



Blazing Paddles

Newsletter of the LI Paddlers

Volume 2025, Issue 1

Winter Edition

January 2025



Happy New Year!

Another year of paddling, friendship and fellowship

Message from the President

To all members:
Season's greetings to all members their families, and friends.

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Executive Committee 2025

The Executive Council consists of seven members who are voted into office every November and are listed below:

- President: Ed Mangual
- Vice President: Emilio Sosa
- Treasurer: Lorraine Montana
- Secretary: Bob Hansen
- Members at Large: JoAnne Paolino
Fran Ward Dworkin
- Past President: Fred Hosage

Welcome and congratulations to Fran Ward Dworkin who is one of our two Members-at-large.

She replaces Don Gorycki who, after several years of service, has reached his term limit.

Committee Coordinators 2025

- Membership: Tom Auer
- Programs: Diana Price
- Trips: Chris Fleming
- Training & Safety: Mike Matty
- Public Relations: Dan and Donna DiGiovanni
- Newsletter: Don Gorycki
- Website: Website Committee
- Special Events: Pat Tauber
- Librarian: Fred Hosage
- Conservation: Liz Marcellus
- Big Buddy Prog.: Bob Hansen
- Hospitality: Ralph Fraumeni and Judy Kislik
- Merchandise: Gina Gruber
- Photography: Alina Wilczynski

Club Programs Committee

This committee is tasked with finding and scheduling guest speakers on a variety of topics of interest to our club.

Diana Price is our current committee coordinator and is asking for topics that you would like to hear. Also, if you know of a person or organization that would like to make a presentation, please contact Diana so arrangements can be made.



Paddle in winter? Why not!

Facebook Page

Did you know you can find Long Island Paddlers on Facebook? Just go to <https://www.facebook.com/groups/LongIslandPaddlers> and click the "Join" button. You will then be asked to provide information to confirm your identity and to agree to the group rules. Your request will then be reviewed by a group Administrator and, if you are an active member of the club, your request will be approved.

The club's Facebook group is a wonderful place to share photos of club trips and club gatherings. Members also like to share interesting (and sometimes entertaining) articles about the sport that we all enjoy.

Please note that club trips are now managed via the Meetup service and can be accessed using the following link:

<https://www.meetup.com/meetup-group-lvwrzpdd/>

If you have any questions, please send an email to Christine Pan at duckfoot70@gmail.com or Michael Pan at m.pandemonium@gmail.com 

Message from the President (cont'd)

The cold days are definitely here for a while, however in our minds we are thinking when is the warm weather getting here. Non the less paddling in our club is all year round providing that you have the gear for the climate or travel to a warmer place. Another season for the Long Island Paddlers in the books.

I want to take the time to thank all the members for coming down to the club meetings and club functions. Your enthusiasm is always been an important part of this club. Getting together and having a great time. I would like to also thank the Executive Board and the committees for another year of dedication to the club. Let us keep in remembrance Bruce Mulligan for his love for kayaking and devotion to the club.

May 2025 be another great season for the Long Island Paddlers. And remember - be safe.

Thank you
Edwin Mangual

LIP Announcements**Hospitality**

Continues to have available a variety of goodies for our members and guests to enjoy...Kudos!

Trips

Please visit our Meetup service to see and join our latest trips.

Website

Our new club website is currently being managed by Alina Wilczynski. Our new website contains useful static (read-only) information whereas our Meetup service contains additional dynamic information.

Members of the Website committee:
Emilio Sosa, Fred Hosage, Alina Wilczynski, Mike Matty and Edwin Mangual.

Pool Sessions

Two pool sessions are currently scheduled for 2025:
April 5 and April 12 (Saturdays) from 1:30 to 3:30 with two 2-hour sessions. Pool sessions to be held at the Suffolk Community College, Brentwood Campus.

Thanks to our Training and Safety Coordinator Mike Matty for organizing this essential service.

'Post' Holiday Party

Our 'post' Holiday Party will be held at the Tap Room on February 2, 2025. Celebrations start at 2 P.M. and ends at 5 P.M.

44-46 East Main Street
Bay Shore, NY 11706

COST:

Members \$40, Non-members \$49

See more info on Meetup.

Thank-you Pat Tauber, our special Events Coordinator, for arranging this delightful event.

**To Meetup or not to Meetup?**

It was recently brought to the attention of the Executive Council that a replacement to the Meetup social media platform is being considered. Thanks to our Membership Coordinator, Tom Auer, we're researching 'Club Express'. This is a cloud-based management tool for any association or club to customize their website. Stay tuned! 🔄

Long Island Paddlers Volunteer Points Program

The Long Island Paddlers Kayak Club supports many different activities above and beyond formal paddling trips. These activities are accomplished by volunteers who give their time and effort to make these activities successful. As a way of rewarding those who volunteer a system of 'Volunteer Points' have been established in the past and has been recently updated by the Club's executive Council under the guidance of Mike Matty. Here are the latest guidelines for this program.

The following describes the volunteer program for the Long Island Paddlers. To promote volunteerism, volunteer points will be awarded in the following

1. Leading a trip - **5 Points** (submittal of trip report required).
2. Leading a clean-up – **5 points**
3. Leading or helping out at a skill session – **5 points**
4. Submitting an article for the newsletter – **2 points**
- 5.** Organizing / helping a club event (i.e. picnic, party etc.). – **5 points**
6. Giving a club presentation – **5 points**
7. Volunteering / participating at an outreach program or community event representing the Long Island Paddlers. *Must be present for a minimum of 3 hours* – **5 points**
8. Active participation in the Big Buddy Program - 5 points for the first face to face mentoring session for each mentee.
9. Serving on a committee - 20 points per year awarded at the beginning of each year

The Volunteer Points program will work as follows:

1. There will be a Volunteer Points Coordinator and a Backup Volunteer Points Coordinator.
2. Volunteer points will be maintained with Google Sheets on a dedicated Google Drive
3. The Volunteer Points Coordinator and a Backup Volunteer Points Coordinator will have Read/Write access to the spreadsheet
4. When a person volunteers and earns points, they shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
5. When a person uses volunteer points, the organizer of the event (party organizer, store coordinator) shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
6. One volunteer point is equal to \$1.
7. Volunteer Points may be redeemed at the Long Island Paddlers Store, any Long Island Paddlers event (i.e. picnic, party).

(Continued on the next page)

Long Island Paddlers Volunteer Points Program (Cont'd)

8. The maximum number of points that can be redeemed by any member is **50 points** Annually.
9. Points are carried over from year to year.
10. Points are not transferable.

Chris Scalisi and Mike Matty are the Volunteer Points Coordinators. Our emails are:

Mike.matty@verizon.net & kayakchris@optimum.net

All enquires for points should be made to both of us. Submitted by Mike Matty 🗨️

LIP Monthly Meeting Guest Speakers

One of the main duties of the Programs Committee Coordinator is to research, contact, coordinate and schedule for each month (except December, no general meeting) a guest speaker. These guest speakers present a wealth of diverse and interesting topics.

November 2024

Our very own club vice-president, Emillio Sosa presented a film on the Blue Point oyster revitalization program.



There was no general meeting in December.



Santa making deliveries



Santa after deliveries



Long Island Paddlers Raffle Winners

November 2024 - Troy Seigel

Congratulations! 🎉

Did You Know?

Attending Executive Council Meetings

Any club member can attend Executive Council meetings and witness the council's activities but only as silent observers as stated in the Club's By-Laws (Section III.A.3, Board Operations/Meetings) as follows:

“All Executive Council meetings must be held in a public place and be open to all club members. While club members may attend Board meetings, they are not permitted to participate in Board meetings.”

Members-at-Large

How does anyone bring subject matters to the Executive Council's attention? That's where the Members-at-Large come into play. They are the liaison between the General Membership and the Executive Council.

So, if you have a concern, new idea, a suggested improvement, or anything that affects the Club, just track down any of the two current Members-At-Large and they will ensure the matter gets on the Executive Council's agenda:

JoAnne Paolino
joannepaolino@gmail.com
 Fran Ward Dworkin
frandworkin@gmail.com 🎉



Easy Turtle Bars Recipe

Borrowed from reffors.com

Pecan Turtle Bars are a sumptuous treat that marries the crunch of pecans with the gooey sweetness of caramel and the rich allure of chocolate. These bars are not only a delight to the taste buds but also a fixture in dessert menus and home baking repertoires alike. This treat's appeal spans generations and tastes, making it a perennial favorite during holidays and special occasions.



Ingredients

Crust:

- 1 ½ cups all-purpose flour
- 1 cup brown sugar
- ½ cup butter, softened

Turtle Layer:

- ⅔ cup butter
- ½ cup brown sugar
- 1 cup pecan halves

Chocolate Topping:

- 1 cup milk chocolate chips

Instructions:

1. **Preheat the Oven:** Set your oven to 350 degrees F (175 degrees C).
2. **Make the Crust:** In a large mixing bowl, combine the flour, brown sugar, and softened butter. Beat at medium speed until the mixture resembles fine crumbs, about 2 to 3 minutes. Press this mixture evenly into the bottom of an ungreased 13×9-inch baking pan to form the crust.
3. **Prepare the Turtle Layer:** In a small saucepan over medium heat, melt ⅔ cup butter with ½ cup brown sugar. Stir constantly until the mixture bubbles throughout, then continue for another 30 to 60 seconds. Remove from the heat.
4. **Assemble the Layers:** Evenly distribute the pecan halves over the crust. Pour the hot brown sugar mixture over the pecans.
5. **Bake:** Transfer the pan to the oven and bake until the surface is fully bubbly, approximately 18 to 20 minutes.
6. **Add the Chocolate Topping:** Once baked, remove the bars from the oven and immediately sprinkle milk chocolate chips over the top. Allow the chips to melt for 2 to 3 minutes, then gently swirl the chocolate with a knife or spatula.
7. **Cool:** Let the bars cool completely in the pan for about 30 minutes. Once cooled, slice into 48 pieces with a sharp knife. 🍴

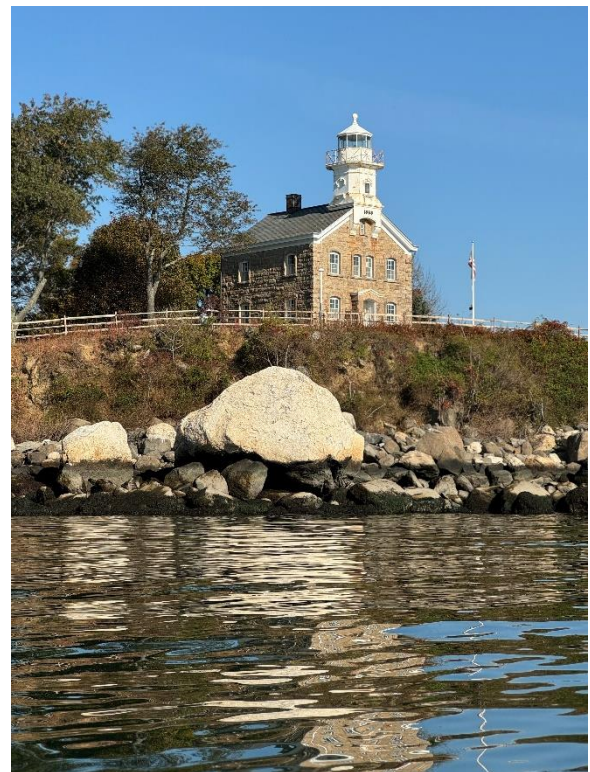
Prybil Beach, Glen Cove crossing the Long Island Sound to Greenwich, Conn.
Submitted by Michael Ach

The wind must be low to kayak across the Long Island Sound or it is just too much work and not fun. So, I asked almost 20 members who might be interested in joining me and only Bob Sinko wasn't busy that day in late October.

Well, I was surprised that the wind and boats were zero, a glassy surface. We had the sound to ourselves. Tide and current are not an issue since we cut across. We arrive first to Great Captains Island and its 1886 lighthouse in a record one and a half hours. Proof to me that wind and waves add a half hour extra in a normal trip. The rocky islands (seven in total) we were passing made it feel we were in New England which we were. We landed on Shell Island to explore at an ancient looking tower that was actually built in 1925. Our final stop was Sand Island which has public facilities and a great place for lunch. The total trip was 17 miles done at a lazy pace which made it feel much less effort. 🌊



Fishermen



Great Captains Island Lighthouse

Prybil Beach, Glen Cove crossing the Long Island Sound to Greenwich, Conn. (Cont'd)



Great Captains Island rocky shore



Michael



Bob Sinko off Calf Island

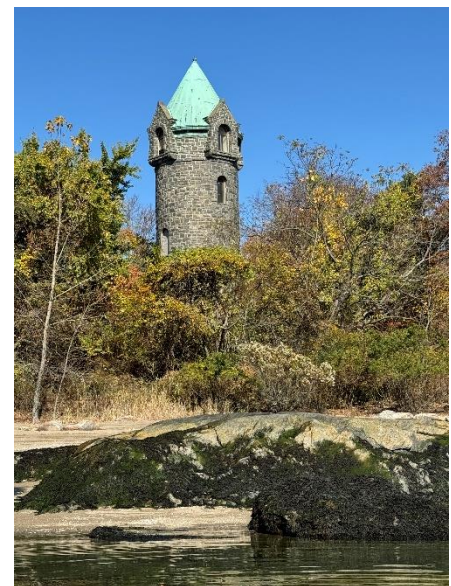


Brant geese



Calf Island

→
Shell
Island
tower



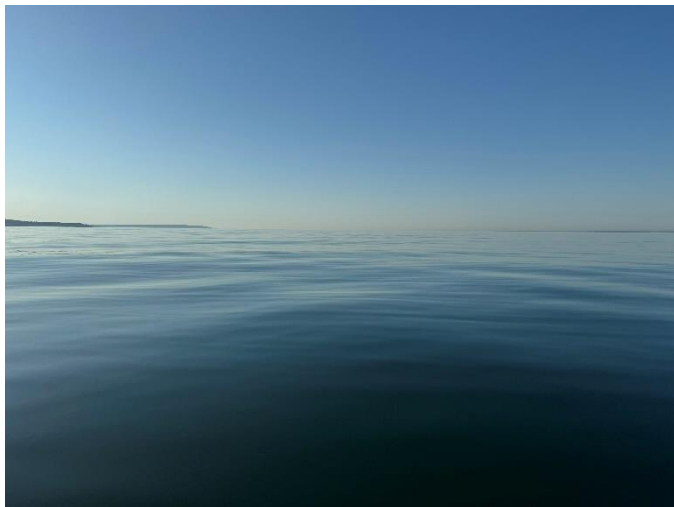
Prybil Beach, Glen Cove crossing the Long Island Sound to Greenwich, Conn. (Cont'd)



Bob



Old abandoned dock off Shell Island



Zero wind and boats in the middle of Long Island Sound

Every time you get into your kayak and paddle off...

ALWAYS →



I have to wear these shades because the bright sun hurts my coals.

New Club Member Recruiting

The Long Island Paddlers Club is always looking for ways to attract new members. Word-of-mouth, Internet access, and business-type cards are just a few.

Another way of advertising is using a flyer. Attached at the end of this newsletter is a flyer that you can print out and distribute.

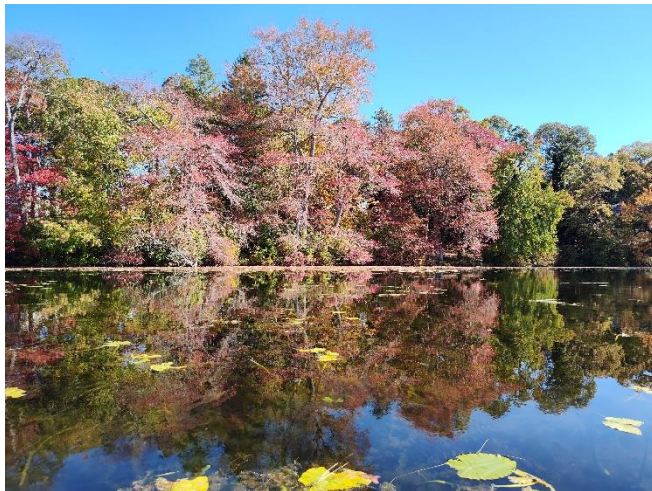
So, if you would like to help spread the word, just print out the flyer and post it (with appropriate permission) where people can see it.

With your help we can spread the word about the pleasures and excitement of paddling. [🔗](#)

Photo Gallery

Upper Yaphank Lake Paddle - Oct 20, 2024

Submitted by Drew Haritonides





From the pen of Jim Dreeben

Do You Want to Get Fit?

Visit the 12-mile radius from Riverhead Route 24 Traffic Circle.

Walking over the Ponquogue Bridge is a start. Walking is a low-impact exercise. It is easy to do but it builds you up. After a few walks you will be walking faster, which builds you up even more and you won't need breaks. To enhance our walks, some of us walk backwards uphill 100 steps and we do planks at the water's edge and jumping jacks, pushups and squats along the way.

Israel, Sweden and Japan are the fittest places in the world. If we keep walking over the bridge and doing pushups, Hampton Bays could become #4. Persistence pays off: the more you walk, the fitter you get. I have done the bridge walk over 300 times since Labor Day, 2023. Every walk is a round-trip, so I have walked over the 60' high bridge over 600 times. I never get tired of the scenery; it's beautiful: Shinnecock Bay, Atlantic Ocean, the beaches and islands, and the birds.

Ten-mile bike/walk trail inside the Grumman/Riverhead property on Route 25 in Calverton. It's free and it's open to everyone. The least crowded times are weekday mornings, but it hardly ever gets very crowded. I usually go on a Tuesday or Wednesday at 8 AM. More good biking off-season, weekdays: South of Montauk Hwy. in Southampton and south of Main St. in Quogue.

CrossFit Kryptonite in Center Moriches. Call Marianna: 631-909-7377. A CrossFit workout will make you sweat, a lot. It will make you very strong and it will help build up your stamina for other sports. I do CrossFit to train for racing kayaks, prone boards and SUPs. It makes me faster.

Swim in the ocean at Ponquogue Beach in Hampton Bays. It's one of the best beaches in the world. My workout: swim hard into the waves and body-surf back. There are many exercises you can do on the sand at the beach: bear crawl, bird dog, jumping jacks, planks, pushups, squats, walk to the inlet. I go to Ponquogue Beach every day in the summer, weather permitting.

(Continued on the next page)

From the pen of Jim Dreeben (Cont'd)

Hampton Bays might be the **fitness capital** of Long Island based on the number of people walking or running over the bridge every day, the number of bike riders on Dune Road and the number of swimmers swimming in the ocean at Ponquogue and Tiana Beaches, East and West Landing Beaches and the beach at the east end of Shinnecock Avenue. There are many great paddling spots in Hampton Bays. They are used by canoers, kayakers and stand-up paddlers.

Maximus Health and Fitness, Main Street, Riverhead, is a complete gym with dozens of weight machines, free weights, exercise bikes for spinning and experienced fitness trainers to help you.

Indian Island County Park off Route 105 has miles of wide trails to walk on. There is a beautiful beach on the Peconic Bay for fishing, swimming, canoeing, kayaking and stand-up paddling.

Cupsogue Beach County Park is at the west end of Dune Road. A beautiful ocean beach is on the left and Moriches Bay is on the right. It's perfect for swimming and kayaking. In winter we walk a half mile to the Moriches Inlet to look at seals lying on sand bars. We use binoculars.

In the **Pine Barrens**, there are many miles of trails with beautiful views between Manorville and Hampton Bays. They are perfect for bike riding, jogging, mountain biking and walking. E-mail jim@longislandpaddling.com for a list of "**60 walks on Long Island and in Westchester County**". Do you want more to do? Call Southampton Trails Preservation Society at 631-537-5202 or contact Riverhead Town Parks and Recreation or Southampton Town Parks and Recreation.

Walk up to the Shrine of our Lady of the Island on Eastport Manor Road in Manorville, N.Y.

Planet Fitness in Hampton Bays is a well-stocked gym. It caters to first-time gym users and to fitness veterans. Their equipment will strengthen your muscles. A bagel shop is next door.

Canoeing the 7-mile Peconic River from Manorville to Riverhead is very popular. It takes about 4 hours. The scenery is beautiful. Kayaking and SUPing on the Peconic Bay are also popular.

(Continued on the next page)

From the pen of Jim Dreeben (Cont'd)

Do you want to get super healthy and fit? Google “Wim Hof Method”, take a cold shower, put on a bathing suit and sneakers and jog around the block or over the bridge, on (next) New Year’s Day.

Perfect bridge walk: Under 45 min. including 100 steps backwards uphill, 20 squats, 50 pushups.

Now that your muscles are bulging, here are some leisure activities: Have you heard about the new **Navy Seal Museum** in West Sayville? Navy Seal Chris can show you around. It’s more than a museum. You will learn a lot about military history in the United States over many years.

In Riverhead you can visit the Long Island Aquarium, (Art Deco) Suffolk Theater, Suffolk County Historical Society Museum and Vail-Leavitt Music Hall. There are many good restaurants and a ½ dozen breweries. The Big Duck on Rt. 24 is roadside art. (The Sphinx in Bayport is roadside art.)

The Challenge: I will buy you pizza and beer in Riverhead if you paddle from Orient Point to Riverhead on the Peconic Bay, unsupported, in under 10 hours. As far as we know only 3 people have done this trip. It took me 8 ½ hours. Please check tides and wind before you start paddling. Paddle around Manhattan at night - same deal.

Jim Dreeben, Waterman, Paddler and Retired CPO of Peconic Paddler, a watersports shop for 53 years. Paddling Instructor (still). Call or text 631-834-2525 or jim@longislandpaddling.com

P.S. PPPSW=plank, pull, pushups, squats, walk backwards.

Plank: Do 15 seconds; improve 5 seconds a week. Pull: Cup both hands, hook them together; try to pull them apart. Pushups: Do as many as you can; try to improve weekly. Your goal should be 50 or 100 in groups of 15 or more. Squats or 10-pound goblet squats: Thighs should be parallel to floor. Hold for a few seconds. Try to do 10, or more. Walking backwards, uphill will strengthen your ankles, hamstrings, glutes and quads. Do bear crawl and bird dog for fitness and balance. 🐾



My First Kayak

Submitted by Don Gorycki

First published in the Summer 2021 Edition

I've always been interested in water sports ever since I was very young. I remember spending the day at Jones Beach body surfing in the waves as it tumbled me over and over until I finally bobbed to the surface to do it again and again. Later on as a boy my father had an 18 foot skiff (partnered with my brother-in-law) and I came along on many boat trips. I learned a lot from that young age; basic boat handling, marlinspike seamanship, safety, and a respect for the water.

My kayak project started in the winter when I could no longer resist the urge to get back on the water. I wanted a quick and relatively easy way to construct a seaworthy craft. Easy, because, I admit, I am not a carpenter or very knowledgeable or handy when it comes to tools.

I realized that building any type of boat, even a small boat (skiffs, dinghies etc.) was out of the question and doomed to failure from the start. Then it hit me, why not a kayak? Isn't a kayak nothing more than a wooden frame that is covered with some kind of waterproof wrapping? Yes, that's it - my quest will be to build a home-made kayak.

So, I went to my local library to search for any books on building your own kayak. Lo and behold I hit pay-dirt! I found just what I was looking for, a book entitled "Building a Jawbone Kayak".

The title is deceiving because no bones are used in the construction of this kayak. "Jawbone" refers to a method of construction; "use what's available and within your cost limitations" and also using mostly any material found around the house (i.e., basement, workshop, shed) using a minimum of store-bought materials.

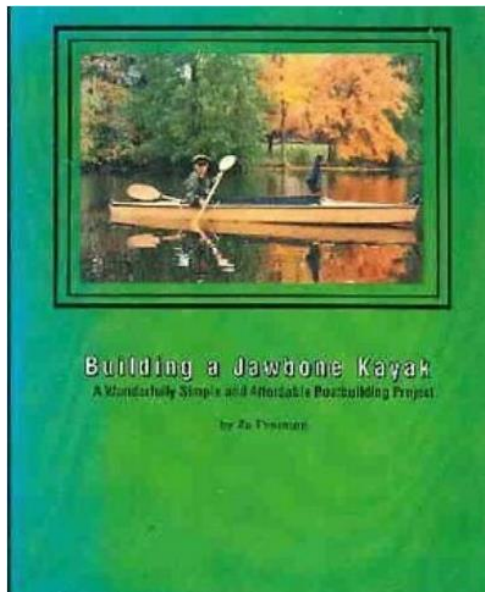
There are different size options one can choose for making your Jawbone kayak: 12, 14, 15, and 16 foot versions. Even a 23 foot "war canoe" is described. For my purposes I chose to make the recommended 12 foot boat.

So, I studied the book, page by page to ensure that I knew the building process and what materials and tools I would need.

(Continued on the next page)

My First Kayak (Cont'd)

The construction process basically followed the following steps:



1. I did have to go to a lumberyard to purchase the wood that I would need. I bought a 4x8 foot marine grade plywood panel. Using my trusty jigsaw I cut one-inch strips that would become the frame and stringers. From the one-inch strips I fashioned the numerous ribs held together with galvanized nails.
2. The side and bottom planking comes next. Since my kayak-to-be is to be 12 footer, I had to join two pieces of 8-foot strips using but joints.
3. The bow and stern stems were fashioned from 3 inch by 12-inch spruce (with a small hole at the top where a small length of rope served as a carry handle).
4. Before final assembly all of the wood sections were treated with polyurethane.
5. The main assembly occurred in my garage and used a strong-back where the rib sections were placed according to directions.
6. The planks were added to the ribs and temporarily held in place by rubber bands and 'S' hooks. After carefully aligning the planks to the ribs, the planks were permanently attached using galvanized nails.
7. The bow and stern stems were attached giving the proto-kayak rigidity.
8. A few top sections of the center ribs were cut out to make room for the coaming (3 inch wide spruce).

(Continued on the next page)

My First Kayak (Cont'd)

9. The frame was then ready for covering using heavy-duty canvas stapled to the top rib sections.
10. For waterproofing, I covered the canvas with three coats of oil-based paint.
11. Next the floor (two pieces of 12x36 marine grade plywood) was fitted inside.
12. Final touches included adding a rub rail.

My maiden 'voyage' occurred in the Carmans River, just south of Montauk Highway. My anxiety grew as I slipped into the cockpit and shoved off. As I drifted away, my anxiety was replaced by a sense of happiness and accomplishment as my confidence in my first kayak skyrocketed.

It occurred to me that a boat should have a name. I'm always amused when I visit a boatyard or marina and look at the names on the boats; "Moving Violation", "Moor Often Than Knot", "Knot Working".

Do you have a name for your kayak? After thinking about it for a while I decided that my first kayak be called "Rising Tide". (Continued on the next page)



The finished frame



Wrapped up, ready for water proofing



← Ready for the water!

My First Kayak (Cont'd)

After a few years of paddling this simple boat (more like a covered canoe) I decided to make another one, this time altering the design to make it more “kayak-like”. Knowing that submerged rocks and the like can puncture the canvas skin, I limited my solo trips to ‘hugging the coast’, making sure I can reach land easily if I has to abandon ship. As my enthusiasm and skill grew, I received as a birthday gift from my wife, a ‘real’ kayak; a 16-foot Perception Carolina (called the ‘Captiva’ at that time). With this very stable boat I was able to expand my horizons and venture out into deeper waters.

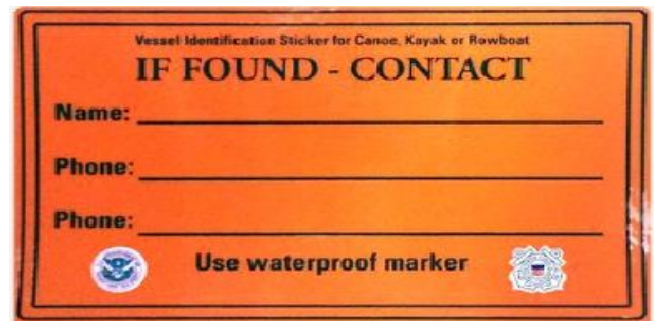
Up to this time my paddling experiences were exclusively solo – not many of my friends or associates were into paddling. I eventually learned of a kayak club that offers many benefits and camaraderie, the Long Island Paddlers - I signed up and the rest, as they say, is history. 🚣

Kayak ID Stickers

Have you ever beached your kayak to enjoy the great outdoors, wander about and then return to find that your kayak is no longer where you left it? Has it been stolen or has the tide captured it?

Every Vessel should be marked with an “IF FOUND – CONTACT” sticker in the event that you lose or are separated from your kayak, canoe or paddleboard. It’s important that you have one both for your safety and to aid the USCG crews or Harbor Patrol who track down unmanned kayaks. It can be placed inside the kayak on a bulkhead.

Pick up a free sticker at the Club Store.



The Year in Paddles - First Half – 2024

Submitted by Chris Fleming – Trips Coordinator

Thanks to our hard-working Trip Leaders, 2024 was another banner year for the Long Island Paddlers. Stretching from January all the way through mid-November, well over 60 different paddles were held. And, while most of the trips took place on Long Island, paddles were also held in the Adirondacks, on the Hudson River and in and around Assateague Island. What follows are pictures from some of the best paddles of the first half of last year. The Spring issue of Blazing Paddles will finish off the 2nd half of the year's picture.

February 11th - Carmans River Winter Cruise





March 3rd – Jones Beach Winter Meander





March 14th – Cedar Beach Marina



April 8th – Solar Eclipse Paddle



May 22nd – Gold Star Beach into Lloyd Harbor





June 7th – Gold Coast Paddle – Glen Cove to Sands Point





June 20th – Circumnavigation of Hallock Bay



Photo Credits: Emilio Sosa, Alan Mayors & Chris Fleming
Text: Chris Fleming





Perception Captiva (aka Carolina 16)

Original owner – purchased from Peconic Paddler in 2001.
 Stored in shed away from elements, good condition.
 Make me an offer. Contact Don Gorycki, dgorycki6@gmail.com



Technical Specs

Best Use	Sea Kayaking
Material(s)	Exolar hyper-density resin
Length	16 feet
Width	25.25 inches
Depth	12.5 inches
Weight	67 pounds
Cockpit Size	34.5 x 21 inches
Number of Paddlers	1-person
Hatch Capacity	11,050 cubic inches
Weight Capacity (lbs)	425 pounds



Wildnerness Systems Piccolo light touring sea kayak for sale. Best Offer. Great condition, always garaged. 13'6" L, 20.5" W, 42 lbs. Capacity 175 lbs. Rudder, thigh braces, day hatch, flotation. Ideal for small adult or child/pre-teen. Piccolo review available on paddling.com. Contact violaquintero@gmail.com





Calling All Paddlers!


There's plenty of room in our next Newsletter for your paddling adventure stories. A new paddling season is starting so why not make a resolution to support our

From personal stories (how you got involved in kayaking or what brought you to the Club) to reviews to recipes. How about a paragraph on a committee that you're serving on?

Have you been on a recent paddling trip? Have a favorite trip? Have any latest info on put-ins? Why not share some photos? Don't forget Member-Matchup and Spotlight-On.

Plus - you can gain 2 Volunteer Points for each article published. It's so easy; just send an email to dgorycki6@gmail.com. A thank-you email is returned as a receipt acknowledgement.

The following list of topics is presented to show you the wide variety of subjects you can add to your newsletter. Questions? Just contact your friendly newsletter editor.

- ☺ Paddle trip stories
- ☺ Favorite put-ins
- ☺ Put-in news
- ☺ Recipes
- ☺ Kayak jokes
- ☺ Kayak puzzles
- ☺ Do you recognize this?
- ☺ Member match-up
- ☺ Spotlight on
- ☺ Honorable mention
- ☺ DIY projects
- ☺ Equipment reviews
- ☺ Upcoming events
- ☺ Announcements
- ☺ Buy/Sell classifieds 

LIP Sponsors



Kayaks & Surfisks, Boat Rental & Demo Program
Safety & Storage Gear
Guided Tours & Skills Programs

9 West Market St
Hyde Park, NY 12538
(845) 229-0595
www.the-river-connection.com

LIP Business Partner



Kayak Lessons
Guided Tours
Group Outings
Gear Rentals

Kevin Stiegelmaier
www.paumanoktours.com
(631) 404-6447

Next Long Island Paddlers Publication Date:

April 15, 2025

Spring Edition

Deadline for article submission is several days prior to publication date (to be announced) leaving time for final editing, review and distribution. Members are encouraged to submit articles, pictures, letters to the editor, newsworthy notes, recipes, put-in information, trip reports or future trip information etc. to the editor. Editor reserves the right to editorial privileges. Unless otherwise stated, the views expressed are those of the authors and do not represent official position statements of Long Island Paddlers Club, Inc. Please submit all newsletter articles, pictures, letters and advertising by deadline, to the Newsletter Editor at: DGorycki6@gmail.com. 🌐

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DISCLAIMER:

The views expressed in this newsletter are strictly those of their respective authors. Information offered on any topic should not be assumed to be authoritative or complete.

Editor's Note:

The Editor wishes to thank all who contributed to this edition of the newsletter, for it is your articles and photographs that keep our newsletter afloat. 🌐

You're invited to join
**Long Island's Largest Volunteer-Run
 Kayaking Club**



Photo Credits: Top Row (left to right): Alina Wilczynski, Alan Mayors, Christine & Michael Pan. Bottom Row (left to right): George Golab, Chi Chi Gibney.

We are a supportive community of
Kayaking & Outdoor Adventure Enthusiasts
 Experiencing the best of Long Island fresh water & sea kayaking

- Weekly Small-Group Day Trips Guided by Experienced Club Members
- Organized Excursions to the Adirondacks and Neighboring States
- Social Kayak Picnics & Annual Holiday Gathering
- Monthly Presentations with Guest Speakers
- Skill-Building & Safety Clinics, Buddy Program for Beginners
- Online Resource Library, Member Forum, Classifieds & much more...

Making memories & friendships for a lifetime!



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