b>	Adirondack Adventure 2022	13
<b>10</b>	Kayak Word Scramble	17
<b>11</b>	LIP Fall Picnic	18
<b>12</b>	Manhattan Circumnavigation	20
<b>13</b>	Newsletter errata – Weather	25
<b>14</b>	How to make kayak more stable	26
<b>15</b>	6 Women - Apostle Islands	27
<b>16</b>	Orient Pt./Riverhead Challenge	34
<b>17</b>	Club Sponsors	36
<b>18</b>	Club Flyer	37

## Executive Committee 2022


The Executive Council consists of seven members who are voted into office every November and are listed below:

President:	Ed Mangual
Vice President:	Emilio Sosa
Treasurer:	Chris Scalisi
Secretary:	Bob Hansen
Members at Large	JoAnne Paolino Don Gorycki
Past President:	Fred Hosage

## Did You Know?

### Attending Executive Council Meetings

Any club member can attend Executive Council meetings and witness the council's activities but only as silent observers as stated in the Club's By-Laws (Section III.A.3, Board Operations/Meetings) as follows:

"All Executive Council meetings must be held in a public place and be open to all club members. While club members may attend Board meetings, they are not permitted to participate in Board meetings." 

### Members-at-Large

How does anyone bring subject matters to the Executive Council's attention? That's where the Members-at-Large come into play. They are the liaison between the General Membership and the Executive Council.

So, if you have a concern, new idea, a suggested improvement, or anything that affects the Club, just track down any of the two current Members-At-Large and they will ensure the matter gets on the Executive Council's agenda:

JoAnne Paolino [joannepaolino@gmail.com](mailto:joannepaolino@gmail.com)  
Don Gorycki [dgorycki6@gmail.com](mailto:dgorycki6@gmail.com) 

## Committee Coordinators 2022

Membership	Debbie Gallucci
Programs	Diana Price
Trips	Chiara Nuzzo
Training & Safety	Mike Matty
Public Relations	Dan and Donna DiGiovanni
Newsletter	Don Gorycki
Website	Website Committee
Special Events	Michelle Posillico and Pat Tauber
Librarian	Debbie Gallucci
Conservation	Liz Marcellus
Big Buddy Program	Bob Hansen
Hospitality	Irene Weiner
Merchandise	Tony Pellot
Photography	Alina Wilczynski

## Facebook Page

Did you know you can find Long Island Paddlers on Facebook? Just go to <https://www.facebook.com/groups/LongIslandPaddlers> and click the "Join" button. You will then be asked to provide information to confirm your identity and to agree to the group rules. Your request will then be reviewed by a group Administrator and, if you are an active member of the club, your request will be approved.

The club's Facebook group is a wonderful place to share photos of club trips and club gatherings. Members also like to share interesting (and sometimes entertaining) articles about the sport that we all enjoy. Please note, official club trips should still be posted on the club's website and not through the Facebook group. If you have any questions, please send an email to Christine Pan at [duckfoot70@gmail.com](mailto:duckfoot70@gmail.com) or Michael Pan at [m.pandemonium@gmail.com](mailto:m.pandemonium@gmail.com) 

### LIP Announcements

#### Hospitality

Babylon American Legion does not allow outside food but snacks are permitted. Instead of using their coffee pot Hospitality is providing our own coffee.

#### Special Events

Holiday party will once again be at Butterfield’s in Hauppauge on December 11, 2022.

#### Trips

Please visit our Meetup service to see and join our latest trips.

#### Website

Our club website committee has been busy re-hosting our old obsolete website. We are now using the Meetup service that allows dynamic interactions with club members. This includes joining trips, sending notifications, and much more. Don’t forget to visit our new website that has containing useful static (read-only) information.

Members of the Website committee: Emilio Sosa, Fred Hosage, Alina Wilczynski, Mike Matty and Edwin Mangual.

### Club Programs Committee

This committee is tasked with finding and scheduling guest speakers on a variety of topics of interest to our club.

Diana Price is our current committee coordinator and is asking for topics that you would like to hear. Also, if you know of a person or organization that would like to make a presentation, please contact Diana so arrangements can be made.



Every time you get into your kayak...

ALWAYS →

### Club Classifieds

Items for sale can be posted on the Club’s Meetup service.

Our new website (still under construction, is shown here to the right. →



## Long Island Paddlers Volunteer Points Program

The Long Island Paddlers Kayak Club supports many different activities above and beyond formal paddling trips. These activities are accomplished by volunteers who give their time and effort to make these activities successful. As a way of rewarding those who volunteer a system of 'Volunteer Points' have been established in the past and has been recently updated by the Club's executive Council under the guidance of Mike Matty. Here are the latest guidelines for this program.

**The following describes the volunteer program for the Long Island Paddlers. To promote volunteerism, volunteer points will be awarded in the following**

1. Leading a trip - **5 Points** (submittal of trip report required).
2. Leading a clean-up – **5 points**
3. Leading or helping out at a skill session – **5 points**
4. Submitting an article for the newsletter – **2 points**
5. Organizing / helping a club event (i.e. picnic, party etc.). – **5 points**
6. Giving a club presentation – **5 points**
7. Volunteering / participating at an outreach program or community event representing the Long Island Paddlers. *Must be present for a minimum of 3 hours* – **5 points**
8. Active participation in the Big Buddy Program - 5 points for the first face to face mentoring session for each mentee.
9. Serving on a committee - 20 points per year awarded at the beginning of each year


**The Volunteer Points program will work as follows:**

1. There will be a Volunteer Points Coordinator and a Backup Volunteer Points Coordinator.
2. Volunteer points will be maintained with Google Sheets on a dedicated Google Drive
3. The Volunteer Points Coordinator and a Backup Volunteer Points Coordinator will have Read/Write access to the spreadsheet
4. When a person volunteers and earns points, they shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
5. When a person uses volunteer points, the organizer of the event (party organizer, store coordinator) shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
6. One volunteer point is equal to \$1.
7. Volunteer Points may be redeemed at the Long Island Paddlers Store, any Long Island Paddlers event (i.e. picnic, party).
8. The maximum amount of points that can be redeemed by any member is **50 points** annually.
9. Points are carried over from year to year.
10. Points are not transferable.

Chris Scalisi and Mike Matty are the Volunteer Points Coordinators. Our emails are:

[Mike.matty@verizon.net](mailto:Mike.matty@verizon.net)

[kayakchris@optimum.net](mailto:kayakchris@optimum.net)

All enquires for points should be made to both of us. 

Submitted by Mike Matty

## Our new meeting place

Our new meeting place for the Long Island Paddlers, the American Legion Hall, 22 Grove Place, Babylon, has been serving us well. A recent poll prefers this place instead of the Bay Shore Brightwaters Library.



**New meeting place - front view**



**Executive Council at work**



**Hospitality snack bar**



**Merchandise for sale**



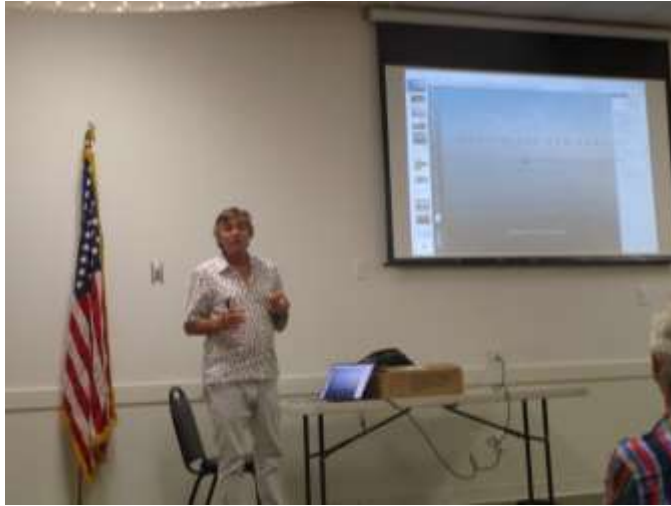
← Have you contributed to the newsletter lately?

More photos to come as available.

## LIP Monthly Meeting Guest Speakers

One of the main duties of the Programs Committee Coordinator is to research, contact, coordinate and schedule for each month (except December's Holiday Party) a guest speaker. These guest speakers present a wealth of diverse and interesting topics.

### July 2022



The Club's July General membership meeting was scheduled for Tuesday, July 19th from 7pm-9pm at the American Legion 22 Grove Pl Babylon NY 11702. Our Speaker for this Meeting was Thomas Halaczinsky and his presentation brought to life the images and information contained in his book "Archipelago New York" which received honorable mention at the Tokyo International Photo Awards. This mesmerizing photographic and literary logbook unravels the mysteries of more

than 70 islands dotting the sea from New York Harbor at the mouth of the Hudson to Fishers Island Sound. This magical island world, hiding in plain sight, is revealed aboard documentary filmmaker and writer Thomas Halaczinsky's 30-foot sailboat. His course follows the route of Adriaen Block, the first European who, in 1614, sailed and mapped this area. On old marine charts, these islands have curious-sounding names such as Money Island, Pot Island, and Rats Island, while names such as Rockaway, Jamaica Bay, and Montauk speak of the indigenous people who once inhabited the land. Rooted in history, local tales are interwoven with current themes such as climate change and wrapped in the narrative of sailing in quest of a sense of place. Tom is an award winning, New York documentary filmmaker, photographer, and writer who divides his time between Brooklyn and Greenport. For those of you who were at our March meeting where Louise Harrison gave us an update on Plum Island, Tom was there filming the presentation and created the videos we saw in her presentation. Tom will have copies of his book available for sale (\$29.99) if anyone is interested.

## LIP Monthly Meeting Guest Speakers

### August 2022



At our August general meeting we had two guest speakers, our own Alina Wilczynski and Mike Matty. Alina started by introducing our new Club web page. Alina contributes much time and effort to once again make our web page the pride and joy of kayakdom. Mike held another learning session on the Meetup service. This question and answer session addressed many of the member concerns about how to effectively use Meetup.

### September 2022

Our Speaker for this Meeting was from the NY Marine Rescue Center (NYMRC) in Riverhead, RYANNE MURRY, who discussed the topic of Cold Stun Sea Turtles.

The New York Marine Rescue Center is a rescue and rehabilitation organization that promotes marine conservation. Our mission is to preserve and protect the marine environment through conservation efforts including rescue, rehabilitation, education and research.

Cold Stuning is a condition similar to hypothermia that is brought on when the sea turtles which are cold blooded are exposed to temperatures below 50 degrees F. Cold stunning slows the movements of afflicted sea turtles, it causes the animal to get pushed ashore on NY beaches, This condition left unnoticed can become fatal.



## LIP Monthly Meeting Guest Speakers

September 2022 (Cont'd)



**Call to report a stranded sea turtle  
631-369-9829 (24 Hour Hotline)**

**If you find a turtle:**

1. Move the turtle above the high tide line
2. Cover it with dry sea weed
3. Mark area with pieces of debris
4. Call NY Marine Rescue Center

If you see a sea turtle on the beach (live or dead), can call the hotline number or call Coast Guard on VHF radio. A photo is also helpful.

On the right are the steps for finding a sea turtle while kayaking. It is always best to call the hotline first, as every situation is different. Please use your best judgment in regards to safety for both humans and animals when responding. Let me know if you have any other questions and thank again for having us! 🌊

1. If you can, always call our hotline first to get further instruction
2. Use a marine radio to call the coast guard
3. If you are 100% sure it's a cold stun, then you may pick up the turtle

### New Club Member Recruiting

The Long Island Paddlers Club is always looking for ways to attract new members. Word-of-mouth, Internet access, and business-type cards are just a few.

Another way of advertising is using a flyer. Attached at the end of this newsletter is a flyer that you can print out and distribute.

So, if you would like to help spread the word, just print out the flyer and post it (with appropriate permission) where people can see it.

With your help we can spread the word about the pleasures and excitement of paddling. 🌊



# Photo Gallery

## Kayak trip from the Dinghy Shop in Amityville to Gilgo Beach

August 19, 2022

Submitted by Charles Bauer



# Photo Gallery

## Kayak trip from the Dinghy Shop in Amityville to Gilgo Beach (cont'd)



## SETAUKET HARBOR - CONSCIENCE BAY PADDLE

Trip led by McMullin, July 13, 2022

Photos by Don Gorycki

I paddled here before and it was just wonderful so I decided to join Ed's trip.

We left at 9:00 A.M. on an incoming tide, paddled east and followed the shoreline to Port Jeff Harbor; then paddled north to Old Field Beach and paddled west thru the Narrows into Conscience Bay.

We returned through the Narrows and shipped oars (I mean paddles) at Old Field Beach for a lunch break and then paddled south and followed the Strongs Neck shoreline into Setauket Harbor and back to the Shore Rd beach. 🌊



## SETAUKET HARBOR - CONSCIENCE BAY PADDLE (Cont'd)



This yummy "Roasted Shrimp and Orzo" recipe is compliments of Marian Plummer.

Possible newsletter recipe - I made this for a couple paddler gatherings and got many requests for the recipe. What I do differently: start with frozen raw shell-on shrimp. I like Costco 13/15 size. Defrost in a bowl of water with some baking soda about 10 min. Dump out water. I don't bother to roast shrimp. Just saute 1-2 min per side till just pink. T

Be careful not to overcook. Put them aside to cool. Peel. I dice them into about 1/2 inch chunks. I also don't take quantities literally. I use less oil. Good Feta is available at Costco. Dodoni brand. Huge container but it's in brine so lasts long after opening. 🍷

<https://www.foodnetwork.com/recipes/in-a-garten/roasted-shrimp-and-orzo-recipe-1947099>

### Do You Recognize This?



Answer on page 17.



## Adirondack Adventure 2022

Submitted by Chris Scalisi (text) and Pat Tauber (photos)

This year the trip started off with a little confusion, Meet-up was not yet in place when we had to make reservations for the motel (Shaheen said to do it before April) so we told the annual participants in March which was about 25 and then we announced it on Meet-up for 10 more with a little wiggle room on the number. We wanted to keep it under 40, 10 to a trip leader. Trip leaders were Mike Matty, Ken Doxsey, Emilio Sosa and me Chris Scalisi. We had a planning session at Ken's home and selected four different trips for the week. We decided to not be ridged and if a leader wanted to do a different paddle that was fine. I am hoping other people write something so I am going to write about the ten in my group and the four trips we did.

We called a meeting at Shaheen's for 8 on Sunday but changed it to 9am on Monday. We went over the plans for the week and informed all that every day will start at 9am sharp (and we did).



As it turned out we had 34 coming and in the last two weeks 8 dropped out for various reasons. This was fine but it left one group with only three and we had to work that out. One day two of the groups merged for one paddle. The smaller groups made the parking at some put-ins easier than in the past with 25 at a place with limited parking like the Bog River.

My first paddle on Monday we did from Paul Smith's to North Bay. We were lined up in the street, the last car arrived at 9:07, I did not reprimand her! I chose Tom Sternweis to be my assistant for the week, with three people who need help getting into their boats it was a good choice. Turned out the wind was howling the whole day. We probably had 15mph and gusts up to 25 with whitecaps on Spitfire Lake. We hugged the shore to get out of the wind the best we could, but it was still a challenge. We lunched right near Rabbit Island and after lunch made our way into North Bay. We did not go all the way to the end but at least could see the far end of the bay  
(Continued on the next page)

## Adirondack Adventure 2022 (Cont'd)



about one more mile. The wind if anything was picking up on the return and at one point it ripped the paddle out of Bob's hand never to be seen again (not for not looking a little). Bob did have a spare which he used the rest of the week. Going back to the put in Tom took most of the group around the long way out of the most wind but one paddler was slower, and I took her straight across on a nice ferry angle and we all met together at the takeout. By the time we finished and returned it was after 5pm. A shower and a beer and out to dinner.

Tuesday we were supposed to paddle upper Tupper Lake to the Dam, but Mike did that Monday and did not like it, so we changed and did Little Tupper to Round Lake instead. Today was breezy but not like yesterday. As soon as we made the turn into Round Lake, we saw our first eagle fly from the little island to the top of an evergreen. Shortly afterwards we saw our first loon. Continuing around the perimeter of the lake we to the out-flow dam (Bog River) then to a perfect beach with a log big enough to seat the whole group. There was one camper at the lunch spot and after chatting a little we learned he was from Bayside and was a customer at the store I worked in in the 80s.  
(Continued on the next page)

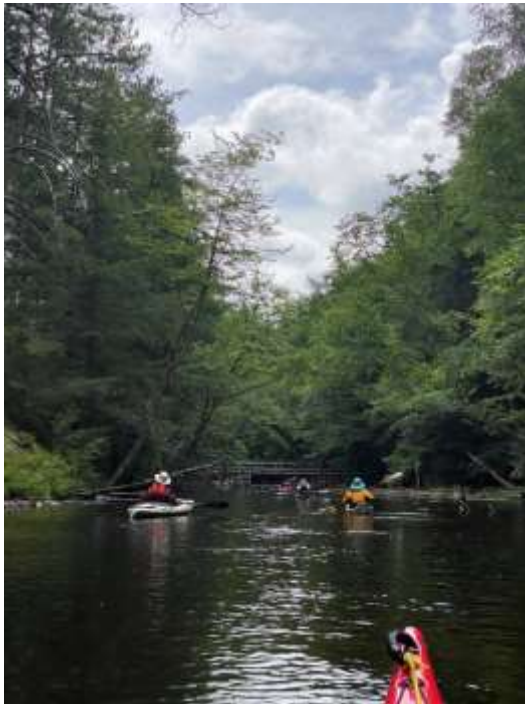


## Adirondack Adventure 2022 (Cont'd)

After lunch we headed home. It's still my choice as the best paddle. Back to the motel, about 3pm, same routine, shower and a beer then out to dinner.

Wednesday: Second Pond to Kiwassa Lake. About one mile to the lock, all 10 boats dropping about 8 feet in like five minutes. This lock is much faster than the manual one on the Middle Saranac. We paddled around to Kiwassa Lake, but we had difficulty finding an easy take out for lunch. We ended up at a class three take out and tied up some of the boats and dragged a few on the land. On the return we did see a small boat at a small dock that said, "graduate of Paul Smith's collage" and the small Camp had a sign "Loony Bin" which was cute, I hope someone took a picture of it. Nice easy paddle back through the locks, this time in two groups. Back to the takeout and home, another quiet paddle and we did see another eagle on the way. Back to the motel same routine!

Tonight, we did our BBQ at the motel. Pat picked up some of the items like plate and utensils. A lot of folks brought other things to share, and everyone brought meats for President Edwin to cook up on his grill. Mike was also cooking on the house grille, others brought beer and wine, cheese, salads, olives etc. Special thanks to all the ladies who did a wonderful job on setting up and on cleanup. Even Robin said how nice it was left.



After the BBQ some of us went inside and had a little sing along. Unfortunately, Dum-dum (Me) forgot the songbooks home, but Bob did bring some so the members could have the lyrics. Bob and I did a few tunes, and our newest member John did a super rendition of Elton John's "Your Song" which most people know the lyrics.

Thursday was our day to do Fish Creek. Weatherman was calling for thunderstorms by noon. We made the choice to go for it as we were paddling a more protected area and could easy take cover on land if need be. Emilio did this paddle before us and told us were there was an excellent lunch spot, and he was right! We did see a family of loons Mama, Papa, and two chicks on Little Square Pond. Today was the first day three paddlers decided to take a rest, so we had a smaller group. only seven so we were a little faster.

The paddle was 9 miles, and we were loaded on the cars before 3pm when it started to drizzle. I did have to use my wipers by the time I reached route 3.

(Continued on the next page)

## Adirondack Adventure 2022 (Cont'd)



By Friday most were leaving, some staying another day. I was heading home but I always try to do a paddle on the way home so six of us did a portion of Forked Lake as an exploratory for next year. A definite maybe! We were packed up by 1pm and stopped to see Buttermilk Falls. A lot of people were also checking the Falls, it was running at a high volume. The ride home was OK, near the Catskills we hit a few showers, one I was down to 45MPH with the wipers full blast, but we still made it home by about 8:30.

Special thanks to all the helpers both on the water, planning, and the BBQ. A warm welcome and thanks to our two newest members Liz and John Bennett from Ontario Canada. For next year we will try to do other paddles, and some the same. I did get some suggestions on how to plan the groups to be more flexible and paddle more together with different people each day. If we get more trip leaders, we can even do more participants, keeping groups 10 or less. Now that we at least have Meet-up we can communicate to the whole club easier. 🌊





### Kayak Word Scramble

Unscramble the letters to solve the puzzle!

1. OOTF SPGE \_\_\_\_\_
2. DBEAL \_\_\_\_\_
3. EACLT \_\_\_\_\_
4. OICPTCK \_\_\_\_\_
5. ASTFH \_\_\_\_\_
6. BYIISLTAT \_\_\_\_\_
7. LRLO \_\_\_\_\_
8. UHLL \_\_\_\_\_
9. BUHELDAK \_\_\_\_\_
10. CRABE \_\_\_\_\_
11. CBKA ALDDPE \_\_\_\_\_
12. SPAWM \_\_\_\_\_
13. TIS NO OPT \_\_\_\_\_
14. IRMT \_\_\_\_\_
15. PTOIV \_\_\_\_\_
16. TNESR \_\_\_\_\_
17. EKDC \_\_\_\_\_
18. TAOPREG \_\_\_\_\_
19. WTE EITX \_\_\_\_\_
20. BOW \_\_\_\_\_

- |             |            |
|-------------|------------|
| Foot pegs   | Sit on top |
| Blade       | Trim       |
| Cleat       | Pivot      |
| Cockpit     | Stern      |
| Shaft       | Deck       |
| Stability   | Portage    |
| Roll        | Wet exit   |
| Hull        | Bow        |
| Bulkhead    |            |
| Brace       |            |
| Back Paddle |            |
| Swamp       |            |

Answer to "Do You Recognize This?"

Step into Oheka Castle and immediately feel like royalty. This magnificent structure was built in the early 1900s in the style of a French chateaux. Now a hotel with 32 rooms filled with fine furnishings and sophisticated decor, Oheka Castle remains one of the most lavish buildings on Long Island. It's no surprise it's also a popular wedding venue and on the National Register of Historic Places. 🌐



Around every bend there's a great surprise... you just have to look for it



## Photo Gallery

### Long Island Paddlers Fall Picnic

By Don Gorycki

The Long Island Paddlers Fall Picnic was once again held at Indian Island Park on September 10, 2022. I don't have an accurate count of participants but believe me, plenty of paddlers showed up.

This annual special event was organized, planned and prepared by our Special Events Coordinator, Michelle Posillico and her assistant Pat Tauber.

There were morning and afternoon paddles:

#### Morning paddles


- |  |                               |
|--|-------------------------------|
| 1. Skills class – self rescues             | Group Leader<br>Deborah Horne |
| 2. Carman River Picnic Cruise              | Emilio Sosa                   |
| 3. Peconic Paddle                          | Mary Schafer                  |
| 4. Skills class – efficient turns and more | Tom Auer                      |
| 5. Skills class – edging and turning       | Mike Matty                    |

#### Afternoon paddles

- |                                 |                  |
|---------------------------------|------------------|
| 1. After lunch photo kayak tour | Alina Wilczynski |
|---------------------------------|------------------|

The picnic began after the morning paddles/skills sessions and was catered by Maple Tree BBQ Smokehouse.

Attendees were asked to bring your own beverage and dessert. Many people tried their skills with the hoola-hoop to the merriment of all.

The following photos is only a sampling and more can be found on the club's various social media platforms. 



# Photo Gallery

## Long Island Paddlers Fall Picnic (Cont'd)



## Manhattan Circumnavigation – 2022

Text and photos by Chris Fleming

Gerry BLACKSTONE  
MANHATTAN **KAYAK**  
CIRCUMNAVIGATION™



YPRC YONKERS  
PADDLING AND ROWING CLUB



### The 19th Annual Gerry Blackstone Manhattan Kayak Circumnavigation

Saturday, July 16, 2022 (Rain date: July 17)



The 19<sup>th</sup> Annual Manhattan Kayak Circumnavigation took place on Saturday, July 16<sup>th</sup>. Several Long Island paddlers took part in the 30-mile paddle, which started and ended at Pier 40 on Manhattan's West Side.

When I first did the circumnavigation in 2018, I figured okay, that's an accomplishment, but there's no reason to ever do it again. Sort of like what friends have told me who have run the NYC Marathon or biked in the 5-Borough Bike Tour. Do it once and move on. But then some fellow paddlers began talking about doing it one more time before we're too old. Easily persuaded, I signed on.

I started to get a bit uneasy as the big day approached. I had done a couple of fairly long paddles in the month leading up to the circumnavigation, so I felt strong enough. But it's hard to prepare for the long periods of time sitting in your boat. At two different sections, you're in your boat for nearly three hours.

But, once I received my registration package, there was no turning back.

Pier 40 is a nice launch spot. There's plenty of parking and the launch dock is low to the water, making entering and exiting off a dock a whole lot easier. Nearly all my kayaking trips start and end at beaches or boat ramps, so dock launching, and landing is always anxiety producing.

The Yonkers Paddling and Rowing Club (YPRC) does a great job running the event. They time the trip just right, so that you're always paddling with the flow, regardless of the waterway. And there's always a safety vessel or a YPRC jet ski nearby.

About 80 people signed up for the event, a few dozen fewer than the last time I participated. We were separated into approximately two equal groups. The first group was to go out about a half hour earlier

(Continued on the next page)

## Manhattan Circumnavigation – 2022 (Cont'd)



than the second group, allowing for a more leisurely paddle. We all signed on to the speedier second group. No lollygagging here. There was a pre-trip information session and we soon launched. There were so many beautiful boats and accomplished paddlers. The most difficult part of the entire trip – at least for me - happens within the first hour after launching. As you approach the Battery, waves start coming at you from all directions, due to the heavy ferry traffic (Staten Island, Ellis Island, Governor's Island and the New Jersey commuter ferries). And since the entirety of New York Harbor is surrounded by bulkheads, the waves just boomerang back and forth.



The skies started to darken as we passed by some of the new neighborhoods on the western shore of Queens. A nearby seaplane was finally able to get aloft after a couple of tries. Planes still operate out of the East 23<sup>rd</sup> Street Skyport – mostly taking passengers out east, to some of Long Island's wealthier towns. The skies began to lighten as we approached Socrates Park, an 8-acre waterfront and sculpture park.

(Continued on the next page.)

## Manhattan Circumnavigation – 2022 (Cont'd)



The first group was already there when we arrived. Unfortunately, they occupied all the shady spots, as the day was now a hot and sunny. We had about an hour and a half to kill while we waited for the current to start heading north up the Harlem River. There was a very limited greenmarket in the park, and an air conditioned Cosco a block away.



With the help of a bunch of great volunteers, we were soon back on the water, crossing over the northern tip of Roosevelt Island, past Hell Gate and soon into the Harlem River. This stretch of the trip is a bridge lovers dream, as we would pass under thirteen different bridges over the course of about 5 miles. There are swing bridges, arch bridges, vertical lift bridges, rail bridges and a pedestrian bridge.



The predicted rain finally showed up, and soon we were in a major downpour. The second planned rest stop, at the Peter Sharp Boathouse, was luckily only a mile or so ahead. Once again, the first group was there ahead of us, and once again, they got the better of us by occupying all the sheltered spots around the edges of the closed boathouse. We pretty much just stood around in the pouring rain for about a half hour until it let up.

(Continued on the next page.)

**The boathouse is in serious need of repair.**

## Manhattan Circumnavigation – 2022 (Cont'd)



Once the rain stopped, we were cold, and anxious to get moving. We were now one big group – no one was leisurely paddling as we mostly wanted to get back to Pier 40. Unfortunately, that was still about 12 miles away.

I had always read about how heavy rains overrun New York City's sewage system, allowing tons of sewage to flow directly into the City's waterways. Now I was seeing it firsthand. I could not believe how much garbage was in the water around me. And it stayed that way until we made it out into the Hudson River.



Even though we had a couple of hours paddling still to go, it was a nice sight to see the majestic George Washington Bridge. Built in 1936, the double decked suspension bridge is the world's busiest motor vehicle bridge. And nestled below it is the Little Red Lighthouse, built 15 years prior to the bridge.

We moved further south along Manhattan's Westside, passing the newly built Hudson Yards development.

(Continued on the next page.)



## Manhattan Circumnavigation – 2022 (Cont'd)



And then about a half mile from the finish, we passed a gorgeous Art Deco structure positioned next to New York's newest tourist attraction, Little Island Park. It was a good trip, but I don't think I'll do it again. That is, unless someone talks me into it. 🌀



## Club Elections Time to Vote!

October is here and it's that time again for Club elections to be held for the Executive Committee.

The Executive Committee consists of the President, Vice-President, Treasurer, Secretary, Past-President, and two Members-at-Large.

It's at the October meeting that anyone can "throw their hat into the ring".

Club elections are held at the November general meeting which decides the next group of club officials for the 2023 calendar year. 🌀



### Newsletter Errata



## ON THE SEA

BY VINCENT PICA, COMMODORE

First District, Southern Region (D1SR)  
United States Coast Guard Auxiliary

OK, so whether it is "global heating" (I refuse to call it 'warming' as that sounds too benign) or just random changes, you have to admit we've had some heavy rainstorms. As we get towards the end of the high season, the weather tends to get even heavier. So, if you start to drill down on the weather data a little, there is more information that you can use to your benefit – and an appreciation of the forecaster's job!

#### Weather on the Web

Clearly, the world is awash in web sites that can tell you the weather. Here is just a partial list:

[www.weather.com](http://www.weather.com)  
*The Weather Channel*

[www.accuweather.com](http://www.accuweather.com)  
*AccuWeather*

[www.weatherbug.com](http://www.weatherbug.com)  
*The Weather Bug*

[www.wunderground.com](http://www.wunderground.com)  
*Weather Underground*

[www.forecast.weather.gov](http://www.forecast.weather.gov)  
*NOAA*

and the information providers all have a weather channel – Google, AOL, Yahoo, etc. Each portrays pretty much the same information that you can get by opening the newspaper over a cup of coffee at the kitchen table. And you may be surprised to know that they all likely get their weather data from the same source – the US's NOAA – the

The following article was taken from "The South Shore Press" and presented here for your interest by your Editor.

National Oceanic & Atmospheric Administration. NOAA ([www.noaa.gov](http://www.noaa.gov)) is part of the Commerce Department, which says a lot about what government thinks effects business the most! If NOAA's website has any fault at all, it is how much information you can get from it! But, as NOAA says, "NOAA's weather programs touch the lives of every American. Every day, decisions are made based on NOAA weather information – from the mundane 'should I pack an umbrella today?' to the most critical and potentially life-saving." So, "more" is putting safety first. And that is where safety must be.

So...



## Newsletter Addendum (Cont'd)

If all the services get their basic data from NOAA, why don't you just go there and get the info? An example of what you can get directly from NOAA would be:

This probably looks amazingly similar to any of the weather reports you see in the paper or on your internet provider. So, maybe we all just should go to NOAA. It is free too!

But the real answer, going back to the intro of this column, is you want to be able to drill down and not every weather service gives you that ability.

### Drill, Baby, Drill!

On any given day, you can get a weather report what tells you that the

chance of rain is 80%. So, if you are planning to do anything outside, you might cancel or move it to another venue. But the 80% covers the whole day, i.e., there is an 80% chance that it will rain sometime today... When?

Here is what you can find at [www.weather.com](http://www.weather.com), as an example:

But there are two 'buttons' of interest. Upper left corner it says "Details" and along the bottom it says "Hour-By-Hour." Hmm... If we try Details, we get:

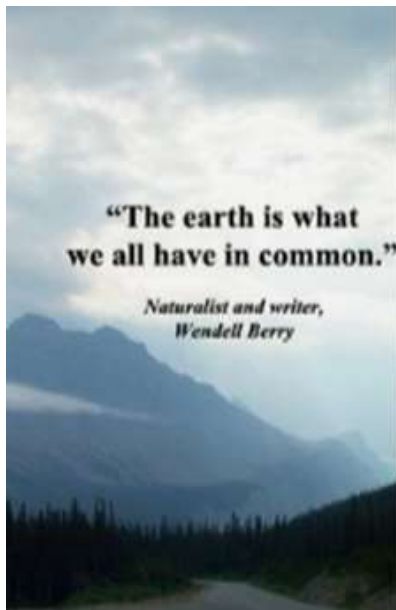
Better but what I really want to know is when the rain is likely to arrive, and this still looks like all day! What happens if I drill down on

hour-by-hour?

Bingo! If you look at the chances of precipitation (just above the graph of temperatures), you'll see that the chances of rain before 2pm of about 1 in 3 or less! Even by 3pm, it is even money that no rain has fallen!

Drill, Baby, Drill – and how about we get some fishing in this morning!!!

BTW, if you are interested in being part of USCG Forces, email me at [joinuscgaux@aol.com](mailto:joinuscgaux@aol.com) or go directly to the US Coast Guard Auxiliary "Flotilla Finder" at <http://www.cgau.org/units.php> and we will help you "get in this thing..."



## How to Make a Kayak More Stable




While hop-scotching the Internet I found this article that I thought would be interesting. Taken from Pinterest/FlatBottom BoatWorld.

A tippy kayak is no fun to use and a continuous feeling of instability can become demoralizing to a novice. That's why a good understanding of kayak stability is essential for gaining the

mastery of your vessel.

When good stability is a natural part of your paddling you can turn your focus and energies to enjoying your kayaking, rather than trying to maintain an upright position.

In this article, we will run through the key aspects of kayak stability so we can equip you with some strategies and solutions for improving the overall stability of your kayak. 

<https://www.flatbottomboatworld.com/how-to-make-a-kayak-more-stable/>

## Six Women, Six Days, Several Islands - An Adventure in the Apostle Islands, Lake Superior

By Kerry Kirk Pflugh, submitted with permission by Deborah Horne

Throughout the years and over the course of my many travels, kayaking has introduced me to a wonderful group of adventurous women. I have been fortunate to maintain these friendships and despite time and distance, we have managed to periodically reunite for kayaking adventures.

We were six women hailing from five states, spanning five decades – Deb from New York; Pat and Gwen from Michigan; Leah from Iowa; Katina from Wisconsin and me from New Jersey. All these ladies are experienced paddlers with a sense of adventure, an ability to be flexible, are genuinely kind, thoughtful and full of fun.

I was the common denominator of the group, having paddled, trained or expedited with each one of them at one time or another. Gwen and Pat and I were friends through the Jersey Shore Sea Kayak Association, the Greenland Kayak community and numerous symposiums we had attended together. Deb has been my recent kayaking adventure pal, paddling in Maine, and Nova Scotia, and Katina, Leah and I met last year on the Great River Rumble on the Mississippi River. On that trip, Pat, Leah, Katina and I formed a paddling pod along with one other woman, Barb and we paddled together and camped each night together.



It was at the Rumble that I first learned about the Apostle Islands. I heard several people talking about them. “What are the Apostle Islands? Where are they?” I asked.

“They’re in northern Wisconsin on Lake Superior,” I was told. “They have sea caves.”

They had me at sea caves.

Although four of the six of us were from the mid-west, none of us had ever paddled the Apostle Islands before. Fortunately, our friend Barb, one of our Rumble pod mates, was from the area and had paddled them many times. And although she was unable to join us for the trip, she became our local  
(Continued on the next page)



## Six Women, Six Days, Several Islands - An Adventure In the Apostle Islands, Lake Superior (Cont'd)

expert and trip advisor pointing out the best islands for caves and camping and giving us many warnings about wind, weather and bears.

The Apostle Islands Archipelago is a group of 22 islands in Lake Superior, off the Bayfield Peninsula in northern Wisconsin. They are known for their dramatic and colorful shore lines, sea stacks, arches, and sea caves. They are also home to more than 240 species of birds, nine lighthouses and beautiful hiking trails. The Islands are dominated by a boreal forest – white birch, white pine, balsam fir, quaking aspen and white spruce. Human activity on the islands dates back to 100 B.C.

With Barb's help, Deb and I settled on a plan that included roughly 12 paddling miles each day. This included sea cave exploration and open water crossings from island to island. We calculated five nights and six days for a total of roughly 70 miles from Meyers Beach to Bayfield. Flexibility was built in should we need to hunker down for a day or two.

Day 1 - Meyers Beach, National Park Service Mainland Sea Caves to Sand Island, 12 miles, 1–2-foot waves, 8-10 mph winds with gusts to 12 mph at the crossing.

The long steep staircase from the parking lot of Meyers Beach required several up and down trips before we launched into a clear blue sunny day with calm seas. After two full days of driving, it was good to be moving around. The caves were a short one-mile paddle from the beach. I could hardly contain my excitement.

I paddled close to the shore so I wouldn't miss a thing. As we drew closer, the red/brown sandstone bluffs and caves came into view. The centuries of crashing waves and icy winters were evident in the deeply carved out arches, stacks, towers and caves.



We spent the next couple of hours weaving in and out of the various formations and challenging ourselves to squeeze through the passages and duck under the low hanging ceilings of the caves. As I wove in and out, I was both exhilarated and terrified, thinking that at any moment there could be a landslide or a ceiling might collapse. However, the wonder of these natural sculptures overpowered any scary

thoughts as I poked into every nook and cranny possible.

After a couple of hours playing Deb, our watch keeper and navigator extraordinaire, reminded us  
(Continued on the next page)

## Six Women, Six Days (Cont'd)

we had miles to go before we sleep. The wind had picked up a bit and the lake was textured. The passage to Sand Island was about 1.5 miles. Once across we had another 4.5 miles to our campsite. The crossing was bumpy. The confused waves and the wind gushes made us work. But as soon as we reached Sand Island, the wind died down, and the water became as still as glass.

I have experienced moments on the water when the sunshine, the jewel-like glistening of the water, and the crisp silvery color of the atmosphere is so finely etched, that you feel the beauty of it in your soul. As I turned around to make sure we were all ok, I saw it. It took my breath away. I didn't want to leave that moment. I can still see it now when I close my eyes.

We arrived at our campsite not long after that, pitched our tents, made dinner, and settled in for the night. The campsite had a picnic table, a bear box and a thunder box with toilet paper. This would be true at each of the four campsites we stayed. The crackling campfire, and a little wine warmed us as we relaxed and watched the sun begin to set. However, our geographic location fooled us. Being so far west, the sun wasn't going to set until after 11 p.m. We were snuggled in our tents asleep long before that.

Day 2 - Sand Island to Oak, 12 miles, winds out of the north/north east at about 8 mph

Howling and barking outside my tent awoke me with a start. I yelled to the girls, "Do you hear that?"

"it's coyotes, they sound closer than they are," they said, and we all went back to sleep at least for a moment. It seemed like a minute passed before the birds starting chirping and it was dawn. But we stayed in our tents until full light. There were lots of grumblings about those "damn birds at 4:30 a.m." and "morning came too quickly." But we managed to stumble out of our tents and greet the day joyously all the same. Our next stop - Oak Island – famous for having the densest population of bears in the Apostle Islands – lucky us!

Our charts indicated more caves at the eastern end of the island beyond the lighthouse. It turned out they were more interesting than depicted and we ended up playing in them longer than planned. But we realized that in order to stay ahead of afternoon winds we needed to move on. Like a reluctant child, I tore myself away from the fun and continued the paddle.

Our first crossing was two miles to York Island. The water was calm and the winds light as we made our way. We took a brief bio break on the island and then paddled around to the southern end where we found a sandy beach and stopped for lunch.

The cool morning had given way to a warm day and we stretched out in the sun to lounge.

(Continued on the next page)

## Six Women, Six Days (Cont'd)

Suddenly, a rogue wave hit us. Mayhem ensued. Kayaks began floating away; gear flew in all directions and we forgot about lunch. We scrambled to rescue our stuff.

Once we had retrieved floating kayaks, gear and what was left of lunch, we looked around to see what the heck caused the wave. The conditions were calm. There was no wind. Nothing was obvious. Then, in the very far distance, we caught site of a motor boat cruising along the mainland coast. It had to be more five miles away. It is hard to imagine that a boat that far away was the cause. But it is the only logical explanation. Needless to say, after that, we took distant motor craft and fetch very seriously.

Our second two-mile crossing took us past Raspberry Island and the beautiful lighthouse on the point. Raspberry Lighthouse came into production in 1863. In the early 2000's, major engineering was needed to shore up the eroding bluff. The lighthouse is now open daily to visitors. Unfortunately, we didn't have time to stop, but we were able to enjoy its grandeur as we paddled by.

Oak Island was now in our sight. We entered the cove and noticed two sail boats moored off shore near our camp site. As we prepared to land, Leah and Pat noticed and heard the sailors from one of the boats calling to us. Turns out their dinghy had floated away after the line had become tangled in their propeller and snapped. Not missing a beat, Leah paddled to the dinghy, hooked up her tow line and paddled the dinghy back to the sailors. Pat paddled with her to offer assistance. The sailors were so grateful that they rewarded Leah and Pat with a bottle of wine. Good thing too, since one of our bottles got left in the car. That evening we enjoyed a lovely dinner, bottle of wine and a gorgeous sunset. No bears joined us for the festivities – fortunately.

### Day Three- Rocky Island – 5 miles

The original plan for day three was to paddle to Devil's Island and explore its famous sea caves, then paddle to Rocky Island where we would stay for two nights. Located on the northern shore of the island, the caves are vulnerable to crashing waves and wind. Access by kayak is only recommended under calm conditions. We had been monitoring the weather for the past couple of days. Unfortunately, the report wasn't favorable.

Lake Superior is the largest of our great lakes. It is 159.7 miles wide and 350 miles long with three states and Canada straddling its border. Ships have sunk and lives have been lost. Waves of 12 feet have frequently been recorded with the largest being 29 feet. Barb had warned us to take heed of any foul weather warnings, so we decided the safest bet was to paddle directly to Rocky Island make camp and reassess.

When we left Oak Island, the sky was gray and moody. Light filtered through dark heavy clouds and the still, granite-colored water was almost indiscernible from the sky. Despite the impending  
(Continued on the next page)

## Six Women, Six Days

(Cont'd)

storm, the crossing to Rocky Island was uneventful and quiet.

Once we made camp, conditions improved. We checked the weather again and it seemed the storm had tracked away from us, so Pat, Deb and I decided to circumnavigate Rocky Island. The conditions on the east side of the island where our campsite was located were calm. When we rounded the northern point and headed west, the water became textured. The wind started to pick up and we ducked into a cove and paddled close to the shore. Eventually, it died down and calm conditions returned. Five miles to the west of us was Devil's Island. It was windy with white caps on the water. The crossing would have been challenging and exploring caves under those conditions would have been difficult. The decision not to go was prudent.

Upon our return, we pulled the kayaks up close to our tents just in case of severe weather. The rest of the day, we wandered the shoreline looking for Lake Superior agates, went swimming and enjoyed a delicious dinner and warm campfire.



Day 4 – Rocky Island day 2- off water day

During the night the wind kicked up a bit. We fell asleep to crashing waves on the western shore. The predicted storm never arrived. Knowing we didn't have to pack up, we all slept in a bit and had a leisurely breakfast. Gwen treated us to bacon. Funny how something so familiar can taste like a royal meal when wilderness camping. After breakfast, we decided to explore the island. North of the campsite the National Park Service had a small house where volunteer rangers stayed while maintaining the campsites. We stopped to visit for a bit then continued our hike through a beautiful forest of mixed hardwoods and spruce with a forest floor covered in ferns, lichen and moss. The three-mile hike took us to the western most bluff of the island with a clear view of Devil's Island. The temperature had easily dropped 10 degrees and the wind was howling. Lots of white caps filled the expanse between Rocky and Devil's Island. On our way back, we stopped again to talk with the volunteer rangers. While we were there, a Park patrol boat pulled up and the captain told us he had been ordered off the water for the next hour due to an incoming storm. The rain started just as we zipped ourselves into our tents. A nap seemed like a nice option. An hour later, the sun came (Continued on the next page)

## Six Women, Six Days

(Cont'd)

Out and we played along the shore line, looking for agates and swimming.

That night, the captain of a sailboat that was moored offshore joined us at our campfire. He was a local who ran a sailing outfit. He told us all about each of the islands and where the best caves were. He recommended paddling on the eastern shore of Stockton, so we could see the sea stacks, arches and more caves. Although that wasn't the plan, it sounded like a possibility depending on the weather.

Day 5 Stockton Islands – When we awoke, the skies were sunny and conditions were calm. We decided to revise our plan and head east around Stockton Island to see the caves. This change increased our paddle from roughly 12 miles to 19, however, we felt the caves were worth it.

The first crossing was a short one – a half mile to Otter Island. We paused and confirmed with each other that the long way around was a go. The next crossing from Otter to Ironwood was nearly three miles. Once across, we stopped for a bio break and snack. By this time, the wind had nearly disappeared and the lake was again like glass. The sun was warm and any threat of a storm seemed a distant possibility. We paddled around Ironwood to its southern-most tip Campsite 1, for another break before the five plus mile crossing to Stockton.

The conditions remained perfect as we headed east—no wind, no waves, sunny, warm and pleasant. When we reached the other side, we stopped and had lunch. We still had a long day ahead of us but there were sea stacks and sea caves to explore just around the corner.

The sailor had steered us right. The caves, stacks and arches were amazing and well worth the additional miles. We played for a bit in them but as we rounded the eastern most tip of Stockton to head west to our campsite, we noticed the sun was less bright, the wind had picked up and the water was becoming choppy. We checked the forecast. There were warnings of thunder storms in the region.

About three quarters of the way to our campsite was a visitor center and marina. Our plan was to stop there and assess the situation. While the skies darkened, the wind and waves had not significantly increased. We pulled into the visitor center for a bio break just as it started to rain. When the rain stopped and the storm seemed to stall, we decided to make a break for it. Half of us were anxious to make camp before the next rain dump, so they paddled out of the cove to cut out a mile or two. Katina and I decided to follow the shore line in case the storm changed track. Just as we got to the middle of the harbor, a huge clap of thunder boomed. Katina and I high tailed it to the shore and paddled until we found a safe place to pull off. Thunder, lightning and torrential rain crashed all around us for the next 40 minutes or so. When it finally stopped, we paddled the short distance to the campsite, rejoined the rest of the group, had some dinner then happily and gratefully fell asleep.

(Continued on the next page)



## Six Women, Six Days (Cont'd)

Day 6 - Stockton to Bayfield (Final destination) 14 miles –

Our last day on Lake Superior was a gift - beautiful sun filled skies, calm water and no wind. Sadly, there were no more caves, but the beautiful landscape of Stockton Island and the two islands we crossed to on our way to Bayfield – Hermit and Basswood were gorgeous with rocky shorelines and thick vibrant green forests. When we reached the Marina in Bayfield, 14 miles later, Deb and I did our obligatory roll, thanking the water gods for safe passage and good times.

The most difficult part of any kayaking expedition is the ending, especially when you have shared the adventure with people you cherish and who you know you won't see again for some time. I don't like endings. I don't like departing from special people. But as my father used to say at the closing campfire of summer camp many years ago, "without the sadness of goodbye, there would never be the joy of hello!" I look forward to our next hello! 🌊

## Orient Point to Riverhead Paddling Challenge

From Jim Dreeben

A cool kayak trip is from Orient Point to Riverhead. It's about 35 miles. It should take between 8 and ten hours on a calm day if you start at low tide in Orient Point. The scenery along the way is beautiful and you might see fish leaping out of the water and turtle heads and lion's mane jellyfish.

To entice paddlers to do this trip I am offering a challenge: **I will buy pizza and beer for anyone who paddles, unsupported, from Orient Point to Riverhead on the Peconic Bay in less than 10 hours.** Also, I will help with the shuttle or drive you to Orient Point.

The trip does not require a lot of planning but here is what's important:

- 1) Wear a PFD and carry a whistle.
- 2) Start your trip at low tide in Orient Point.
- 3) It should be a calm day with not much wind.
- 4) Bring food, lots of water and some Gatorade. I prefer PB&J sandwiches, apple slices and a bag of almonds, cashews and raisins.
- 5) A map or nautical chart and binoculars are helpful so you can paddle from point to point and not into every cove. In other words: don't follow the shoreline.
- 6) If necessary you can call me at 631-834-2525.
- 7) We will go to Twin Fork Brewery for beer and pizza. 🌊

Jim Dreeben

[jim@longislandpaddling.com](mailto:jim@longislandpaddling.com) or 631-834-2525

## Kayak from Orient Point to Riverhead

Submitted by Jim Dreeben (Retired CPO of Peconic Paddler)

The first time we tried it we did not check the tides. It was not bad paddling from Orient Point to Nassau Point but once we got to Cutchogue Harbor, it became treacherous. We fought our way to Mattituck and gave up the ship, I mean kayak. A reporter was by the beach in Mattituck to take pictures for a story, if we completed the trip. She gave me a ride back to my truck to pick up the kayaks.

A month later, after checking tides and currents, we attempted it again. I left my truck at the marina on Narrow River Road in Orient Point. We paddled to Orient Beach State Park. There were thousands of fiddler crabs scurrying around. Deer were in the water. We paddled west past the tip of Shelter Island and made a wide loop around the sea wall and into Greenport Harbor. I climbed a bulkhead ladder, walked to Preston's and purchased a nautical chart (map), to use, with binoculars, to plot our course.


There are many coves along the way. Following the shoreline would have added a few miles and hours to the trip. Point to point is a shorter distance bypassing some coves but it puts you in the middle of Southold Bay and Peconic Bay so you must be weary of boat traffic. Red reflective tape on paddle blades held straight up in the air alerted speeding boaters. We both had whistles, just in case.

Being on the water in a kayak is always exciting. We saw dozens of giant lion's mane jellyfish, turtle heads popping up all over and many fish leaping out of the water. We saw beautiful homes on Shelter Island since we were only about 100 feet north of it. Then we passed Cedar Beach on Great Hog Neck, a part of Southold, and Jessup Neck and Morton Wildlife Refuge in the Noyack part of Southampton.

The 2<sup>nd</sup> longest stretch of water was from Cedar Beach to the tip of Nassau Point. We saw beautiful homes, beaches and gardens on Nassau Point and we took a lunch/swim break at a beach at the tip.

The longest stretch of open water is Little Peconic Bay to Great Peconic Bay to Flanders Bay. The bay becomes narrower once you pass Red Cedar Point in Hampton Bays and Miamogue Point in Jamesport. At that point, at extreme low tide, the 2 points are sand bars with a channel that's not very wide.

From there it's only about an hour's paddle to Riverhead. I used to live in Jamesport so I paddled home and back dozens of times. When I got to Jamesport, I jogged home to get a kayak dolly or a car with racks. One time I paddled the shoreline from Riverhead to Jamesport. I went in and out of every cove and creek in Riverhead, Aquabogue and Jamesport. It took over 3 hours. I used an 18'10" long kayak. The trip from Orient Point to Riverhead took almost 9 hours. We paddled 35 miles. We each ate two PB&J sandwiches, cantaloupe, a Ziplock Bag of nuts and raisins and we each drank ½ gallon of water. We wore Kokatat PFDs and used unfeathered 205 cm 1 piece carbon paddles.

I had thought that was our ultimate kayak trip until 2 years later when we paddled around Manhattan at night. 

## Calling All Paddlers!



There's plenty of room in our next Newsletter for your paddling adventure stories. No need to be bashful, we're all interested in your photos, stories, anecdotes and anything you have to share.

From personal stories (how you got involved in kayaking or what brought you to the Club) to reviews to recipes. How about a paragraph on a committee that you're serving on?

Have you been on a recent paddling trip? Have a favorite trip? Have any latest info on put-ins? Why not share some photos? Don't forget Member-Matchup and Spotlight-On.

Plus - you can gain 2 Volunteer Points for each article published.

It's so easy; just send an email to [dgorycki6@gmail.com](mailto:dgorycki6@gmail.com). A thank-you email is returned as a receipt acknowledgement.

The following list of topics is presented to show you the wide variety of subjects you can add to your newsletter. Questions? Just contact your friendly newsletter editor.

☺ Paddle trip stories

☺ Member match-up

☺ Favorite put-ins

☺ Spotlight on

☺ Put-in news

☺ Honorable mention

☺ Recipes

☺ DIY projects

☺ Kayak jokes

☺ Equipment reviews

☺ Kayak puzzles

☺ Upcoming events

☺ Do you recognize this?

☺ Announcements



## Look Here!

Now that I have your attention...please read on...  
This space is reserved for your article/photos in the next edition of our newsletter.  
Just send me an email ([DGorycki6@gmail.com](mailto:DGorycki6@gmail.com)) with an attachment containing your submission.  
See above for a comprehensive list of suggested topics.

## Hey Editor, can you explain this topic?

"Honorable Mention"

To recognize a member who went above and beyond in performing some charitable or benevolent work.  
(Refer to 2021 Summer edition)



**Kayak Lessons**  
**Guided Tours**  
**Group Outings**  
**Gear Rentals**

Kevin Stiegelmaier  
 www.paumanoktours.com  
 (631) 404-6447

Next Long Island Paddlers Publication Date:

**January 15, 2023**

Deadlines for submission are several days prior to publication date (to be announced). Members are encouraged to submit articles, pictures, letters to the editor, newsworthy notes, recipes, put-in information, trip reports or future trip information etc. to the editor. Editor reserves the right to editorial privileges. Unless otherwise stated, the views expressed are those of the authors and do not represent official position statements of Long Island Paddlers Club, Inc. Please submit all newsletter articles, pictures, letters and advertising by deadline, to the Newsletter Editor at: [DGorycki6@gmail.com](mailto:DGorycki6@gmail.com).

Mailing Address:

**Long Island Paddlers, Inc.**  
**P.O. Box 115**  
**West Sayville, NY 11796**



**DISCLAIMER:**

The views expressed in this newsletter are strictly those of their respective authors. Information offered on any topic should not be assumed to be authoritative or complete.

**Editor's Note:**

The Editor wishes to thank all who contributed to this edition of the newsletter, for it is your articles and photographs that keep our newsletter afloat.

*You're invited to join*  
**Long Island's Largest Volunteer-Run  
 Kayaking Club**



Photo Credits: Top Row (Left to Right): Alina Wilczynski, Alan Mayors, Christine & Michael Pan. Bottom Row (Left): George Golab.

We are a supportive community of  
**Kayaking & Outdoor Adventure Enthusiasts**  
 Experiencing the best of Long Island fresh water & sea kayaking

- Weekly Small-Group Day Trips Guided by Experienced Club Members
- Organized Excursions to the Adirondacks and Neighboring States
- Social Kayak Picnics & Annual Holiday Gathering
- Monthly Presentations with Guest Speakers
- Skill-Building & Safety Clinics, Buddy Program for Beginners
- Online Resource Library, Member Forum, Classifieds & much more...

*Making memories & friendships for a lifetime!*



[www.lipaddlers.org](http://www.lipaddlers.org)

