

Newsletter of the LI Paddlers

Volume 2025, Issue 2

Spring Edition

April 2025

Message from the President



Our paddling season is almost here so I gather that some of us are getting the kayaks ready to kick off in the spring. However, some have paddled during the cold months. The pool sessions have been

posted I hope that members take advantage of the sessions, they are very helpful to new kayakers joining the club, and are managed by our Safety Coordinator Mike Matty. Trips are posted on Meetup throughout the season, so keep your eye on your favorite trip.

The West Islip Library has been our home for meetings and is accommodating are needs very nicely. Members get the pleasure of sitting in and enjoying the company of fellow kayakers, while listening to guest speakers organized by our program coordinator Diana Price. I urge members when able (Continued on page 26)

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Executive Committee 2025

The Executive Council consists of seven members who are voted into office every November and are listed below:

President: Ed Mangual

Vice President: Emilio Sosa

Treasurer: Lorraine Montana

Secretary: Bob Hansen

Members at Large: JoAnne Paolino

Fran Ward

Past President: Fred Hosage

Every Kayaker's wish

Committee Coordinators 2025

Membership Tom Auer
Programs Diana Price
Trips Chris Fleming
Training & Safety Mike Matty
Public Relations Dan and Donna

DiGiovanni

Newsletter Don Gorycki

Website Website Committee

Special Events Pat Tauber
Librarian Fred Hosage
Conservation Liz Marcellus
Big Buddy Prog. Bob Hansen
Hospitality Judy slik
Merchandise Gina Gruber

Photography Alina Wilczynski

Club Programs Committee

This committee is tasked with finding and scheduling guest speakers on a variety of topics of interest to our club.

Diana Price is our current committee coordinator and is asking for topics that you would like to hear. Also, if you know of a person or organization that would like to make a presentation, please contact Diana so arrangements can be made.

Facebook Page

Did you know you can find Long Island Paddlers on Facebook? Just go to https://www.facebook.com/groups/LongIslandPaddlers and click the "Join" button. You will then be asked to provide information to confirm your identity and to agree to the group rules. Your request will then be reviewed by a group Administrator and, if you are an active member of the club, your request will be approved.

The club's Facebook group is a wonderful place to share photos of club trips and club gatherings. Members also like to share interesting (and sometimes entertaining) articles about the sport that we all enjoy.

Please note that club trips are now managed via the Meetup service and can be accessed using the following link:

https://www.meetup.com/meetup-group-lvwrzpdd/

If you have any questions, please send an email to Christine Pan at duckfoot70@gmail.com or Michael Pan at m.pandemonium@gmail.com m.pandemonium@gmail.com

Here's a question from the US Coast Guard national test to earn a boating safety certificate

Submitted by Helen Horton

What should paddlers do to protect against capsizing their canoe or kayak?

- a. Keep a low center of gravity and three points of contact
- b. Stand up in the craft while getting ready to dock
- c. Lean one shoulder over the side while paddling
- d. Move to the side of the craft closer to the shoreline.

What's your answer?





← Where is the Water?



Patrolling the waters

LIP Announcements

Hospitality

Continues to have available a variety of goodies for our members and guests to enjoy...Kudos!

Trips

Please visit our Meetup service to see and join our latest trips.

Website

Our new club website is currently being managed by Alina Wilczynski. Our new website contains useful static (read-only) information whereas our Meetup service contains additional dynamic information.

Members of the Website committee: Emilio Sosa, Fred Hosage, Alina Wilczynski, Mike Matty and Edwin Mangual.

Pool Sessions

Two pool sessions were held on April 5 and April 12 (Saturdays) from 1:30 to 3:30 with two 2-hour sessions. Pool sessions were held at the Suffolk Community College, Brentwood Campus.

Thanks to our Training and Safety Coordinator Mike Matty for organizing this essential service.

From our Special Events Coordinator Pat Tauber

POST HOLIDAY PARTY:

Thank you to everyone who helped make this event a success.

I especially want to thank Emilio for suggesting the venue.

The Tap Room staff were a joy to work with.

SAVE THE DATE:

Annual Ray Smith Spring Picnic Saturday, June 7, 2025 - Centerport Beach Picnic Pavilion Morning paddles followed by catered lunch

Details will be posted on Meetup in the future

Meetup versus Club Express

It was recently brought to the attention of the Executive Council that a replacement to the Meetup social media platform is being considered. Thanks to our Membership Coordinator, Tom Auer, we're researching 'Club Express'. This is a cloud-based management tool for any association or club to customize their website. Stay tuned!

Long Island Paddlers Volunteer Points Program

The Long Island Paddlers Kayak Club supports many different activities above and beyond formal paddling trips. These activities are accomplished by volunteers who give their time and effort to make these activities successful. As a way of rewarding those who volunteer a system of 'Volunteer Points' have been established in the past and has been recently updated by the Club's executive Council under the guidance of Mike Matty. Here are the latest guidelines for this program.

The following describes the volunteer program for the Long Island Paddlers. To promote volunteerism, volunteer points will be awarded in the following

- 1. Leading a trip 5 Points (submittal of trip report required).
- 2. Leading a clean-up -5 points
- 3. Leading or helping out at a skill session -5 points
- 4. Submitting an article for the newsletter -2 points
- 5. Organizing / helping a club event (i.e. picnic, party etc.). -5 points
- 6. Giving a club presentation -5 points
- 7. Volunteering / participating at an outreach program or community event representing the Long Island Paddlers. *Must be present for a minimum of 3 hours* **5 points**
- 8. Active participation in the Big Buddy Program 5 points for the first face to face mentoring session for each mentee.
- 9. Serving on a committee 20 points per year awarded at the beginning of each year **The Volunteer Points program will work as follows:**
 - 1. There will be a Volunteer Points Coordinator and a Backup Volunteer Points Coordinator.
 - 2. Volunteer points will be maintained with Google Sheets on a dedicated Google Drive
 - 3. The Volunteer Points Coordinator and a Backup Volunteer Points Coordinator will have Read/Write access to the spreadsheet
 - 4. When a person volunteers and earns points, they shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
 - 5. When a person uses volunteer points, the organizer of the event (party organizer, store coordinator) shall send an email to either or both Volunteer Points Coordinator and the Backup Volunteer Points Coordinator to update the spreadsheet.
 - 6. One volunteer point is equal to \$1.
 - 7. Volunteer Points may be redeemed at the Long Island Paddlers Store, any Long Island Paddlers event (i.e. picnic, party).

(Continued on the next page)

Long Island Paddlers Volunteer Points Program (Cont'd)

- 8. The maximum number of points that can be redeemed by any member is **50 points** Annually.
- 9. Points are carried over from year to year.
- 10. Points are not transferable.

Chris Scalisi and Mike Matty are the Volunteer Points Coordinators. Our emails are: Mike.matty@verizon.net & kayakchris@optimum.net

All enquires for points should be made to both of us. Submitted by Mike Matty Θ

LIP Monthly Meeting Guest Speakers

One of the main duties of the Programs Committee Coordinator is to research, contact, coordinate and schedule for each month (except December, no general meeting) a guest speaker. These guest speakers present a wealth of diverse and interesting topics.

January 2025

Our very own Andy Broadbent made a presentation featuring his amazing whitewater adventures.





February 2025

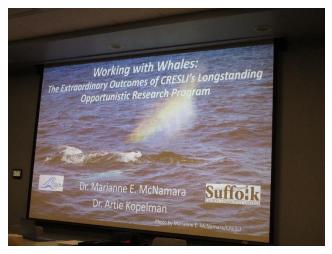
Marianne McNamara, Ph. D. of the Coastal Research and Educational Society of Long Island (CRESLI) gave a presentation which focused primarily on whales.

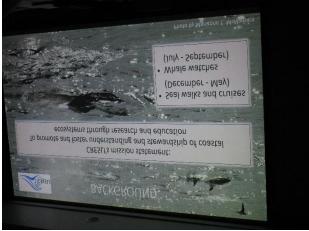
(Continued on the next page)

February 2025 (Continued)

Dr. Marianne McNamara is a Professor of Biology at Suffolk County Community College. Specializing in marine biology, she spent several months at sea in nearby Long Island waters, as well as the Eastern Tropical Pacific and Antarctica, studying the feeding ecology of zooplankton. She has served as a naturalist and educator for numerous local organizations including the (former) Riverhead Foundation for Marine Research and Preservation, Ward Melville Heritage Organization, Long Island Divers Association, and the Coastal Research and Education Society of Long Island (CRESLI). She continues to work with CRESLI as a naturalist aboard summer whale watching trips out of Montauk.

Dr. McNamara was awarded the Jerry R. Schubel Graduate Fellowship for her role in transmitting science into forms that are accessible to the public and has participated in several workshops demonstrating the use of improvisation theatre exercises to improve scientific communication with actor Alan Alda. Dr. McNamara is advisor of the Marine Science Club she founded at SCCC and mentors students interested in pursuing marine biology and/or biology degrees and careers. She was and is a Co-PI on various NSF-funded STEM grants at SCCC and continues to promote scientific and ocean literacy as a traveling lecturer in SCCC's Professors on Wheels program.





March 2025

Alexa Annunziata from the Peconic Baykeeper presented an overview of the Peconic River and Peconic Estuary Watershed, highlighted the history of the Peconic River and the recent updates such as fish passages to allow for the migration of alewives and American eels. (Continued on the next page)

March 2025 Monthly Guest Speaker (Continued)







Long Island Paddlers Raffle Winners

January Fran Cassidy February Judy Kislik March Chris Scalisi

Congratulations! •

Did You Know?

Attending Executive Council Meetings

Any club member can attend Executive Council meetings and witness the council's activities but only as silent observers as stated in the Club's By-Laws (Section III.A.3, Board Operations/Meetings) as follows:

"All Executive Council meetings must be held in a public place and be open to all club members. While club members may attend Board meetings, they are not permitted to participate in Board meetings."

Members-at-Large

How does anyone bring subject matters to the Executive Council's attention? That's where the Members-at-Large come into play. They are the liaison between the General Membership and the Executive Council.

So, if you have a concern, new idea, a suggested improvement, or anything that affects the Club, just track down any of the two current Members-At-Large and they will ensure the matter gets on the Executive Council's agenda:

- JoAnne Paolino
- joannepaolino@gmail.com
- Fran Ward

frandworkin@gmail.com



Long Island Paddlers (Post) Holiday Party

Text by Don Gorycki Photos by Don Gorycki and Helen Vloyianitis

This year's LIP (Post) Holiday Party was held on February 2, 2025 at the Tap Room located in Bayshore. The festivities commenced at 3 P.M. for three wonderful hours. The party was held upstairs and was equipped with a large number of tables and chairs. Also handy was the bathroom facilities and a cash bar.

After socializing for a while the all-you-can-eat buffet was served. The menu consisted of salad, rice pilaf, seasoned vegetables, Penne a la vodka, Chimichuri steak and baked salmon in dill sauce. Chocolate chip cookies/muffins with soft drinks coffee and tea finished this gastronomic delight. I was able to sample all the dishes and can report...delightful!

After dinner a raffle was held followed by the award ceremony.

Our president, Ed Mangual thanked everyone for supporting our club...no doubt the best paddle club on Long Island.

The following awards were presented;

Alan Mindlin Award Gina GruberRay Smith Award Mike Matty

• Ken Fink Award Alina Wilczynski

More socializing continued ending with live music compliments of Chris Scalisi, Bob Hansen and Judy Kislik.

It was a truly enjoyable affair and boatloads of thanks and appreciation goes to our Special Events Coordinator Pat Tauber for organizing this party.

Will this be repeated next year...you bet!

The following photos are compliments of Helen Vloyianitis. Due to newsletter space limitations, her additional photos can be located on our Meetup, "Post Holiday Party" album (2/22/2025)



← The buffet was plenty and 'delish'

→ President Mangual delivering awards



Long Island Paddlers (Post) Holiday Party (Cont'd)



Gina Gruber receiving her Alan Mindlin Award



Mike Matty receiving his Ray Smith Award



Alina Wilczynski receiving her Ken Fink Award



Music by Chris Scalisi, Bob Hansen and Judy Kislik had us rock'in

People's Food Drive

We received a thank you video from the People's Food Drive which received the donations collected at our Holiday Party.

Thanks to Chiara for organizing the collections.

(Excerpts borrowed from Emilio Sosa email.)

Every time you get into your kayak and paddle off...

ALWAYS →



Wilderness Walk in the High Dunes

Article borrowed from the South Shore Press and presented here for your reading pleasure

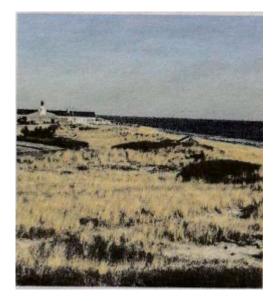
Just over the Smith Point Bridge in Shirley lies the stunning Fire Island High Dune Wilderness area. The oceanfront park honors Otis G. Pike, the Suffolk congressman whose legislation created the Fire Island National Seashore and the 1,381-acre park that carries his name.

Located on the barrier island that protects the mainland from the ocean, the area is the only federally designated wilderness in New York State. Seven of Fire Island's 32 miles are designated as wilderness in a track that stretches from the National Seashore visitor's tower at Smith Point to Watch Hill.

Before Hurricane Sandy washed out a vast swath of the barrier beach, hikers could traverse the dunes all the way to Davis Park and Fire Island's other summer communities, now only accessible by boat.

Those making the 3-mile round trip from the visitor's tower to the beach are treated to a spectacle of both sea and terrestrial life. Whitetail deer make their home in forests of pine, bayberry, and poison ivy, while piping plovers, an endangered species, nest in bare patches on the beach. Red foxes also inhabit the wilderness, along with hawks, snowy owls, and speedy shorebirds. Red-

wing blackbirds fill the marshes with song, and dragonflies dart among the rushes to catch mosquitoes and flies. The ocean is a haven for seals and whales and all manners of game fish-bass, bluefish, fluke-while migratory ducks raft in the bays known as Bellport and Patchogue between the island and the mainland.



Continued on the next page

Wilderness Walk in the High Dunes (Cont'd)







Free Items Table



If you have any items that you do not want, instead of throwing them away, why not utilize the 'Free Items Table'?

Just bring those unwanted items to our meeting and place them on the Free Items Table.

Perhaps some other member might find them useful.

If any items are not taken, take them back and try again at the next meeting.

Honorable Mention

This long overdue edition of 'Honorable Mention' highlights the major contributions made by longtime LIP member Ray Smith.

The following are only two examples out of many re-counting Ray's Club involvement. The following tribute compliments of Past LIP President Steve Berner.

Ray was a longtime member of the kayak club. I knew him from when he was mid 80's until he was about 92, at which point he stopped kayaking. Up until then, he attended every pool skills session and went into the water to teach wet exits and re-entries (selfrescues). He attended most kayak trips in the middle of the Island, both on the north shore and the south shore. Each year at the holiday party, he awarded his driftwood sea-life plaque (see photo below) to the person he believed did the most for the club in the previous twelve months. After he died, within a year after he stopped kayaking, I decided to rename our spring picnic at Centerport in his honor because of his service to the club and also because he was the resident who secured the permit for Centerport Beach Park for us each year. At that first picnic after his passing, with the banner displaying the Ray Smith Memorial Picnic, his nieces and nephews showed up and presented the club with a check for \$10,000 in his honor. They relayed to me how much the Long Island Paddlers meant to their uncle. The Executive Council decided to further honor Ray by using that money to encourage club members to further their training with professional kayakers, hence The Ray Smith Memorial Scholarship Fund (see the Ray Smith Memorial Scholarship Fund article below).



The following tribute compliments of LIP Training and Safety Coordinator Mike Matty. Did you know there is a roll named after Ray Smith? Of course you didn't because up until now only 2 people, me and Tom Auer knew about it. One day Tom did a roll and Ray was watching. After Tom did his roll Ray told him "naw, that's no good, you need to be paddling full speed, capsize then roll". So, Tom and I started doing just that and hence named it the "Ray Smith Roll". (Continued on the next page)

Honorable Mention (Cont'd)

This long overdue edition of 'Honorable Mention' highlights the major contributions made by longtime LIP member Ray Smith.

Also, I believe Ray was paddling by himself when he was into his 90's. Ray also came and helped out at every pool session. He was also the person who for years got us the permit for the spring picnic at Centerport since he lived in the town of Huntington (Chris Scalisi has since taken this over).

Ray was just one of those wonderful people you meet in life and those that knew him, miss him terribly.

Ray Smith Memorial Picnic, Ray Smith Memorial Scholarship Fund, Ray Smith Award – what a tribute!

Ray Smith Award Text from Steve Berner correspondence

The Ray Smith Award is given to the person who helped the club the most the previous 12 months. It was originally called the Volunteer of the Year Award, but I changed it to Ray Smith because he used to give a piece of driftwood with shells glued to it to the person he felt helped the club the most. When he died, I (Steve Berner) renamed it in his honor, and my brother made the driftwood/shell plaques for the winner (see photo above).

Ray Smith Memorial Scholarship Fund

This article describes how this fund is administered

"We meet in a spirit of fellowship and to pass on to others the skills and knowledge we've gained. WE exchange information and safety, education, paddling

experiences, and other paddling related subjects." LI Paddlers Inc.

- I. The Ray Smith Memorial Scholarship Fund was created to honor the memory
- of Ray Smith, a dedicated kayaker and long-time member of the Long Island Paddlers Inc. Its intent is to foster the development within the club membership and to maintain a significant teaching presence in the community.

Ray Smith Memorial Scholarship Fund (Cont'd)

II. Eligibility + Qualifications

- A, Any individual who is a paid member of the Long Island Paddlers Inc. for at least a full year is eligible for the Scholarship Grant.
- B. This Scholarship Grant does not discriminate against members on the basis of race, sex, or national or ethnic origin.
- C. The candidate must be at least 18 years old.
- D. The candidate must demonstrate basic skill proficiency prior to attending the workshop, program, or certification.
- E. A three-member committee will determine eligibility of the member and evaluate the course, workshop, or certification before recommending to the Council for approval of reimbursement.

III. Restrictions

- A. The grant will be an amount equal to one-half of the tuition cost of the course, workshop, training or certification.
- B. An individual is limited to \$400 total reimbursement per calendar year. this amount can be used on one or multiple courses. workshops, or certifications.
- C. A maximum of \$2,000 will be awarded to individuals each calendar year.
 - D. The club will not reimburse hourly lessons.

IV. Commitments

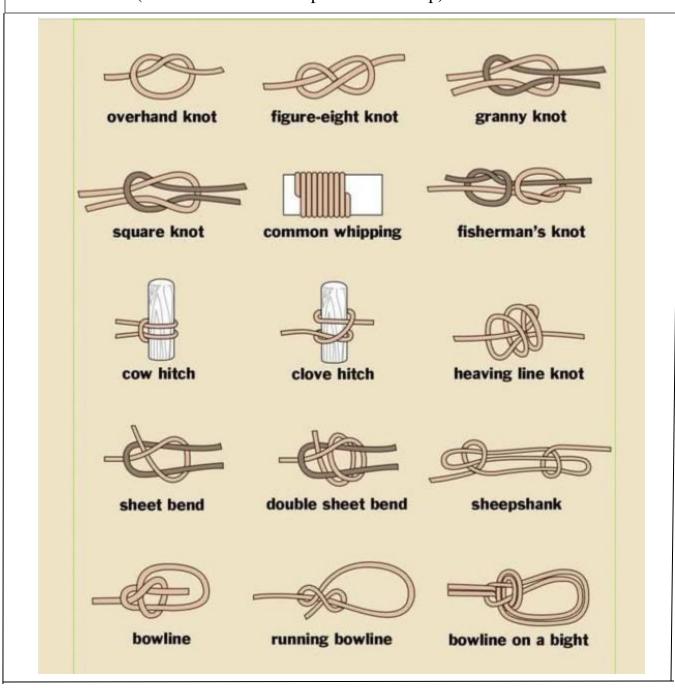
The candidate must make a clear commitment to share this knowledge.

V. Application Procedure

- A. A copy of the description of the course from the organizers is needed. It should include a summary of the course, where. when, and who is giving it, and the cost. The application must be made in advance of taking the course including a statement from the applicant as to how this will benefit the club.
 - B. Email the application to the 3 members of the committee for their consideration.

Do You Remember Your Ropes?

(Aso known as Marlinspike Seamanship)



New Club Member Recruiting

The Long Island Paddlers Club is always looking for ways to attract new members. Word-of-mouth, Internet access, and busine ss-type cards are just a few.

Another way of advertising is using a flyer. Attached at the end of this newsletter is a flyer that you can print out and distribute.

So, if you would like to help spread the word, just print out the flyer and post it (with appropriate permission) where people can see it.

With your help we can spread the word about the pleasures and excitement of paddling. Θ





There was a huge fight at the boat store.

Paddles were on clearance for 90% off, and people went crazy trying to get them.

It was quite an oar deal.

- © I went to buy some camouflage trousers the other day but I couldn't find any.
- © I went to a seafood disco last week... and pulled a mussel.
- © What do you call a fish with no eyes? A fsh.



Oil Canning In Plastic Kayaks – What Is It **And How To Fix**

Whether you're looking to purchase a used kayak or you're looking for ways to fix up your own, knowing what oil canning is can be useful, especially if you intend to repair it on your own.

But before you can know how to fix it, you need to know what oil canning in plastic kayaks actually is. So, we're here to give you some advice on how you can prevent it and how you might be able to fix it on your own.

To learn more about it please follow the following link.

https://kayakguru.com/oil-canning-plastic-kayaks/

LIP Trip Leaders Lending Library

Our club has in its possession several categories of safety equipment that can be loaned (on a temporary basis) to accredited trip leaders. (Inventory as of 3/21/2025)

- Equipment categories include but not limited to:
- 3 VHF radios
- 4 first aid kits (200 Piece SuccorWare soft pack)
- 2 waist belt tow lines (NRS Basic Kayak Tow Line)
- 2 contact tow lines (North Water Contact Tow)

Please note the following:

- The Trips Coordinator is responsible for the purchase, storage, and tracking of all Clubowned safety equipment intended for loan to trip leaders for use on Club paddles.
- An equipment tracking document is on the Club's Google Drive and is managed by the Trips Coordinator.
- Normal wear and tear of equipment is expected.
- However, if a trip leader loses or badly damages an item borrowed from the Lending Library, they must replace it at their cost.

Please contact our trip coordinator, Chris Fleming for more information.





How to Paint a Kayak

In all the years that I have paddled by kayaks, I never thought Of paining my boats. I never even thought a kayak could be painted!

Caught your interest? Follow the link and read some more....

How To Paint A Kayak? – Kayak Country

Boating Courses to Meet Mandatory State Requirement

Yes, I know that the LIP uses paddle power and sometimes wind power but some of us also have powered water craft.

Article borrowed from the South Shore Press.

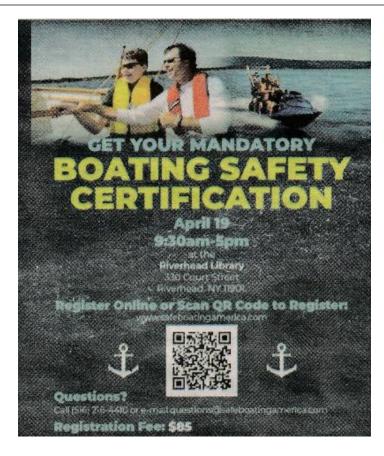
With New York State now requiring safety certificates for anyone operating a boat, courses are being offered in Riverhead through Safe Boating America.

Four dates are scheduled for the one-day course at the Riverhead Library as part of an effort organized by Assemblywoman Jodi Giglio. "Long Island is surrounded by water, and I want to make sure that everyone enjoying this beautiful resource stays safe," Giglio said.

The class, which runs from 9:00 a.m. to 5:30 p.m., will be available on April 19, May 17, June 28, and July 26. To sign up, visit www.SafeBoatingAmerica.com.

The state law requiring the safety certificates is named for Brianna Lieneck, an 11-year-old from Deer Park who tragically died in a 2005 boating accident. She was killed when a large boat crashed into her family's vessel as they were returning from Fire Island.

Those taking the eight-hour course must pass an exam to prove



their efficiency in motorized boat operation, navigation, equipment usage, and safety protocols. The law applies to anyone of any age and includes Jet Skis and all other motorized watercraft. The registration fee is \$85.

Based in Bethpage, Safe Boating America is operated by Continued on the next page.

Boating Courses to Meet Mandatory State Requirement

Continued

Richard Werner, a U.S. Coast Guard licensed Master Captain with over 16 years of experience. He has personally taught boating education to more than 12,000 students across 350 sessions. Beyond teaching, Captain Werner spent three years advocating for Brianna's Law.



The water is calling you!



Do You Recognize This?

(Answer is on the next page)



Answer to "Do You Recognize This?"

The Parrish Art Museum celebrates the artistic legacy of Long Island's East End, one of America's most vital creative centers. Since the mid-1950s the Museum has grown from a small village art gallery into an important art museum with a collection of more than 2,600 works of art by contemporary painters and sculptors such as John Chamberlain, Chuck Close, Eric Fischl, April Gornik, Elizabeth Peyton, as well as such masters as Dan Flavin, Roy Lichtenstein, Jackson Pollock, Lee Krasner, and Willem de Kooning. The Parrish houses among of the world's most important collections of works by the preeminent American Impressionist William Merritt Chase and by the groundbreaking post-war American realist painter Fairfield Porter. A vital cultural resource serving a diverse audience, the Parrish organizes and presents changing exhibitions and offers a dynamic schedule of creative and engaging public programs including lectures, films, performances, concerts, and studio classes for all ages.

Hey Newsletter Editor!

How does our newsletter get published? Submitted by your newsletter editor – Don Gorycki

There are several steps by your newsletter editor to get our newsletter to you:

1) Establish electronically the next newsletter baseline structure This involves:

creating the standard directory structure on the computer creating a standard Excel spreadsheet to manage evolving newsletter status establishing the standard starting outline of the newsletter

2) Seek out articles

Advertise the need for newsletter articles from club members via club meetings and the meetup service/emails

Collect and organize newsletter articles from club members

Update newsletter Excel spreadsheet status

3) Find additional articles

These secondary articles fill any white space left in the newsletter (cartoons, jokes, puzzles, etc.)

4) Assemble newsletter

Transfer articles into the newsletter using Microsoft Word®

5) Perform internal review

Correct typos, grammar etc.

6) Send review copy to president for additional review

(Continued on the next page)

Hey Newsletter Editor! (Cont'd)

How does our newsletter get published?

- 7) Correct any deficiencies noted by president
- 8) Send final copy to president
- 9) President sends final copy to Alina (manages website) who adds the newsletter to the website.
- 10) Alina sends president the link to newsletter on website
- 11) Club president issues email containing newsletter link to club members
- 12) Club members access the newsletter then thoroughly enjoy reading the newsletter! Θ



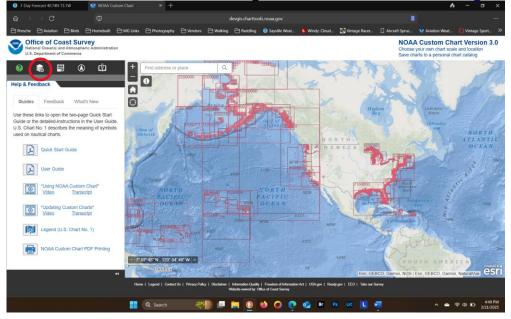
CUSTOM NOAA CHARTS

Submitted by John Faulkner

If you want to know where you are during a paddle trip there are many mobile applications that will determine your position within a few feet. While these apps are good at recording tracks and telling you how far you have paddled, they are not so convenient to follow your progress along your route as they require you to use two hands to access the mobile and usually swipe to get the relevant information. There is something to be said for using a chart to monitor progress and alert you to hazards.

NOAA no longer publish paper charts as most mariners now use electronic charting. However, NOAA has a method whereby you choose your own chart to suit your purpose, download a pdf and print it out on any size paper suitable.

This NOAA custom chart generator can be found at devgis.charttools.noaa.gov/pod



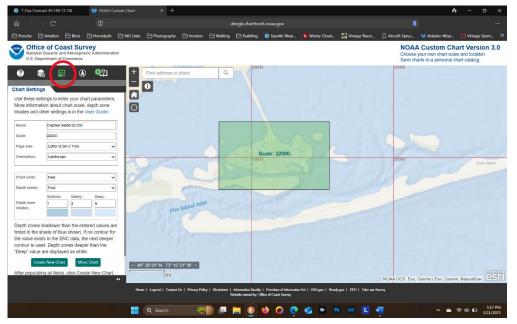
Zoom in to the area of interest. For example, suppose we want to do a circumnavigation of Captree Island. Ideally, we need a chart of the island but would need four ENC quadrants. We can produce a chart just of Captree Island all on one letter-size piece of paper.

Click on the layer setting tab at the top left of the panel. For our use we want the harbor. Click off the All Data button.

Spring Edition April 2025



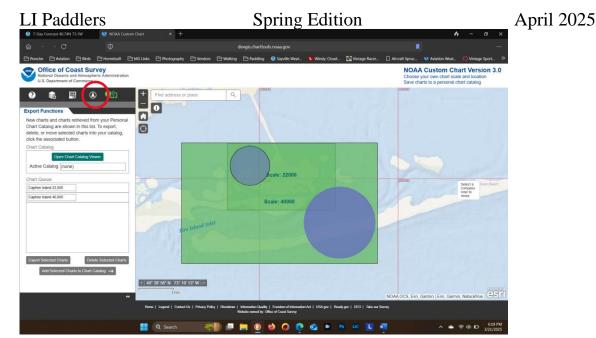
Next, go to the Chart Settings tab. This is where you set the scale, paper size and orientation and depth shadings. The area covered by your chart is dependent on both the



scale and paper size. For our example, 22,000:1 and letter size paper. To move the area covered just click the move chart button. If a larger area is wanted a 40,000:1 scale will cover Captree Island, Fire Island Inlet and associated islands. For plotting a course uses you can add a compass rose to the chart wherever you think it would be most useful.

Be aware that at this scale and paper size the rose will cover much of the chart area. Neverthe-less detail can still be seen quite clearly. Next tab.

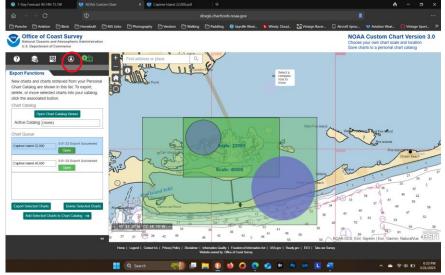
Select the chart you want the rose on, select "Add Compass Rose" and place it on the chart. You can move it in the same way as the you moved the chart.



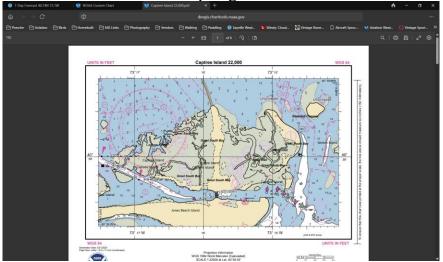
In this case I have added another chart, i.e a 40,000:1 scale chart also on letter size paper. Notice the size of the compass rose.

When you have inserted the compass roses you want, (up to 3 per chart), go back to the layer settings tab and select "All Datasets" and clear Harbor.

Next, we go to the Export Functions tab. On this tab you export your chart(s) to a pdf. You can also add them to a catalogue which is kept on your computer. Select the charts you want to export and click "Export". The processing will take a minute or two. When done you can select open to view and download the resulting pdf's



This is the resulting chart for the 20,000:1 chart of Captree Island. All charts so generated current charts as of the day you make them.



I print the chart on Puffin Paper. This is a plasticized paper that is perfect for use on a kayak. It is waterproof and tear resistant, can be written on with a normal ballpoint pen, (not gel ink), or a waterproof ink pen, though not pencil. If you get it wet you can smooth down on your foredeck where it is easy to see and will stay in all but the worst conditions. Puffin Paper can be found at https://www.waterproofpaper.com/puffinpaper/

Finally, you can store the charts in a catalogue that will reside on your computer. Highlight the charts to save and add them to the catalogue. In the resultant window save the catalogue. The name of the catalogue saved is Chartcalolog.geojson. I usually then go to the download folder on my computer and change the name and put it in a folder that makes more sense. This can then be recalled at any time so you can then re-print the charts therein by adding them to the chart queue.

There is also an update charts application online for your custom charts so they can always be current. There is an excellent tutorial and help link in the application if you get stuck. Just go to the panel on the left.

Using a chart on your foredeck or splash skirt means you can follow along on your paddle at a glance. Just by looking around you and comparing the features on land, and navigation aid on the water, you can get an idea of where you are. Not as precisely as GPS perhaps but enough to get your bearings, no pun intended, and enhance situation awareness, and all by glancing down.

Message from the President (Cont'd)

to come down to the meeting and enjoy socializing with other members. I must mention that our spring picnic is great kick off to our season and it's only a couple of months aways so don't miss out on this event.

Most important members keep safe when paddling check your kayak, check your equipment wear your PFD and know your limitations.

Thank you, Edwin Mangual



Photo Gallery

Submitted by Liz Marcellus Our Conservation Coordinator The two paddlers pictured below are David S. and Ray C.





Blydenburgh Dam: photo taken March 25, 2017 at the beginning of one of the club river clean ups.

Photo taken March 23, 2025 of the same area after the dam failure on August 18/19, 2024.





Frances Cassidy first winter paddle

Paul and I joined trip leader, Gina Gruber on February 26th at Brookhaven's Osprey Park for our first winter paddle wearing our drysuits! This trip was approximately 8 miles and everyone did well.



From the pen of Jim Dreeben Get Fit in Hampton Bays

Get Fit in Hampton Bays, the Fitness Capital of Long Island. Spring is here. That gives us 3 months to get buff, fit and trim for summer to look good at the beach. Working out is tough work but the results after exercising make most people toned and very happy, and they might live longer.

Start easily like walking around the block. Then walk over the Ponquogue Bridge to Dune Road. Two weeks later walk to the ocean. Along the way, do a few squats, a 30-second plank and 10 pushups. 30 days later you will feel like a new and stronger person. Now, do the ultimate walk: Walk to the ocean including 100 steps uphill backwards, 20 squats, a 3-min. plank, 50-100 pushups. Start walking faster.

Now we are ready to work out. I love to exercise on the beach, especially the bear crawl and the plank. Crawl around on soft sand on your hands and feet. It's difficult at first. It's a full-body exercise. Plank, either forearm or high position: Try for 1-minute, then increase by 5-seconds a week until you can do 3-minutes. Bird dog, jumping jacks, pushups and sit ups are fun, and very cool, on the soft sand also.

A fun (wet) workout: Swim hard into the waves. Really power yourself forward (south). Body-surf or swim back to shore or take a swim parallel to the waves. I do it for ½ to one hour twice or thrice daily.

Stand up paddling is a full-body exercise. Your whole body tightens up trying to balance on an SUP. The choppier the water, the better the workout. Canoeing and kayaking for a workout: paddle hard and rotate your body. Don't pull the paddle with your arms. For upper-body strength prone paddling is best.

Sliding Seat Rowing is a full-body workout either on the water or on a machine, try rowing 1,000 or 2,000 meters daily. Legs first, then upper-body and arms. Rowing for 20-to 30-minutes is best.

Bike riding on a10-mile blacktop trail inside the Riverhead/Grumman property in Calverton takes about an hour. Route 25, nine miles west of Riverhead. Or, on the paved

(Continued on the next page)

From the pen of Jim Dreeben (Cont'd)

bike/walk trail on Jones Beach Island. There are no cars at either place. Someday we might have a bike trail from Shinnecock Inlet to Moriches Inlet. Please remind them in Town Hall that Southampton Town residents deserve a dedicated and safe bike trail. For now, riding in Quogue or Southampton, south of Montauk Highway, is cool.

To request a **Dune Road Bike Trail** from Shinnecock Inlet to Moriches Inlet please contact Supervisor Moore at mmoore@southamptontownny.gov, Mike Iasilli at miasilli@southamptontownny.gov, Bill Pell at billpell@southamptontownny.gov and Town Clerk at sschermeyer@southamptontownny.gov. It is unconscionable that there is no safe place to ride your bike in Southampton Town.

More exercise and fun?: I can send you a list of 60 hikes on Long Island, New York City and Upstate New York, including Westchester County. Check out Turkey Mountain, my favorite,107 miles from HB but worth the drive. E-mail me at jim@longislandpaddling.com. Your e-mail address won't be shared.

It has been said that if you do pushups or planks, walk or run and do squats, you will have worked most of your muscles. And, like the Chinese people, walk 100 steps after every meal to aid digestion. To live a healthier and longer life, please don't be a couch potato. Bike, paddle, run, swim or walk and drink H2O. Chronological age is your actual age. **Biological age** is how old you appear to be based on how fit you are and how fit you look. You can lower your biological age by eating healthily and exercising.

The Year in Review – Second Half of 2024

Submitted by Chris Fleming – Trip Coordinator

Thanks to our hard-working and skilled Trip Leaders, 2024 was another amazing year for the Long Island Paddlers. Stretching from the first of the year all the way through mid-November, well over 60 different paddles were held. And, while most of the trips took place on Long Island, there were also trips to the Adirondacks, the Hudson River and in and around Assateague Island.

What follows are pictures from some of the best paddles of the second half of last year (those that I had pictures for). (Continued on the next pages)







July 2nd - Pirates Cove





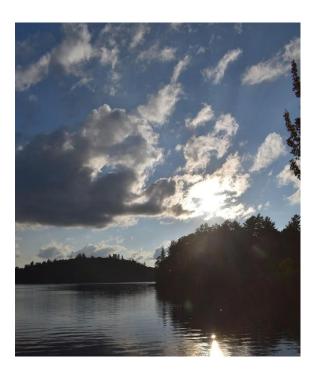




Various Dates-Connet quot River







July 29th – August 1st – Adirondacks





Various Dates

– Captree
Island



Various Dates – Captree Island















Upper Carmans Cleanup



Upper Carmans Cleanup



Caumsett Lagoon Paddle



Caumsett Lagoon Paddle



Caumsett Lagoon Paddle







Nissequogue River Paddle









November 1st-4th-Paddle with the Ponies

Photo Credits: Alan Mayors, Chris Fleming & others Text: Chris Fleming



Perception Captiva (aka Carolina 16)

Original owner – purchased from Peconic Paddler in 2001. Stored in shed away from elements, good condition. Make me an offer. Contact Don Gorycki, dgorycki6@gmail.com



Technical Specs

| Best Use | Sea Kayaking | |
|-----------------------|----------------------------|--|
| Material(s) | Exolar hyper-density resin | |
| Length | 16 feet | |
| Width | 25.25 inches | |
| Depth | 12.5 inches | |
| Weight | 67 pounds | |
| Cockpit Size | 34.5 x 21 inches | |
| Number of Paddlers | 1-person | |
| Hatch Capacity | 11,050 cubic inches | |
| Weight Capacity (lbs) | 425 pounds | |



Wildnerness Systems Piccolo light touring sea kayak for sale. \$500. Great condition, always garaged. 13'6" L, 20.5" W, 42 lbs. Capacity 175 lbs. Rudder, thigh braces, day hatch, flotation. Ideal for small adult or child/pre-teen. Piccolo review available on paddling.com. Contact violaquintero@gmail.com



More on the next page!

BEGINNER/INTERMEDIATE KAYAK FOR SALE — HURRICANE TAMPICO 135 Seller is Alina Wilczynski

Brand: Hurricane Kayaks / Model: Tampico 135

CONDITION: Excellent! Garage-kept and cleaned after every excursion. Deck lines, bulkheads and hatches in great shape. Hull has surface scratches from normal use, no cracks or chips. The bungee cords used for holding gear need replacing (\$20 on Amazon). MATERIAL: Trylon ABS plastic is a great in-between material. Lighter and faster than roto-molded plastic. More durable than Kevlar. FAQ about material: https://hurricaneaquasports.com/pages/fags

Size: 13.5' long Weight: 43lbs

Max Capacity: 250lbs

Color: Red

Hull Shape: Wide slope for stability Wide Cockpit Size: 38.2 x 20.9" Very comfortable adjustable seat

No skeg or rudder

Included Extras: Harmony Paddle

Cockpit Storage Cover

Paddle Float, Bilge Pump and Sponge

Wheelie Caddie

Reviews on Paddling.com

https://paddling.com/gear/hurricane-kayaks-tampico-135-l-kayak

Here's the newest version of this popular model, many of the features are the same: https://hurricaneaquasports.com/pages/tampico-130

Price: \$550 OBO

Perfect starter boat for a Beginner — or — Intermediate upgrade from a sit-on-top

P.S. I might be willing to part with its exact pair :) It's yellow. Ask about price for both.

ADDITIONAL FOR SALE: YAKIMA RACK SYSTEM

1 set of Rack Cradles with tie-downs

The rack set looks like this, though my cross-bar clamps are round:

https://www.etrailer.com/Watersport-Carriers/Yakima/Y04083-

04082.html?feed=npn&gad_source=1

1 set of Rack Rollers

https://yakima.com/products/hullyrollers-1pair

A great system if you load and unload your boat yourself, like I do!

Price: \$40 OBO

More on the HURRICANE TAMPICO 135 for sale

Let me know if you have any questions. I can send more pix and you're welcome to drop by to see it... and try it! I'm in Rocky Point with easy access to the Sound.

Alina

718.930.3170

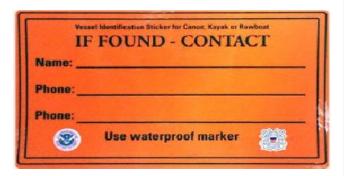
alina@moonkissedmedia.com <mailto:alina@moonkissedmedia.com>











Kayak ID Stickers

Have you ever beached your kayak to enjoy the great outdoors, wander about and then return to find that your kayak is no longer where you left it? Has it been stolen or has the tide captured it?

Every Vessel should be marked with an "IF FOUND - CONTACT" sticker in the event that you lose or are separated from your kayak, canoe or paddleboard. It's important that you have one both for your safety and to aid the USCG crews or Harbor Patrol who track down unmanned kayaks. It can be placed inside the kayak on a bulkhead.



Pick up a free sticker at the Club Store.





Calling All Paddlers!

There's plenty of room in our next Newsletter for your paddling adventure stories. A new paddling season is starting so why not make a resolution to support our

From personal stories (how you got involved in kayaking or what brought you to the Club) to reviews to recipes. How about a paragraph on a committee that you're serving on?

Have you been on a recent paddling trip? Have a favorite trip? Have any latest info on put-ins? Why not share some photos? Don't forget Member-Matchup and Spotlight-On.

Plus - you can gain 2 Volunteer Points for each article published.

It's so easy; just send an email to dgorycki6@gmail.com. A thank-you email is returned as a receipt acknowledgement.

The following list of topics is presented to show you the wide variety of subjects you can add to your newsletter. Questions? Just contact your friendly newsletter editor.

- © Favorite put-ins
- © Put-in news
- © Recipes
- © Kayak jokes
- ©Kayak puzzles
- © Do you recognize this?

- Member match-up
- © Spotlight on
- © Honorable mention
- © DIY projects
- © Equipment reviews
- © Upcoming events
- Announcements
- © Buy/Sell classifieds

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Exploring Long Island's Waters

Kevin Stiegelmaier www.paumanoktours.com (631) 404-6447

Next Long Island Paddlers Publication Date:

July 15, 2025 Summer Edition

Deadline for article submission is several days prior to publication date (to be announced) leaving time for final editing, review and distribution. Members are encouraged to submit articles, pictures, letters to the editor, newsworthy notes, recipes, put-in information, trip reports or future trip information etc. to the editor. Editor reserves the right to editorial privileges. Unless otherwise stated, the views expressed are those of the authors and do not represent official position statements of Long Island Paddlers Club, Inc. Please submit all newsletter articles, pictures, letters and advertising by deadline, to the Newsletter Editor at: DGorycki6@gmail.com.

Mailing Address:

P.O. Box 1783 Miller Place



DISCLAIMER:

The views expressed in this newsletter are strictly those of their respective authors. Information offered on any topic should not be assumed to be authoritative or complete.

Editor's Note:

The Editor wishes to thank all who contributed to this edition of the newsletter, for it is your articles and photographs that keep our newsletter afloat.

you're invited to join Long Island's Largest Volunteer-Run Kayaking Club



Photo Credits: Top Row (left to right): Alina Wilczynski, Alan Mayors, Christine & Michael Pan. Bottom Row (left to right): George Golab, Chi Chi Gibney.

We are a supportive community of

Kayaking & Outdoor Adventure Enthusiasts

Experiencing the best of Long Island fresh water & sea kayaking

Weekly Small-Group Day Trips Guided by Experienced Club Members Organized Excursions to the Adirondacks and Neighboring States Social Kayak Picnics & Annual Holiday Gathering Monthly Presentations with Guest Speakers Skill-Building & Safety Clinics, Buddy Program for Beginners Online Resource Library, Member Forum, Classifieds & much more...

Making memories & friendships for a lifetime!



www.lipaddlers.org

