



Blazing Paddles

Newsletter of the LI Paddlers

Volume 2023, Issue 1

Spring Edition

April 2023

Message from the President



Recently our club has lost one of our members. Lois Gibney, was recognized as a warm lovable person, very instrumental, active and energetic. She was a long-time dedicated member and a great trip leader. The Long Island Paddlers will miss her but will never forget what a wonderful person we once knew. Members keep her in

your hearts, paddle and think of Lois and that big smile. And when you do smile just like she did...RIP Lois.

Our 2023 season is about to begin. The last pool sessions at St Joseph's college was April 2, 2023 . I considered the pool to be a great tool for the club especially for new paddlers to be able to learn the basic essentials of kayaking. I want to thank our safety coordinator Mike Matty for making this possible also all the volunteers and assistants for helping out in the pool sessions. Great job by all.
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Executive Committee 2023

The Executive Council consists of seven members who are voted into office every November and are listed below:

- President: Ed Mangual
- Vice President: Emilio Sosa
- Treasurer: Ann Moreno
- Secretary: Bob Hansen
- Members at Large: JoAnne Paolino
Don Gorycki
- Past President: Fred Hosage

Did You Know?

Attending Executive Council Meetings

Any club member can attend Executive Council meetings and witness the council’s activities but only as silent observers as stated in the Club’s By-Laws (Section III.A.3, Board Operations/Meetings) as follows:

“All Executive Council meetings must be held in a public place and be open to all club members. While club members may attend Board meetings, they are not permitted to participate in Board meetings.”

Members-at-Large

How does anyone bring subject matters to the Executive Council’s attention? That’s where the Members-at-Large come into play. They are the liaison between the General Membership and the Executive Council.

So, if you have a concern, new idea, a suggested improvement, or anything that affects the Club, just track down any of the two current Members-At-Large and they will ensure the matter gets on the Executive Council’s agenda:

- JoAnne Paolino joannepaolino@gmail.com
- Don Gorycki dgorycki6@gmail.com

Committee Coordinators 2023

- Membership: Debbie Gallucci
- Programs: Diana Price
- Trips: Chiara Nuzzo
- Training & Safety: Mike Matty
- Public Relations: Dan and Donna DiGiovanni
- Newsletter: Don Gorycki
- Website: Vacant – currently managed by Website Committee
- Special Events: Michelle Posillico & Pat Tauber
- Librarian: Debbie Gallucci
- Conservation: Liz Marcellus
- Big Buddy Program: Bob Hansen
- Hospitality: Judy Kislik & Lorraine Montana
- Merchandise: Tony Pellet/Gina Gruber
- Photography: Alina Wilczynski

Facebook Page

Did you know you can find Long Island Paddlers on Facebook? Just go to <https://www.facebook.com/groups/LongIslandPaddlers> and click the "Join" button. You will then be asked to provide information to confirm your identity and to agree to the group rules. Your request will then be reviewed by a group Administrator and, if you are an active member of the club, your request will be approved.

The club's Facebook group is a wonderful place to share photos of club trips and club gatherings. Members also like to share interesting (and sometimes entertaining) articles about the sport that we all enjoy. Please note, official club trips should still be posted on the club's website and not through the Facebook group. If you have any questions, please send an email to Christine Pan at duckfoot70@gmail.com or Michael Pan at m.pandemonium@gmail.com

LIP Announcements

Hospitality

Babylon American Legion does not allow outside food but snacks are permitted. Instead of using their coffee pot Hospitality is providing our own coffee.

Trips

Please visit our Meetup service to see and join our latest trips.

Website

Our club website committee has been busy re-hosting our old obsolete website. We are now using the Meetup service that allows dynamic interactions with club members. This includes joining trips, sending notifications, and much more. Don't forget to visit our new website that has containing useful static (read-only) information.

Members of the Website committee:
Emilio Sosa, Fred Hosage, Alina Wilczynski, Mike Matty and Edwin Mangual.

Spring Picnic

Our annual spring picnic is currently scheduled for June 10, 2023 at Centerport Beach.

Paddle Battle 2023

Race to save the sea turtles is scheduled for July 29, 2023 in Riverhead – registration is open. www.paddlebattleli.com

New Committee Coordinators

Lorraine Montana – Hospitality
Judy Kislik – Hospitality
Anna Moreno – Treasurer
Gina Gruber – Merchandise Assistant
Many thanks to Irene Wiener, Chris Scalisi and Lise Poulos for their dedicated service.

Club Programs Committee

This committee is tasked with finding and scheduling guest speakers on a variety of topics of interest to our club.

Diana Price is our current committee coordinator and is asking for topics that you would like to hear. Also, if you know of a person or organization that would like to make a presentation, please contact Diana so arrangements can be made.

Message from the President (Cont'd)

The strength of our club comes from all the members working together and helping out in whatever we want to achieve. Our spring Picnic is the next event, the date will be announced and any member that would Like to help out please by all means. Once again paddle safely, respect Mother Nature. I expect all members to have a great season. Thank you, Edwin Mangual.

Do You Recognize This?



Answer is on page 29

Long Island Paddlers Volunteer Points Program

The Long Island Paddlers Kayak Club supports many different activities above and beyond formal paddling trips. These activities are accomplished by volunteers who give their time and effort to make these activities successful. As a way of rewarding those who volunteer a system of 'Volunteer Points' have been established in the past and has been recently updated by the Club's executive Council under the guidance of Mike Matty. Here are the latest guidelines for this program.

The following describes the volunteer program for the Long Island Paddlers. To promote volunteerism, volunteer points will be awarded in the following

1. Leading a trip - **5 Points** (submittal of trip report required).
2. Leading a clean-up – **5 points**
3. Leading or helping out at a skill session – **5 points**
4. Submitting an article for the newsletter – **2 points**
5. Organizing / helping a club event (i.e. picnic, party etc.). – **5 points**
6. Giving a club presentation – **5 points**
7. Volunteering / participating at an outreach program or community event representing the Long Island Paddlers. *Must be present for a minimum of 3 hours* – **5 points**
8. Active participation in the Big Buddy Program - 5 points for the first face to face mentoring session for each mentee.
9. Serving on a committee - 20 points per year awarded at the beginning of each year

The Volunteer Points program will work as follows:

1. There will be a Volunteer Points Coordinator and a Backup Volunteer Points Coordinator.
2. Volunteer points will be maintained with Google Sheets on a dedicated Google Drive
3. The Volunteer Points Coordinator and a Backup Volunteer Points Coordinator will have Read/Write access to the spreadsheet
4. When a person volunteers and earns points, they shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
5. When a person uses volunteer points, the organizer of the event (party organizer, store coordinator) shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
6. One volunteer point is equal to \$1.
7. Volunteer Points may be redeemed at the Long Island Paddlers Store, any Long Island Paddlers event (i.e., picnic, party).
8. The maximum number of points that can be redeemed by any member is **50 points** annually.
9. Points are carried over from year to year.
10. Points are not transferable.

Chris Scalisi and Mike Matty are the Volunteer Points Coordinators. Our emails are:

Mike.matty@verizon.net
kayakchris@optimum.net

All enquires for points should be made to both of us. 

Submitted by Mike Matty

Our new meeting place

Our new meeting place for the Long Island Paddlers, the American Legion Hall, 22 Grove Place, Babylon, has been serving us well.



New meeting place - front view



Have you contributed to the newsletter lately?



Hospitality Snack Table – assorted snacks



Library - books, DVDs and more!



Merchandise at bargain prices!



LIP Monthly Meeting Guest Speakers

One of the main duties of the Programs Committee Coordinator is to research, contact, coordinate and schedule for each month (except December's Holiday Party) a guest speaker. These guest speakers present a wealth of diverse and interesting topics.

January 2023 Cold Water Paddling



Our first speaker of the new year is our very own Mike Matty, Training and Safety coordinator.

He presented a first-rate tutorial on cold water paddling.

Some of the highlights included videos on the cold-water boot camp and explanations of using dry suits and assorted clothing.

So, if you are called to winter weather paddling, please remember Mike's guidance.

February 2023 Seals of New York



Allison DePerte was our guest speaker from the Atlantic Marine Conservation Society. She presented Seals of New York Atlantic. She introduced to us the seals we see here in New York. She taught us how to identify different species of pinnipeds, their diets, and where and when they can be found on Long Island. The audience learned about the environment seals inhabit, AMSEAS' current seal research projects, and the threats they face. The lecture concluded with an open-ended discussion.

LIP Monthly Meeting Guest Speakers (Cont'd)

March 2023
The Bay Houses

Our March guest speaker Nancy Solomon gave a presentation on The Bay Houses.

Long Island's south shore marshlands are dotted with a historic collection of unique bay houses that generations of baymen have used as base camps for clamming, fishing, and hunting. These "shacks" are living artifacts, enduring reminders of the region's maritime history.

In *On the Bay: Bay Houses and Maritime Culture on Long Island's Marshlands*, originally printed in 1992, folklorist Nancy Solomon documented the traditional lifestyle of bay house dwellers, whose families have harvested these waters for more than three centuries, through historic and contemporary photographs, architectural drawings and first-person narratives.

This 2nd edition of *On the Bay* documents the traditions of those who first built the modest houses and contains historic and contemporary photographs by noted photographer Martha Cooper. Nancy had copies of her book and the DVD "A World Within a World" for sale.



Above photos by Alina Wilczynski



Springtime is here!

Calling All Trip Leaders - Class of 2023!

Chiara Nuzzo, Trips Coordinator



It is spring and it will soon again be time to get out on our beautiful Long Island waters for warm-season paddling. The LIP relies on volunteers to lead trips, and we are fortunate to have many dedicated members who do so.

But more are needed.

Is this the year you become a trip leader?

I hope so!

The first step in the process will be to contact me, trips coordinator, to let me know of your intention to train (ChiaraNuzzo@hotmail.com). I will pair you with an experienced trip leader who will help you get clear on where and when you'd like to lead your first paddle. You will then be invited to a new trip leader's workshop. During the workshop you will learn--step by step--how to plan and conduct a safe, enjoyable paddle. You will also participate in an on-the-water skills session to learn how to safely exit your boat, how to assist the rescue of a paddler who has gone overboard, and how to communicate and manage a group when on the water.

Remember, as a trip leader you earn points for your contribution to the Club (get you some cool merchandise or a free event), can participate in leader-only events (we never stop learning and have fun in the process, too), and earn bragging rights for eternity.

Make this the year you lead your first trip! 🚣‍♀️

New Club Member Recruiting

The Long Island Paddlers Club is always looking for ways to attract new members. Word-of-mouth, Internet access, and business-type cards are just a few.

Another way of advertising is using a flyer. Attached at the end of this newsletter is a flyer that you can print out and distribute.

So, if you would like to help spread the word, just print out the flyer and post it (with appropriate permission) where people can see it.

With your help we can spread the word about the pleasures and excitement of paddling. 🚣‍♀️

New Smith Point Bridge

Text by Don Gorycki – article from South Shore Press (January 25, 2023) Barbara LaMonica

The Smith Point Bridge, at the south end of William Floyd Parkway in Shirley, provides access to the barrier beaches. Just like the Robert Moses Causeway in Babylon, both are major access points to wonderful stretches of beach and the Atlantic Ocean.

One of my favorite put-ins is located just before the bridge at Smith Point Marina. This marina, so far, requires no parking fees and can accommodate 35 cars. Cars parked in spaces reserved for trailers run the risk of getting fined by the park police – I know because it happened to me.

I recently found an article in the South Shore Press which described the plan for building a replacement bridge. I only hope that this project does not interfere with the Smith Point Marina put-ins and take-outs.

The article is presented here for your interest and reading pleasure.



The current bridge

Groundbreaking on the new Smith Point Bridge in Shirley is expected to begin in 2024. A community informational meeting was held at William Floyd High School to apprise residents about the \$111 million Smith Point Bridge Replacement Project.

The current Smith Point Bridge made its official debut on July 4th, 1959, and has been providing direct access from Long Island to Fire Island's Smith Point County Park. Before the 1,216 foot bridge was built, residents



Smith Point Marina put-in

and visitors bound for Smith Point traveled via ferry. But the steel-deck drawbridge, which is constructed of reinforced concrete and roadway laid on a steel beam infrastructure is aging where pilings are eroding. There has been increased difficulty for officials to replace electrical equipment for the center of the drawbridge section.

New Smith Point Bridge (Cont'd)

Suffolk County Legislator Jim Mazarella, in whose District the project is located, noted the necessity for the current bridge to be replaced with a new structure. "The current bridge is 62 years old. It is starting to show signs of its age and requires yearly maintenance. In essence," Mazarella continued, "the bridge is coming to the end of its useful life."

From a fiscal standpoint, the new bridge will cost \$111 million. Mazarella explained that Suffolk County will bond 20% from within the municipality's capital program, and the remaining 80% of the project's cost will be federally funded. Mazarella explained, "This funding has been allocated, and will bring jobs to our area." Mazarella pointed out that "Our beautiful waterfront community will have access to Fire Island for years to come."

Construction on the new replacement bridge is scheduled to begin next year and has a two-year projected timeline for completion. The replacement bridge will be built 125 feet to the west of the existing bridge. The current bridge will remain in use throughout the construction period of the replacement bridge. According to Mazarella, the Smith Point Bridge Replacement Project has undergone the SEQRA process.

The new bridge will be built with wider shoulders and offer amenities that include a pedestrian-oriented multi use path that will be insulated by a barrier from vehicular traffic. Additionally, the new bridge will not be a drawbridge. Instead, it will be constructed with a 55 foot high vertical clearance that will allow nautical traffic to navigate freely without interrupting the flow of vehicular traffic on the bridge.

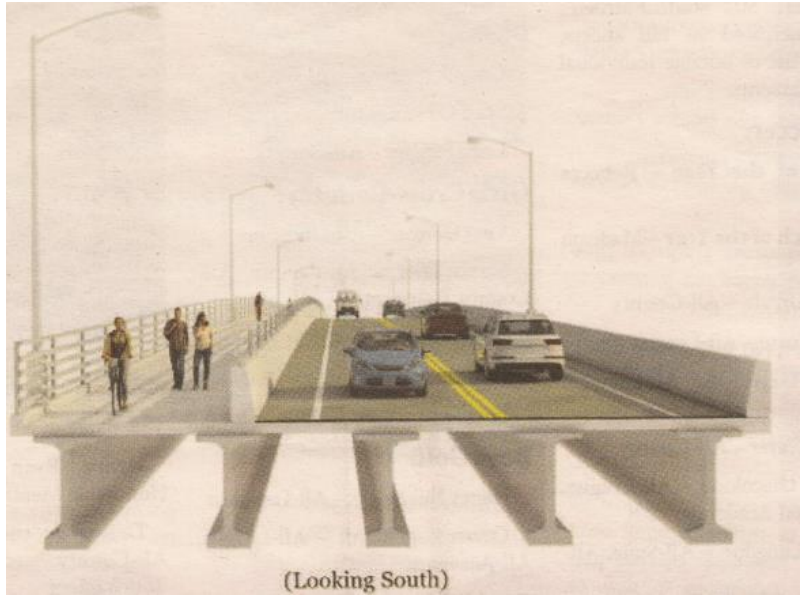
The bridge will also include in its multiuse path, a belvedere, or an observation platform, for pedestrians to enjoy the bay's vistas, well as a place to showcase references to the historical significance of the community. The new design will also provide a fishing pier on the south side of the Narrow Bay which juts approximately 300 feet into the bay.

The new bridge will make landfall on the South in the area of South Point Park, which is presently occupied by a recreation area. A new and improved recreation area will provide easier access than the current one, and will also include a fishing pier and walking paths.

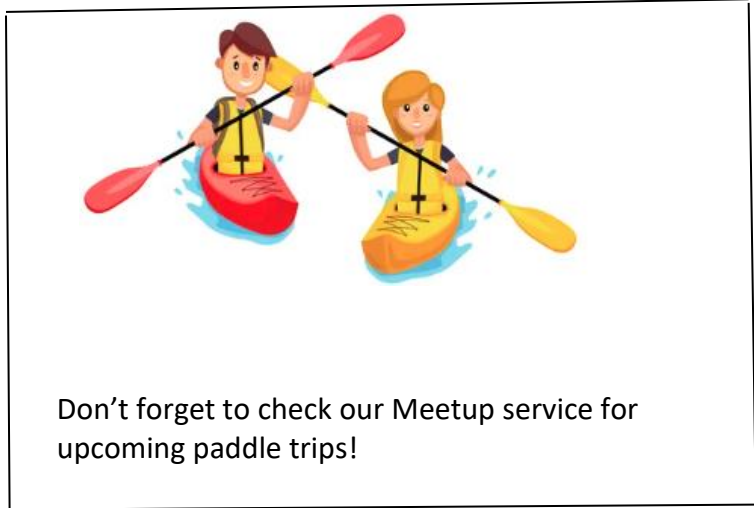
New Smith Point Bridge (Cont'd)

Summing up the project, Mazzarella stated, "This project is so much more than access to Fire Island with its added features of a shared use path and a fishing pier; the bridge now becomes recreational. The law pedestrian/bicycle path becomes a place to exercise, or just take a leisurely stroll." Mazzarella added that the pier will be an added benefit for those who enjoy fishing or for others to "enjoy the scenic landscape."

The Smith Point Bridge was named as a nod to William 'Tangier' Smith, governor of Tangier on the coast of Morocco who, in the 17th Century, settled in New York. Through land grants and acquisitions, Colonel Smith acquired the extensive stretch of land known as the Manor of St. George (50 miles of waterfront along the Atlantic Coast). When the New York Supreme Court of Judicature was established by the Colonial Assembly in 1691, Smith was appointed a Justice of the Court and subsequently Chief Justice, a position he held from 1692 until 1701.



(Looking South)



Don't forget to check our Meetup service for upcoming paddle trips!

Long Island Paddlers Pool Sessions

One of the many benefits of joining our club is attending pool sessions where you can learn and develop many kayaking skills.

The next two articles highlight this year's pool sessions.

LI Paddlers Pool Session 2023 (Part 1)

By Judy Kislik

On March 12, 2023, I attended my very first pool session offered by our club. It was a very exciting event for me. I was already amazed at all the many things I have learned about kayaking in the one year that I've been a member. I have learned how to choose the right kayak for me, how to put it on my car, how to clean it and what safety gear I need to have with me on the water. Now, I was ready to learn self-rescue techniques.

The first time I heard about pool sessions was at one of our monthly meetings at The American Legion Hall, in Babylon. It was early fall and I remember raising my hand and asking for clarification as to what "pool sessions at a college" meant. Edwin, our president, graciously explained to me, a newcomer, that "the club rents space in a college pool and we bring our kayaks and put them in the pool." I was amazed. I said to myself "I can't imagine doing that." The logistics of it seemed daunting to me.



Well, here I am, in one of the included photographs, doing exactly that. Do I look overwhelmed? No. I was able to handle the logistics and my kayak in the pool learning environment because of my wonderful mentor friends in our club. Before going, I contacted a few club members and asked about the pool sessions. They reassured me that it was a very safe event. One friend even told me to bring goggles, earplugs and nose clips. That suggestion was most helpful to me. Mike Matty, our organizer and head instructor also reassured me that

(Continued on the next page)

LI Paddlers Pool Session 2023 (Cont'd)



that he and other club members would be there to help me unload my kayak from my car and at the end, load it back on. I am so grateful to all the men in our club who repeatedly offer their muscular strength to achieve these goals. Without them, many of us would not be able to participate in club events and trips.

The pool was similar to an infinity pool. I was able to just slide my kayak right into the water. When I was ready to start, Mike introduced me to my instructor, Debbie. Debbie stayed with me for two hours and reassured me that she would be next to me in her kayak each time I practiced self-rescue.

Debbie taught me how to put on my new spray skirt. She taught me how to flip over while my spray skirt was attached to my kayak and me. We did that about three times. We also practiced flipping over, without wearing the spray skirt, again three times. I was able to ask any questions I had, from Debbie. Debbie is a master instructor and was a terrific teacher. She reassured me that my life preserver will orient me and I will know which way is "up" because *my life preserver will bring me back up*. She also taught me how to move my kayak sideways. That is a great skill to have since there are docks where sideways movement is the only way back to the dock. The most difficult part of the lesson was, learning how to climb back into my kayak. Debbie, in her kayak, pulled parallel to me.

Then, I had to put my left leg parallel to my kayak. Then I had to pull myself into my kayak while reaching across my kayak and grabbing onto her kayak. I describe this as having to be an "acrobat". After doing this about 4 times, I felt that physically it was too taxing so I took a break.

(Continued on the next page)

LI Paddlers Pool Session 2023 (Cont'd)

After resting for about fifteen minutes, another gracious teacher, Tom offered to practice with me. Tom stayed right next to me in his kayak and I flipped over a few more times. Tom explained to me that I need to bang on my kayak when I am under the water. When I asked why, he said "it is because that is how people will know right away that you went overboard and that you need help". He also said that "it will give me something to do, instead of just panicking." L.O.L. Well, I was not able to bang on my boat. Each time, I just wanted to come up from under the boat as soon as I could.

While in the pool, I had the opportunity to watch fellow paddlers practice what they needed to learn. Some of our members were happily practicing not falling out of their kayaks when they rolled over. They just kept rolling until they were in their upright position again. I was amazed and learned that eventually, if I learn how to keep rolling until I am back up, I will not have to climb back into my kayak like an acrobat because I will not fall out of my kayak. Now I know what my goal will be for the future, however long it will take me, to learn this rollover technique.

Again, I am so grateful to all the wonderful club members who supported and encouraged me to attend the pool session and supported and encouraged me to participate in the fun club trips this past year. And a special thank you to Mike for organizing the pool sessions and for my wonderful, knowledgeable, patient teachers Debbie and Tom. Your dedication to club members' safety and fun on the water is second to none. 🏊‍♂️

Buy - Sell

Did you know that you can advertise items that you either wish to sell or wish to buy?

Our newsletter is sent to all registered club members and is a great way to get the word out.

Best of all...no charge!



Kayak Bliss

Long Island Paddlers Pool Session (Part 2) March 12th

By Chris Fleming

There's no better way to improve your kayaking skills than attending one of the Long Island Paddlers Pool Sessions.

LIP members who attended the March 12th pool sessions had a great time and brushed up on their skills. Mike Matty, LIP's Training and Safety Coordinator, organized the instruction and members were able to work on improving paddling skills of their choosing. Some of LIP's most seasoned paddlers were on hand to assist and lend their expertise.



Two sessions were scheduled: the first from 12:00 pm at 1:30 pm and the second one immediately following, from 1:30 pm to 3:00 pm. This allowed for plenty of time to shake off the winter cobwebs and see what the last four dormant months have done to your kayaking fitness and flexibility.

The day started with a demonstration from Mike and Debbie Horne showing several techniques for getting a capsized paddler back in their boat. First, they showed how to empty the water out of a flooded kayak. Next, they showed how you position the boats for re-entry (stern to bow). And then they showed three popular methods for getting the swimming paddler back in their boat. Very Impressive.

The warm and calm waters of the pool enable the paddlers to concentrate on learning new techniques



without having to also focus on comfort and threatening situations. Pool sessions are a classroom platform for learning in very controlled conditions.

This reduced anxiety can make all the

difference when learning or improving any paddling skill from bracing to rolling to paddle position. Mastering a skill through mental and muscular repetition makes it much easier to perform in a more chaotic situation.





Pool sessions are also valuable for enabling you to test out a new boat or associated gear, gauge your level of proficiency at procedures you may not yet fully master, or simply further hone those skills you do have.



Controlled capsizing exercises can help a reluctant paddler experience how easy it is to escape from an overturned boat. It also can show how using a spray skirt can keep more water out of your boat. Attending a pool session can expose you to a wealth of knowledge and experience. In addition to the possibility of hearing tricks and techniques from kayak experts, you can also to develop new friendships.



Some new paddlers have never experienced the feeling of capsizing and therefore have a tremendous fear of it

happening to them. But, the only way to get over that fear is to capsize repeatedly, until you realize how easy it is to do a wet exit. It is probably the most critical exercise one can learn as a new kayaker. And it's certainly a requirement before any kind of rescue-related skill session can be initiated.



Mention "pool session" and the first image that pops into most kayakers' minds is a class in how to roll. For whitewater enthusiasts, that's probably the correct assumption, but for the recreational or sea kayaker, a pool is also the perfect venue for honing many basic skills.



Self-rescue is a vital part of kayak safety and recover practices. The pool session provides a safe, reassuring environment to work on re-entry techniques, either self-

rescues or team efforts. The use a spotter/buddy system for any of these tasks makes them much more



rewarding.

One of the greatest things about kayaking is that eventually everybody goes for a swim. We all begin at the same starting point and where we get to depend mostly upon our efforts. When you see an incredible paddler, you know that they have spent a lot of time practicing. Pool sessions present an opportunity for you to practice!

Pool sessions are also a fantastic way to meet other kayakers with your same goals as well as kayakers with different skill sets. These connections can lead to friendships, paddling buddies and support your overall paddling goals.





Some things to Consider before arriving at a Pool Session

Get to the pool early so you can help others with their boats and make the most of everyone's time.

Make sure your boat is spotless – on the inside. No sand, pebbles or autumn leaves under the seat.

Plan ahead – think of the skills you want to practice. Wet exits, self-rescues, rolls, strokes, etc.

Warm up a bit before you get in your boat. Loosen up and stretch out – you don't want to pull a muscle right off the bat.

Make sure you have all the proper equipment. Paddle float, spray skirt, goggles, PFD, paddle, etc.

Ask for help – the LIP volunteers are there to help.

Have fun! 🌊



♥ I stayed up all night to see where the sun went.
Then it dawned on me ...

♥ I am reading a book about anti-gravity. I can't put it down.

♥ What does the ocean say when it sees the shore?
Nothing, it just waves.

Kayak Sailing Anthology

By Don Gorycki



This next topic comprises two parts: part 1 is a Do-It-Yourself kayak sail making project and part 2 is an article first presented in the Fall 2020 edition of our newsletter.

Upon further reading you will notice the similarities of these home-made kayak sails. Don't get me wrong. I love to propel my kayaks with my paddle (after all, our newsletter *is* called "Blazing Paddles"!) but there's a thrill of using the wind to move my kayak while I just enjoy the ride.

Use the following link below to see how this kayak sail is actually built.



Part 1 – DIY Kayak Sail

<https://mikesyakingadventures.wordpress.com/2011/05/01/homemade-kayak-sail/>

Part 2 – A Kayak Sailing Adventure

A paddle, of course, is the main propulsion instrument of the kayak. Paddles come in all shapes, sizes and weights. Plastic, fiberglass, carbon fiber, the choices seem endless. I myself have a collection of four different paddles.

But is the paddle the only means of nautical locomotion?

Once, as I was paddling Moriches Bay, I noticed a small sailboat being lazily pushed along by a gentle breeze. The man at the tiller was just relaxing and enjoying the ride.

Now don't get me wrong, I love to paddle, but that scene was etched in my mind.

I always had an interest in sailing and once on vacation in the Caribbean, tried my hand at sailing a Sunfish. I was on a beach with my family watching as others sailed their sunfish up and down the length of the beach. I thought to myself, heck, that doesn't look so hard, I can do that!

Part 2 – A Kayak Sailing Adventure (Cont'd)

So, after paying the rental fee and receiving a ten-minute instruction, off I went. Well, after jibing and capsizing three times, I finally got the basic hang of it. Zooming up and down the beach was exhilarating.

When I returned home, I thought, why not try sailing a kayak?

So, as an experiment, I fashioned a 'V' shaped sail out of PVC piping and a plastic drop cloth, See first photo.



To my surprise it actually pushed my big Carolina-16 along quite well, forming a small wake.

Later on, I obtained a commercial kayak sail (WindPaddle Adventure model), see second photo.

After some minor deck rigging adjustments, off I went to try it out on my Tracer 165.

Engineered for basically downwind sailing, a fair amount of wind will easily propel your boat while you sit back and enjoy the ride. So far, I've taken a few trips with the sail and am gaining more experience in its use. A word of caution, though, taking down the sail while underway requires the use of both hands for a few seconds. Time enough for a spill if conditions are right, so one has to be very careful.

So, if you see a red or a red & white kayak with a red sail being pushed along by an afternoon breeze, give a wave because it just could be me! 🌊





Buddy bars



You will certainly have some new buddies if you share this fabulous recipe! Buddy Bars are made with two of the best buddies around: peanut butter and chocolate. It doesn't hurt that chocolate chips are melted and smoothed over top for an icing layer.

Yes, chocolate and peanut butter combine to make great treats called Buddy Bars. They are so quick and easy to make up and very similar to my Peanut Butter Swirl Bars recipe — just a little

different. They have a rich, dense peanutty texture, yet each bite explodes with softened chocolate chips. The recipe calls for creamy peanut butter, but if you prefer a crunchier taste (like me) feel free to use crunchy peanut butter instead.

Ingredients

- 1 cup creamy or chunky peanut butter
- 6 tablespoons butter or margarine, softened
- 1 1/4 cups granulated sugar
- 3 large eggs
- 1 teaspoon vanilla extract
- 1 cup all-purpose flour
- 1/4 teaspoon salt
- 1 3/4 cups (11.5 ounce package) milk chocolate chips, divided

Make it

Step 1

Preheat oven to 350° F.

Step 2

Beat peanut butter and butter in large mixer bowl until smooth. Beat in sugar, eggs and vanilla extract. Beat in flour and salt. Stir in 3/4 cup morsels. Spread into ungreased 13 x 9-inch baking pan.

Step 3

Bake for 25 to 30 minutes or until edges are lightly browned. Sprinkle with remaining 1 cup morsels. Let stand for 5 minutes or until morsels are shiny; spread evenly. Cool completely in pan on wire rack. Cut into bars.



Calling All Paddlers!

There's plenty of room in our next Newsletter for your paddling adventure stories. A new paddling season is starting so why not make a resolution to support our newsletter by your article contribution?


From personal stories (how you got involved in kayaking or what brought you to the Club) to reviews to recipes. How about a paragraph on a committee that you're serving on?

Have you been on a recent paddling trip? Have a favorite trip? Have any latest info on put-ins? Why not share some photos? Don't forget Member-Matchup and Spotlight-On.

Plus - you can gain 2 Volunteer Points for each article published.


It's so easy; just send an email to dgorycki6@gmail.com. A thank-you email is returned as a receipt acknowledgement.

The following list of topics is presented to show you the wide variety of subjects you can add to your newsletter. Questions? Just contact your friendly newsletter editor.

- ☺ Paddle trip stories
- ☺ Favorite put-ins
- ☺ Put-in news/alerts
- ☺ Recipes
- ☺ Kayak jokes
- ☺ Kayak puzzles
- ☺ Do you recognize this?
- ☺ Member match-up
- ☺ Spotlight on
- ☺ Honorable mention
- ☺ DIY projects
- ☺ Equipment reviews
- ☺ Upcoming events
- ☺ Announcements
- ☺ Classifieds 

Hey Newsletter Editor!

"I have never contributed articles before to our newsletter...is it hard to do? "

Newsletter response: It's soooo easy! Just pick a topic that you are familiar/comfortable with and email it to the editor (see above). The newsletter editor will even work with you so that you can take that first rewarding step! 

Do You Know Your Knots?

This new topic will run for the next few newsletter editions. Each newsletter edition will highlight a useful knot that we can become familiar with and perhaps will find useful as we paddle away our many trips.

This first installment of “Do You Know Your Knots” will feature the “bowline”.



The most useful knot aboard a seacraft is the bowline. It forms a fixed noose at the end of a line that cannot run or slip and is commonly used, for example, to secure sheets to the clew of a headsail. Two bowlines can also be used to connect two lines. The great advantage of a bowline is that no matter how tight it becomes after being loaded for a while, it can always be easily untied.

The well-known ditty for tying a bowline runs as follows: “The rabbit comes out of the hole, goes around back of the tree, and then jumps back into the hole.”

The “rabbit” is the working end of the line; the “hole” and “tree” are formed in the standing end. To finish the knot properly, give a hard pull on the tree and the rabbit’s ears at the same time, so the shape of the knot is not deformed. To untie a bowline, turn the knot over and break its back by bending it downward.

Form a closed loop in the line, with the working end passing over the standing end. Pass the working end through the loop, around behind the standing end, then back into the loop. Give a hard pull to close the knot up tight. To untie a bowline, turn the knot over and break its back by bending it downward. 🌀



Don't forget!
Every time you get
into your kayak...
ALWAYS →



Violet Cove Restoration

Intro & photos By Don Gorycki

Main article by Barbara LaMonica of the South Shore Press

One of my favorite put-ins is at William Floyd Marina, yes, you guessed it, near the southern end of William Floyd Parkway. The parking area consists of spaces for hauled boat trailers and cars. There are 35 spaces for cars and they quickly get filled up early, especially in the summer.

Launching from this put-in, one has a choice of routes. Paddling west into Bellport Bay gives you Shirley Beach, Sandy Point, Carmans River, Bellport Village Dock, the new breach at Old Inlet, among others. Paddling east into Narrow Bay/Moriches Bay gives you Pretzel Beach, Great Gun Marina and the "Creeks of Narrow Bay", which is a lead-in to this article.

Whenever I paddle the Creeks of Narrow Bay, either solo or leading a group of LI Paddlers, I need a place to rest; a place to get out of my kayak and stretch; a place to relax, have a snack/lunch and re-energize. Such a place is 'Violet Cove'. This is a small but adequate clearing in Mastic Beach. Photo 1 shows the clearing as I approached it. Photo 2 shows a LI Paddlers group that I led resting after a few hours of paddling.

I came across an article (South Shore Press, original article by Barbara LaMonica) presenting the restoration plans for this clearing and I show it here for your interest and reading pleasure.



Photo 1: View Approaching Violet Cove



Photo 2: A rest stop for LI Paddlers

(Continued on the next page)

Violet Cove Restoration (Cont'd)

After nearly a decade of having fallen into disrepair in the wake of Superstorm Sandy, Violet Cove is on the road to recovery, and a makeover that residents of Mastic Beach say they will be proud of. Most recently, Violet Cove Restaurant, which occupied 2 Violet Road in Mastic Beach, was leveled by Suffolk County, paving the way for improvements moving forward. The County acquired the property due to non-payment of taxes.

The County-appointed Project Advisory Committee, (PAC), which consists of a cross representation of community organizations and whose charge is to define goals and oversee aspects of the project, conducted its first in a series of committee meetings last week. PAC members will be working in conjunction with the Department of State,

Beach, and is surrounded by the Narrows Bay that gives way to a vista of the Smith Point County Park.

Summing up the project as stakeholders prepare to advance development and design initiatives on Violet Cove, Mazzarella told South Shore Press: "A key factor of Violet Cove is its potential connectivity to many destinations along our shoreline such as Smith Point Marina, Bayview Park, and Osprey Point." Speaking to the prime waterfront real estate within Suffolk County's Third Council District, Mazzarella pointed out, "Our pristine coastline from Carmen's River to the Forge River is what makes our peninsula such a great place to live. Violet Cove sits central to that and will become yet another destination

Suffolk County officials and the County's Department of Economic Development and Planning, the Brooklyn-based nArchitects firm, and Nelson and Pope project engineers and consultants. A \$1 million New York State grant was issued for Violet Cove's development and redesign.

In an interview last week, Suffolk County Third District Legislator Jim Mazzarella discussed various aspects of the plans for the six mile stretch of waterfront property. "We had a very successful first meeting where many of the PAC members from different organizations throughout the community were able to share ideas about the site with the design professionals and with each other, and we look forward to a continued, open dialogue as we begin to shape what will become an amenity for the entire community to enjoy," Mazzarella explained.

that allows for our residents to access the beautiful waterfront." Mazzarella noted that a series of public informational meetings will be scheduled as part of the planning process.

Reached for comment, Brookhaven Town Sixth District Councilman and Deputy Supervisor Dan Panico echoed Mazzarella's suggestions for potential projects, but underscored that the PAC's inaugural meeting was introductory and cordial in nature, with an informative presentation by the County. "They laid out possibilities and some of the challenges given the proximity to the water," Panico said, noting that there

Mazzarella estimates the planning stage will take approximately one year with no development expected to commence until after the planning and permitting process is complete. Ultimately, the Legislator said "flexibility" is key to shaping the future of Violet Cove, floating possibilities that could include educational space, snack stand, food truck, kayaking launch and any number of multi use low-impact projects.

Suffolk County Executive Steve Bellone, in a recent press conference marking the demolition of Violet Cove Restaurant, referenced Violet Cove as "An extraordinary natural resource," stating, "There is a rebirth on the site where people are able to come back to this site and really enjoy the natural beauty of this location."

Violet Cove is situated on the peninsula on the south end of Mastic

will likely be no building at grade due to the property's low elevation which is almost at sea level. Commenting on the future of Violet Cove, Panico stated, "I think it's good to see so much interest and investment by Suffolk County in what is one of the most beautiful, unspoiled coastline of Mastic Beach."

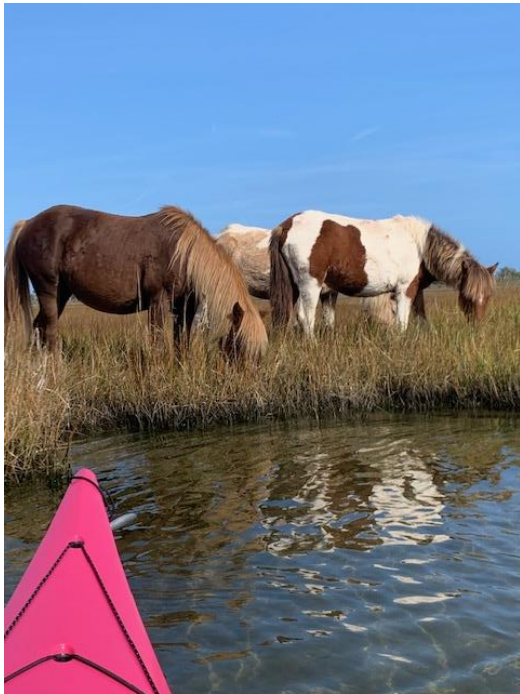


Answer to “Do You Recognize This?”

Since 1934, the Quogue Wildlife Refuge has been a nature preserve that is home to diverse wildlife including some that are permanently injured and require human care to survive. 365 days a year, you can enjoy walking seven miles of trails to explore diverse habitats including forests and ponds, as well as the ecologically rare Dwarf Pines in the Pine Barrens. A bobcat, owls, falcons, eagles, and other native New York animals that have permanent injuries are housed in the outdoor Distressed Wildlife Complex and can be visited any day of the year. Inside of the Nature Center, huge picture windows offer spectacular views of Old Ice Pond, as well as great spot to bird watch or enjoy some quiet time. Comfy chairs, wildlife exhibits, live animals, a nature library, and gift shop can also be found inside of the Nature Center. The refuge trails and Distressed Wildlife Complex are open every day from sunrise to sunset. Nature Center Building is open: Tuesdays and Thursdays, Saturdays and Sundays from 11 am to 4 pm. There is no charge to visit the Refuge. Donations are always appreciated. 🌊

Paddle with the Ponies

By Dawn Fornillo



I wanted to write this article since I returned from the November trip of “Paddle with the Ponies” but was too busy with other things so I am glad there is an opportunity to write about the trip now before we start our Spring paddling! I wanted to go on this trip for several years but never could get the days off from work and then coordinating with the driving to make it back in time for work. I had planned on retiring in November so when I saw the trip posted I jumped at the chance to go. I just had been T-boned with my old car so I had to quickly buy a new car to make the trip. It was my last paddle of the year and it was fantastic. The drive down in my new car was also getting used to the car so it was a good learning experience. When I reached the hotel I saw all the kayaks and followed a club member into the lot so I knew I was in the right place. We all met for dinner at the Green Turtle and then for a trip meeting in the lobby area of the hotel at 8:00 pm.

Norman led a wonderful trip, knowing the area like the back of his hand and finding the ponies in such

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Paddle with the Ponies (Cont'd)



abundant numbers and being so close to these fantastic creatures. I was in awe of them, their beauty, their indifference to us gawking at them, and the unusualness of horses being so close to salt water and even drinking it! The weather was spectacular that first day I was about to dive in a few times because it was so warm and the water so clear. The ponies were all over that day. The second day was the River Paddle which was beautiful in another way. The weather still beautiful but not as warm as the first. The river had motorized boat traffic and other paddlers so it was interesting and beautiful scenery. At night we had delicious meals and celebrated Bob's birthday. I am an avid seafood lover so oysters and shellfish I was ordering as much as possible. The last day, Sunday I opted to go with a few others to Virginia to Chincoteague Park to see the other part of the pony's habitat. We rented bikes and rode and saw them from a distance but also a beautiful visit and park but I still enjoyed Assateague Island more than the Virginia counterpart.

I visited my cousin in Lewes, Delaware on my trip home and had my last dozen of delicious oysters before I departed. The shopping and food in Delaware have no tax so next time I will shop in their Tanger outlets!

What a wonderful opportunity to paddle a unique gorgeous place and I can't wait for the next trip this year! Great paddling group, great direction from Norman and Pat, great food all around and just a wonderful trip! I am so glad that I am a member of Long Island Paddlers to be able to travel and paddle in places that are new to us without fear of not knowing our surroundings and being able to experience and utilize our National Parks! 🌊


Why become a trip leader?

By Chris Scalisi

First let me go back to before we had trip leaders, a brief history. I will use only first names to protect the innocent. When I started in the long Island Paddlers, Steve was president and Bruce and John was covering Safety and Training(S&T). I (Chris) volunteered as Big Buddy coordinator. A short time later I became an ACA certified instructor for beginner whitewater and a few years later for coastal water. After many years of doing S&T John & Bruce asked if I would take over the position when I retired, since I was more qualified as an ACA instructor, seems like such a long time ago. At this time the only requirement to lead a trip was to willingness to do so. It was really no different than a short paddle notice of today.

As a trained instructor I learned there was more to running a trip than just doing it. I put it to the committee and suggested a program to make the trips safer and more in line with ACA guidelines, I believe the committee agreed and unanimously gave me the go ahead. Along with the help of other instructors we came up with a basic plan for running trips and making minimum requirements of the trip leaders. All the trip leaders had to attend a one evening class which covered how to post and report trips and how to deal with potential problems. They also had to show they could do an assisted rescue. Now Mike is S&T and Chiara is trip coordinator and have added more help to the trip leaders like get togethers to discuss how trips went and how all deal with problems.

Now the starting question," why become a trip leader". I can only speak for myself, but I run trips I enjoy most. I get to pick where and when! I do whitewater trips on weekend so most of my trips are weekdays. I paddle near home which is Huntington so I know the waters. Over the years I have attended many trips by other trips leaders, this is how I became acquainted with south shore and east end trips. Steve ran a trip every summer in the Adirondacks for many years and I thought it was the best trip of the year so when he stopped, I continued doing it with Ken and others willing to help. We all learn from each other and passing knowledge is part of what is done in the club. If there was no trip leaders I would never had done Bannerman's, Orient, Captree, New York Circ, and other great places. Some trips may be of Island like Virginia (Alan), Assateague (Steve), now by Ken. As a trip leader you get to choose when and where. Does it always work out well? If you lead enough trips you will have some problems but dealing with those make the best tales to exchange, and make you a better paddler to learn to deal with a situation.

Best reason of all is the many thanks you receive at the end of the day, or maybe it is the cookies you received at lunch. For me it is also using what I learned as an ACA instructor, which by the way is what the Ray Smith Fund is to be used for, to help pay for classes. Think about that, most of our ACA instructors are aged about 70 so we need some new young instructors to take the reins. Without trip leaders there would be no purpose in joining a club, so step up and learn to be a leader! It is worth it! 

KAYAKING & NATURE

PHOTOGRAPHY SECTION



Snowy Owl

Helen Vloyianitis



Towing the granddaughters around with the fat bike in the snow

Alan Mayors



Royal Terns, Jacksonville Beach, Florida

Pat Burnside

PHOTOGRAPHY SUBMISSIONS WELCOME

Send nature, wildlife and kayak-related photo submissions to alina@moonkissedmedia.com for inclusion in future newsletters and the Long Island Paddlers website gallery page (DSLR, Point & Shoot and SmartPhone images and scans of negatives and slides of good quality welcome)

The LIP Photography Committee also welcomes camera, gear and photo-taking related questions and tips. They may be included in future newsletters for the benefit of all the photo-enthusiasts and photo-curious in our membership.



2023 LIP PHOTO KAYAK TRIPS WILL BE POSTED SOON

A Kayak that is a Game Changer!

By Charles Bauer

When I first got into kayaking, I looked at all of the different types of kayaks that were out there. Before I took the leap to purchase one of my own, I rented kayaks from a variety of kayak companies mostly here on Long Island and in Florida. I loved the sit-inside kayaks over the sit-on-top kayaks mostly because of their performance and intimacy with the water. Sit-inside kayaks tend to be lighter, faster and more maneuverable than sit-on-top kayaks, which are generally heavier, wider and more stable but definitely are not fast and maneuverable. So, for my first kayak I decided to invest in a Wilderness Systems Pungo 120 (weighs only 49 lbs and is 12 feet 2 inches long). There are many reasons why this kayak is one of the most popular kayaks on the market, it tracks very straight, is very stable and surprisingly maneuverable. It isn't super-fast but was definitely fast enough for me at the time. One of its best features is comfort, it has one of the most comfortable seats I've ever sat in in a kayak.

I was and am still loving this kayak but as I gained more experience and skill, I wanted even more performance from my kayak that the Pungo 120 just couldn't provide. The Pungo 120 is more of a recreational kayak too. I was looking for a touring kayak and I had had my eye on the Eddyline kayaks for quite a while but they were hard to get during the pandemic. I did some research and decided on the Eddyline Sitka XT in Red. It is a lightweight (only 49 pounds and 15 feet 3 inches), maneuverable, high-performing day touring kayak. The Sitka is a high-performance kayak with a skeg that tracks straight even in windy conditions and it is very nimble as well. The Sitka is a fully outfitted seaworthy kayak that has perimeter lines, bulkheads, watertight hatches and a 6-inch forward day hatch. It also has retractable handles, deck bungees, and a very comfortable ergonomic seat with a backrest. I absolutely love this kayak. So, you can imagine how upset I was when I returned home from a kayaking trip in Florida to find my Eddyline kayak had been torn from its rack in a very bad windstorm which resulted in a cracked hull and a punctured deck. I called several places, including Eddyline to see if I could get it repaired but when they saw the pictures no one wanted to touch it. They all said the same thing, trash it and buy another kayak.

(Continued on the next page)



A Kayak that is a Game Changer! (cont'd)

So here I was once again trying to decide whether to buy another Eddyline Sitka XT or take a different path. Since I travel a lot and usually rent, I decided to look into the various types of portable kayaks. Without naming names, I looked at inflatables and foldables and came to the same conclusion after looking at dozens upon dozens of reviews. Although they may be portable, light weight and easy to travel with, the performance never seemed to be up to par with traditional hard-shell kayaks. Then I came across a portable, nesting hard shell kayak called the Pakayak Bluefin 142. Pakayak seemed to have everything I was looking for. It is portable, it fits in a bag with wheels for easy transport in an airport, it fits in the trunk of a car (no racks required) and it is a hard-shell kayak with carrying handles, deck bungees, watertight hatches, bulkheads and a memory foam seat. Although the Pakayak in its carrying bag is 59 pounds at 14 feet 2 inches, it was only 10 pounds more than my other two kayaks. The only thing I wasn't sure about was performance. However, after watching several YouTube videos from some reliable people I happen to follow who also took the plunge, I decided to make the investment.



Continued
on the next
page



A Kayak that is a Game Changer! (cont'd)

Luckily, they were having a sale on the Bluefin 142 in a Chili Red color (yes, I like red!). I actually drove up to Connecticut to pick it up at their warehouse. There I met the owner/inventor, Doug Mackro and his wife and found that we had some mutual acquaintances in the kayak community. They have a very interesting story.

Once I got my Pakayak Bluefin 142 home, I was very anxious to take it for its maiden voyage even though the waters are still quite cold here on Long Island. So, the first nice day, temps in the 50's, I packed up my dry suit, life jacket, paddle and threw my Pakayak into the back of my SUV and drove to Stony Brook's West Meadow Creek. I couldn't believe that it took me less than 5 minutes to unpack my new Pakayak and put it together. Once I had my dry suit and life jacket on, which probably took me longer to put on than it did to put the Pakayak together, I was in the water paddling along West Meadow Creek all the way to the Old Field Club. The Pakayak cut through the water beautifully, it tracked straight and was fast, a lot faster than I thought it would be, maybe even faster than my Eddyline Sitka XT. It was also very stable. I paddled for two hours and was very comfortable. Once I was finished, I took apart my Pakayak, cleaned it off and repacked it in its travel bag and wheeled it to my car. I threw it in the back of my SUV (no more roof racks and straps) and drove home, after having a very satisfying maiden voyage in my new Pakayak Bluefin 142. Once home, I wheeled my Pakayak to my storage shed for safekeeping and started to plan my next trip. The Pakayak truly is a game changer!

If you are looking for a portable kayak that performs as well as a hard-shell kayak and you are tired of lifting your kayak onto your car or SUV roof racks, strapping it down and worrying about theft or vandalism, especially if you like traveling with your kayak, then the Pakayak might be just what you need. Check out the reviews on their website: <http://www.pakayak.com> or on YouTube. If you would like a demo, you can contact me or any owner on their interactive map on their website. 🌐

Remembering our Fellow Paddler and Trip Leader, Lois (ChiChi) Gibney

By Chiara Nuzzo, Trips Coordinator



On March 6, the Club lost one of their most active and dedicated trip leaders, Lois (ChiChi) Gibney. Lois died after a day of alpine skiing in Vermont. Skiing was her first love, but kayaking was one of the ways she and her husband, Jim, filled their summers.

Lois and Jim became members of the Long Island Paddlers many summers ago, and they began leading trips together soon after. Lois was thoughtful and thorough—painstaking!— in planning their trips, carefully scouting put-in locations and reviewing nautical charts and tide tables to route their paddles. On the water, Lois would lead the pack while Jim took on the duty of sweep. Over the summer months, they would lead numerous paddles along the north shore, including Stony Brook Harbor/West Meadow Creek, Setauket Harbor, Mattituck Creek, and Mt. Sinai Harbor. The Mt. Sinai Harbor trip would include a breakfast stop at Ralph’s Cafe/fishing station, and this trip became a favorite for many of us. Other of the many locations offered by the Gibneys included Shelter Island and points along Peconic Bay.

This summer the Club will remember ChiChi with a paddle on Noyack Bay to Jessup Neck. This was her all-time favorite paddling location. I hope many of you can join in. Keep your eyes open for the trip posting this summer. 🕒



← *“The two best reasons to buy a kayak rather than just renting are sunsets and sunrises.”*
– Thomas P. Jones

Remembering My Beloved Lois Gibney **By Jim Gibney**



You all know Lois as an avid kayaker, but Lois also loved paddle boarding, snow shoeing, snorkeling and yoga. She loved physical activity of all kinds, but most of all I think skiing was her first love.

Lois died on the afternoon of Monday, March 6, after an energetic weekend of cross-country and Alpine skiing in the mountains of Vermont. She was one tough nut. And she died doing what she deeply, wholly, and completely loved. Most of you know Lois after she retired and know she was a force of nature. I had a tough time keeping up with her.

Lois graduated from high school in 1976. We were high school sweethearts. Lois graduated from Stony Brook in 1980 with a Bachelor of Science in Physical Therapy. Her first professional job was working for Sullivan Community Hospital in Upstate, NY, until we married in November of 1981, when she returned to Long Island.

Lois worked for Saint John's hospital (today Saint Catherine's) as an employee, and then a contract employee, when she started her own physical therapy practice.

Lois and our son, Adam, moved up to Vermont in 1998, and Lois took a job as director of rehab for Southwestern Vermont Medical Center. She started her own practice a year later, and mostly worked for the Washington County public health department in upstate NY. It was cow country, full of long, isolated drives on rough roads to see her clients. And she never failed them.

Lois worked full time in Vermont until retiring in 2007. She is still licensed to practice in NY and Vermont.

I leave this for the end.

Lois was the smartest, most loving, and caring person I know. All her patients loved her. She was the love of my life and my guiding star. I will miss her and will never forget her for as long as I live.





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Next Long Island Paddlers Publication Date:

July 15, 2023

Summer Edition

Deadline for article submission is several days prior to publication date (to be announced) leaving time for final editing, review and distribution. Members are encouraged to submit articles, pictures, letters to the editor, newsworthy notes, recipes, put-in information, trip reports or future trip information etc. to the editor. Editor reserves the right to editorial privileges. Unless otherwise stated, the views expressed are those of the authors and do not represent official position statements of Long Island Paddlers Club, Inc. Please submit all newsletter articles, pictures, letters and advertising by deadline, to the Newsletter Editor at: DGorycki6@gmail.com. 📧

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DISCLAIMER:

The views expressed in this newsletter are strictly those of their respective authors. Information offered on any topic should not be assumed to be authoritative or complete.

Editor's Note:

The Editor wishes to thank all who contributed to this edition of the newsletter, for it is your articles and photographs that keep our newsletter afloat. 📧

You're invited to join
**Long Island's Largest Volunteer-Run
 Kayaking Club**



Photo Credits: Top Row (left to right): Alina Wilczynski, Alan Mayors, Christine & Michael Pan. Bottom Row (left to right): George Golab, Chi Chi Gibney.

We are a supportive community of
Kayaking & Outdoor Adventure Enthusiasts
 Experiencing the best of Long Island fresh water & sea kayaking

- Weekly Small-Group Day Trips Guided by Experienced Club Members
- Organized Excursions to the Adirondacks and Neighboring States
- Social Kayak Picnics & Annual Holiday Gathering
- Monthly Presentations with Guest Speakers
- Skill-Building & Safety Clinics, Buddy Program for Beginners
- Online Resource Library, Member Forum, Classifieds & much more...

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