

Blazing Paddles

Autumn Edition

Carmen's River, Labor Day

Bruce Redlien

Carmans River - Labor Day September 4, 2017 Bruce Redlien and Sima Freierman

Labor day was a beautiful blue sky day with a good south west breeze. The Carman's River put in on Montauk Highway was so busy that We had to hunt in the west field for a parking spot, we snuck in under a tree. We paddled out towards the bay into the breeze, knowing that we would be blown back in. Lots of paddlers enjoying the day but there was still room to beach at Indian Landing for a lunch stop and the breeze kept the Mosquitoes away. The cormorants were crowding an old dock on the bay side of the marina.



Message from the President – A Time to Look Back and to the Future

It's hard to believe that October is here already, and the close of the regular paddling season is almost upon us. The months have flown by, and we've had another outstanding season. Of course, that wouldn't have happened except for the hard work of our dedicated members.

There were sixty paddles, skills' sessions, and events listed on the website this year. These included trips on the island, off the island, and several overnight adventures. Our skills' sessions took place on three separate days in St. Joseph's College's pool and outside in real conditions during our two annual picnics. And speaking of picnics, this year we changed our menu at our fall event by having it catered by Maple Tree BBQ, which is something we plan on doing again next year.

On a sad note, another one of our members of many years died suddenly on September 28th. Diane Beth Zamost was a regular attendee on almost every paddling trip. She was the woman with the wild hair, high heeled sandals, with the great big smile on her face, running around to get ready for the day's paddle. I don't think I ever saw her not smiling. This year, she was so excited about buying a brand new composite kayak to replace her twelve foot poly boat and a carbon paddle. She couldn't wait to show them both off. Her enthusiasm and love of life will be greatly missed by everyone who knew her.

But looking forward, there are still paddle trips coming up for the adventurous. If you are one of those people or are thinking of becoming one, please remember to follow all the safety rules. First and foremost is to always wear a Personal Floatation Device or life preserver. As noted previously, several people died earlier this year right here on Long Island. In both cases, they were not wearing flotation. The Coast Guard mandates it be worn at all times between November 1st and April 30 because of the inherent dangers of cold water and have stepped up enforcement since these unfortunate incidents. Cold water kills! The Sound water temperature has dropped below seventy degrees, as has all the bays. Any water below 70 degrees can lower your body temperature causing hypothermia. Your body loses heat 25 – 40 times faster in cold water than cold air so it does not take very long to get into trouble. Survival time can be reduced to minutes. Always dress to swim whenever paddling in cold water. A wet suit or dry suit is mandatory when paddling in these conditions. Always paddle smart.

Elections for our Executive Committee will be held in November. I'm pleased to see that three new people are running for positions. With almost everyone on the committee being term limited out, the field is wide open. If serving on the EC is more than you can do right now, there are so many ways you can make our great club better. You can become a Trip Leader. Or you decide to take advantage of the Ray Smith Memorial Scholarship Fund and take training courses which you can then share with your fellow members. These are the two most important positions in our club. Or you can volunteer to serve on a committee, help out at events, or suggest a program for our monthly meetings. Just attending our meetings and events makes our club stronger and better. There are so many ways to help make the Long Island Paddlers the premier paddling club on the East Coast.

Finally, our Annual Holiday Party will be here soon.

This year, we moved it to a Saturday at a different venue.

It's a little more expensive but well worth the cost.

I hope to see everyone there.Steve





Fall Club Picnic



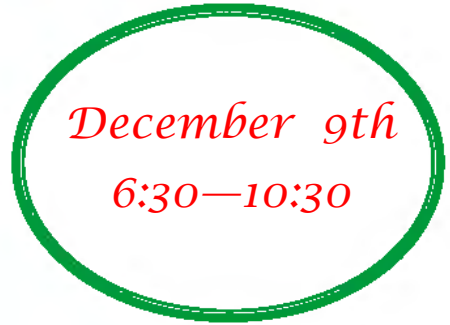
IN THIS ISSUE

1. Carmen's River
2. Message From our President
3. Picnic Pics.
4. Holiday Party
5. Paddle Battle
6. Club Store
7. Carmen's River, Picnic Day
8. Pool Skills Session
9. Clip and Save Events
10. Napeague Harbour
11. Adirondack
- 12-14 Manhattan Paddle
15. Reflections
16. Protect Our Rivers
17. Peconic River
18. Whiteface Mountain
19. Sarah Outen
20. Supporters, Club Info





*Holiday
Party*



*December 9th
6:30—10:30*

D.J., Dancing, Great
Food, Great Friends,
Drinks, Raffle, Fun,
Awards



*Remember:
please give your
Party form and
Check to Paul
ASAP*



Paddle Battle LI le Basileo

Saturday, July 29th, a day of wind, cloudy skies, threats of rain, and a 3-hour starting time weather delay, the East End Tourism Alliance hosted its Fifth Annual Paddle Battle Long Island Race. Each year, the race is held on Riverhead’s scenic Peconic River, located just east of Peconic Avenue and south of East Main Street. The annual event raised money for the not-for-profit organizations United Way’s VetsBuild program and the Long Island Aquarium. The Paddle Battle LI included division races for both kayaks and SUPs.

This year we had four Long Island Paddlers competing in three categories—Jim Dreeben, 2.5-Mile Recreational Class Kayak; Lynne Basileo (Women’s) and Edwin Mangual (Men’s) 5-Mile Sea Kayak; and Colin Mullen in the 5-Mile Unlimited Kayaks. The 2.5-mile race was one lap around the course beginning on the river at the starting line in the proximity of the LI Aquarium, out to Colonel’s Island and back to the finish line. The 5-mile races were two laps around the same course.

RESULTS			
Name	Time	Pace	Place
2.5-Mile Recreational Class Kayak			
Jim Dreeben	31:30	12:36/M	4th
5-Mile Competitive Sea Kayak			
Lynne Basileo (Women’s)	1:03:08	12:38/M	1st
Edwin Mangual	1:05:29	13:06/M	2nd
5-Mile Competitive Unlimited Kayaks			
Colin Mullen	51:53	10:23/M	3rd

LI Paddler members provide safety

....And the race begins



THE CLUB STORE

When you're looking to buy the following items or that money is just burning a hole in your wallet.....there's no need to make an extra trip or go traveling anywhere other than to our monthly meetings.

If there's time, these items will be on sale before the start of our General meetings, otherwise you can start shopping as soon as the meeting program is over.

For your shopping pleasure, our store is stocked with:

303 Cleaner	(\$12)	Works great on more than just your kayak
Croakies	(\$ 5)	You won't lose another pair of glasses
Hats	(\$13)	Heavy weight. Logo on front & Long Island Paddlers on back
	(\$10)	Light weight. Long Island Paddlers embroidered on front
Horns	(\$6)	Don't leave shore without one...works great
Lights	(\$20)	A must have for night kayaking
Shirts	(\$25)	Long sleeved with logo..keeps you warm or keeps you cool
T-Shirts (Men)	(\$8)	You can't beat this price for great t-shirts. Comes in several colors and sizes with club logo.
T-Shirts (Ladies)	(\$8)	Special colors and v-neck shirts with club logo for the ladies.
Decals	(\$1)	Club logo decals – looks great on your kayak and a great advertising for the club
Fleece Jackets	(\$26)	Individually ordered – pick your size & color.

AND, for your reading pleasure we have the following BOOKS

Inside Passage	(\$15)
Canoeing the Peconic	(\$1)
Exploring East End	(\$12)
Paddling LI	(\$10)
Fearless	(\$12)
Canoeing & Kayaking	(\$10)
A Dip In The Ocean	(\$12)
More Deep Trouble	(\$10)



Thank-you Betty and
Bruce for your many
years of running our
great club store and wel-
come to Diana Price for
immediately stepping up
to fill the position

We also have a limited supply of FREE Coast Guard ID stickers for your kayak.

**Picnic Day Paddle, Carmen's
River**



ORIENT BEACH PARK PADDLE



CLIP AND SAVE



10/17—Club Meeting, Bunker

10/19—North Virginia Exploring Expedition

10/21—Clean up, Upper Nissequogue

12/9 HOLIDAY PARTY!!! NEW at Sonoma Grill!



kayakfari.com

Happy Halloween



LOTS OF PEOPLE
CAN SWIM
BUT UNLESS YOU
CAN SWIM WHILE
UNCONSCIOUS



WEAR IT!

PAYNESPADDFISH.COM



Napeaque Harbor August 13, 2017 Bruce Redlien and Sima Freierman



We used the Napeaque Harbor put in at the walking dunes trail head. The harbor is very shallow so there is very little power boat traffic. It can be very windy so the harbor is popular with windsurfers and kite boarders. We didn't have much wind and so were able to paddle around the whole harbor. We felt we had the harbor almost to ourselves on this beautiful August weekend day. The north part of the harbor is separated from Gardiners bay by a dune that is a bird sanctuary, there is also some kind of aquaculture with an array of floats and more cormorants than you usually see in one place. We found a deserted section of beach on the north west side to land and have our lunch. The north west and west sections of the harbor have creeks to explore with the west section forming the napeaque meadow. The Art Barge is prominent on the south shore of the harbor. Paddling along the south shore you can see the Montauk train pass



Adirondack Trip



Goodnight Paddlers

Manhattan Kayak Circumnavigation

On July 15th nine club members joined the Yonkers Paddling and Rowing Club for a circumnavigation of Manhattan. The application process was started in April so plan ahead. This was a first time for me and I decide to do it before I go into my next decade of life and feel like I am getting too old to do it. I have not done my Costa Rica White-water trip for this reason the last three years. Too many aches and pains. I sometimes feel like I need a right side replacement of everything except the ankle.

Setting the alarm clock for 4AM I awake have breakfast and leave home with my fully loaded car for the trip to the put-in on the New Jersey side of the George Washington Bridge, Fort Lee/ Hazards Ramp. Start time is 7:15, on the water. I left my 7-11 at 5am; yes it is still dark, and arrived in NJ by 6:15. As expected no traffic on a Saturday morning. One fellow LI Paddlers was already there and helped with unloading boat and gear. We parked our cars in the designated spots and checked in with the trip coordinators and picked up our display numbers. If you think our put in's can be hectic try it with 80 boats. The trip leader Lee gives his talk and then lets assistant trip leader, our own Mike Matty to add a few items. Lee is flying a bright orange flag on his stern so we can always find him to follow. They tell all if there are any capsizes let the trip helpers handle it. They all have white number displays while the rest of us have blue number displays Takes about 30 to 40 minutes to get all on the water and start down the mighty Hudson River. This is largest of three groups doing the trip today. There were a total of 158 boats on the trip.

For me as a New York construction worker it was amazing to see so many building I worked on from this different perspective. Going right down the Manhattan shoreline at the top is Columbia Hospital, then all the west side Trump buildings, the Silverstein building at 42nd, then all the new work at the old Hudson rail yard which started after I retired. Continuing down town some of the buildings in Chelsea then one of the last buildings in Battery Park and one of the four from the Trade Center were all building I had helped build. When we got around to the east side there were other ones I could find like the German embassy, the black Trump near the UN, up at 59th the Bloomberg (first Home Depot in Manhattan) and the first parking building on Roosevelt island. Just to see these was worth the trip alone.

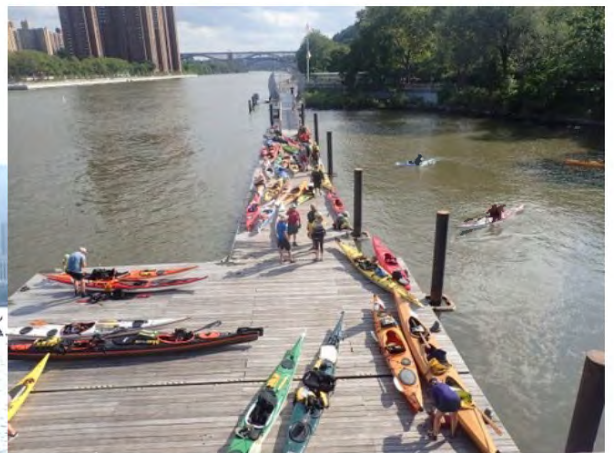
We start down the western shore of the Hudson to the Hoboken Boathouse for our first break. We stayed about 40 minutes, giving all a chance to use the facilities and maybe a snack. We start getting ready to leave and out trip leader Lee asks us all to face the Flag on the boathouse and sings the national anthem and does a rendition as good as any football game. I wish I could sing that well! As we was leaving a group from the boat house was putting on with a Hawaiian out rigger canoe, really special to see.

We departed Hoboken and headed across to Chelsea Piers, then down to South Cove for instructions on rounding the Battery. Here it is a small cove that we are holding all these boats for about forty five minutes while we get radio clearance to round the battery. We need to time everything around all the ferry boats, both the Staten Island and Liberty Island ferries. The water in the cove is moving in a circular motion with two foot waves, a barge and a steel bulkhead to deal with. It is a workout just trying not to bump other boats or get too close to structures. We finally get the OK to leave the cove and start rounding the battery. No sooner than we get back to the open water we get a call on the radio to back up, yes you try to get 80 boats to back up quickly! It was another Liberty Island ferry pulling out. I think most just held their ground while the ferry pulled out and on its way, we really was never close to it.

Once past the ferries we get a glimpse of the Heliport then the Mighty Brooklyn Bridge for the first time. If you have never seen it from a kayak it is truly a great experience. We can't look too much for this is the first time we are getting big boat waves. Most are just head on but some are big like, 4 feet high. We head across the boat channel to the Brooklyn side near a bulkhead where again one of our people Tom Auer (a volunteer for the Yonkers club) has stationed himself to keep the group from getting too close. When you look at the bulkhead you realize how fast the East River is moving, looks like a whitewater stream against the bulkhead. You don't want to be too close to that. We continue up the East river, under the Brooklyn, Manhattan, Williamsburg, and the Queensboro bridges then the little one to Roosevelt Island. The views of the New York skyline are phenomenal. The Pepsi Cola sign was still to be seen on the water in Brooklyn from Manhattan. The original factory site is now the site of high end condos. Once past Roosevelt Island we pull into Halletts Cove for lunch and a long break, 90 minutes. We have to carry all the boats (158) into Sculpture Park about one block carry. Takes time, but they actually hired some young people to help with the portage. Thanks! We take a long break here mostly to wait for the tide change. After lunch we will be going past Hell Gate waters. Needs to be just the right tide!

We return to the water and this is the first time we see all the boats together. We did leave Halletts Cove as three groups. Once our group was all on the water we were told to line up at the little lighthouse on the end of Roosevelt Island to make the crossing back to the Manhattan side of the East River. Lee said on the radio "I want all boats to line up like a Chorus Line and then all cross together". What a pretty sight to see 80 boats cross a boat channel and stay within 100 feet. We are lucky we can stay that close with only 20 boats in our club. Once we were back on the Manhattan side we headed up into the Harlem River. They did the tide timing so right I would not have known we just passed one of the most treacherous waters in NY. I didn't feel a thing.

Heading up the Harlem River we pass under a series of bridges on the way to our next stop the Peter Sharp boat house. First bridge is the Foot Bridge to Ward Island, Triborough, High Bridge, Hamilton, Washington, University Heights and the Henry Hudson. After another break at the boat house about 40 minutes we get back on the Harlem River heading to the Hudson again. We grouped up once more before the Hudson Rail Bridge for final instructions to home stretch. This is an interesting bridge; it remains open till a train comes then reopens after it passed. We get our instructions to pass under the bridge and head straight across to the NJ shore then head south again to the GW bridge for our take out. While looking under the bridge you can see the Hudson River is lower than the Harlem River, this tells you there is going to be some sort of turbulence. There sure was, fortunately it only lasted about 100 yards but there was two to three foot chop from any direction and we all just dealt with it.



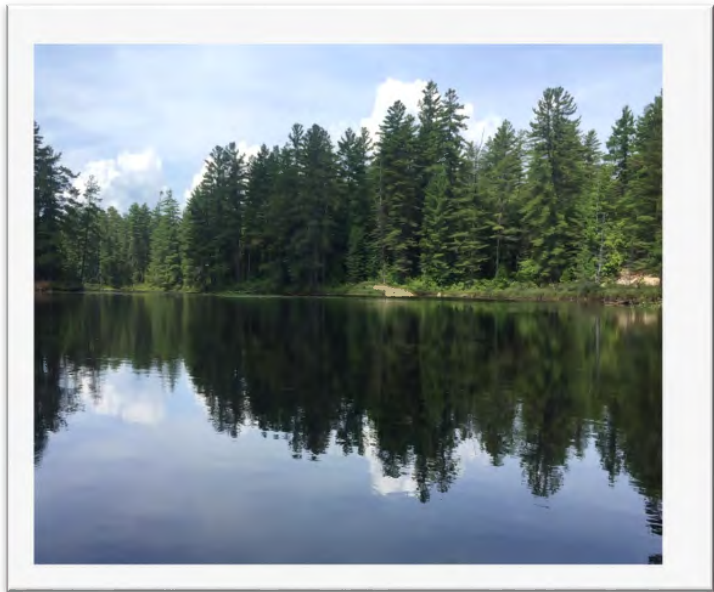


All headed across and then south to the bridge for the take out, just about on time. Take out was a little hairy as there was only one ramp open to use and 80 boats all wanting to be finished. It took some time but we all got off the water and started helping each other to load up and get ready for the home ward bound trip. As we got off the water all had to check out. They made sure all were accounted for and gave out stickers to all attending the trip. Thanks were passed out to all the event personnel.

If anyone from the club is a better than fair paddler I would highly recommend giving this trip a try. The logistics might be a little tough like getting there for 6:15. The Yonkers club reviews all participants when signing up as to their ability, of course if you are untruthful then you could be in over your head. The paddle started at 7:15AM and ended at 7 PM, yes that is a long time but there are plenty of rests. The whole trip is 33 miles but you really are with the current the whole way. The only place I thought was challenging was South Cove waiting, at the crossing from the battery to Brooklyn then not till entering the Hudson again from the Harlem. When I finished I thought my arms would be spent but the only thing that was hurting was the balls of my feet from being on the pegs so long. When I first got in my car for the trip home I asked myself would I do it again and I thought maybe not, but by Sunday I reconsidered and I may volunteer as a helper next year. The cost was \$75 and when I asked why; it pays for the permits, out houses, helpers at Halletts Cove snacks, and a power boat and a jet ski as safety guide. We also had the Coast Guard auxiliary and a NY police boat watching over us.

Hope you join us next year, **Chris Scalisi**

Reflections—ADK



I DON'T NEED
- Therapy -
I JUST NEED TO GO
KAYAKING



Saving rivers since 1954

americanwhitewater.org

Protect Our Rivers and Clean Water Today!

It's time to take action and protect clean water and the rivers we love to paddle. The EPA is proposing to repeal their 2015 Clean Water Rule and the September 27th deadline for comments is rapidly approaching. The proposed repeal is deeply troubling to us at American Whitewater. The Clean Water Rule clarified protections for headwater streams and wetlands, which is where the majority of whitewater recreation takes place. We supported the rule when it was first envisioned and worked hard during its development to ensure that it reflected the input of the whitewater boating community. We cheered its passage in 2015 because healthy headwater areas are not only important for recreation, but also for clean drinking water, healthy ecosystems, and local economies. The Clean Water Rule is based on years of scientific study, sound economic arguments and wide public support. Withdrawing it is a significant threat to the health of our most cherished waterways and those who enjoy the recreational opportunities they provide.

We need to give our rivers a voice.



Peconic River at its Best..... Jim Dreeben

Wednesday, September 6, a friend, Mike, and I paddled the Peconic River from Connecticut Ave. in Manorville to Downtown Riverhead. The water level was the highest I have seen it in many years, and it was very clear; you could see the bottom for most of the 2 ½ hour trip.

The past two summers, the water level was so low in the beginning that you had to get out and drag your canoe or kayak at least 1/2 mile, or put in at Edwards Avenue and forgo paddling the most scenic part. We had enough rain this summer, including 9/6/17, so the level was high.

We used an 18' Grumman Aluminum Canoe, bent-shaft paddles* and Kokatat Orbit Tour* PFDs. We began our trip at 8:55 AM. Thunder, lightning and heavy rain started at 9. (We did not bring cell phones so there was no turning back.) After fifteen minutes of paddling hard we sprinted to an overlook shelter and waited out the storm for over forty minutes. We resumed the trip with wind at our back and high water.

Highlights of the Peconic River: All of the foliage is unbelievably beautiful. It is mostly many shades of green but there are poison ivy bushes with leaves turning red that are quite beautiful also. There were many great blue heron sightings, dozens of swans, geese and ducks, one cormorant and many fish jumping out of the water including one about 18" long. A few turtles were sunning themselves on rocks. The only trash were 2 soda cans which I picked up.

In recent years the DEC has made many river access improvements such as parking lots and rails on which to slide your canoe or kayak into the water. A few problems that I used to take care of when I was in business: trimming poison ivy bushes and removing large branches and trees that had fallen across the river, and replacing furring strips on the small hill that you must cross by the cranberry bogs. Without the strips, it is slippery but passable with care. Also, the rocks under the railroad bridge should be re-arranged and moved up the sides so you don't scrape against them. (There is enough room to paddle clear of the poison ivy.)

Synopsis: The Peconic River is a gem that should be seen by all paddlers and nature lovers. For more information about the Peconic River and the Peconic Bay, you can call me or e-mail: 631-834-2525 or jim@longislandpaddling.com. BTW, I paddled the river for the first time in 1977 and have done it over 100 times since then by canoe, kayak and stand up paddleboard.

*Bent shaft canoe paddles are very efficient. We used an ultralite Werner carbon paddle and an antique, very light, Kronen Paddle made of wood from an African obeche tree. Orbit PFD is a comfortable pull-over. It leaves your arms unencumbered and your chest exposed for suntan.

Whiteface Mt.—ADK

A small group of ADK

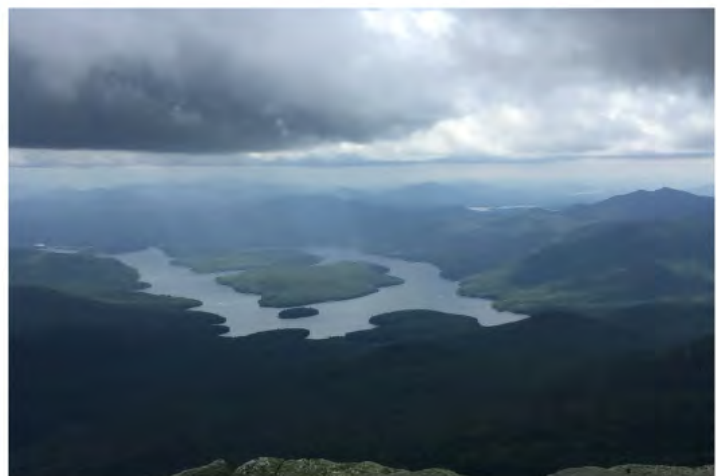
**Paddlers decided to spend
one day traveling to**

Whiteface

**Mountain and climbing to
the Summit**



Brrrrrrrr



London to London, Via The World.....Sarah Outen

Greetings L2L Supporters,

It's been a long time since I last posted a Mailchimp update, or even a blog. It's been almost two years since we finished London2London:Via the World under Tower Bridge.
How time flies.

I arrive in your inbox today with exciting news - we are making a [film](#) of the London2London journey. In all its richness, colour, stories and the ups and downs of a project which took so many people to bring to fruition and touched so many lives - myself and acclaimed adventure film maker [Jen Randall](#) are in the process of weaving all the footage I shot on the way, into a kickass piece of documentary.

We now need *your* help. And that of anyone and everyone you know who might be interested. For we are crowdfunding to reach our budget - we launched yesterday on [Kickstarter](#) and skipped over £6K in our first 24hrs. A great run out of the blocks, but we still have £34K to find in pledges over the next three weeks to meet our target. If we miss it, we don't receive a penny.

So, with that in mind,click the [Kickstarter link](#) sit back and watch this pitch film to remember all the stories and see our vision for bringing it to life. And then, we would love it if you could share it across your networks, encouraging folks to pledge and we would also love it if you might pledge as well. We have all sorts of rewards from the film itself, to books, to workshops and talks. If you fancy something that's not on the list then do please give me a shout.

We'd love to hear what you think and I hope that you might be able to support us. And of course, our thanks to everyone who has already supported us.

All very best

Sarah



(631) 727-9895 (631) 834-2525



PECONIC PADDLER

Sea Kayaks • Canoes • SUPs

Jim Dreeben 89 Peconic Avenue
www.peconicpaddler.com Riverhead, New York 11901

Adventure Tourism Services

Activity holidays that last a lifetime !

Scotland - Greece - France

Brian Gibbons
 Activities Director
 Tel: + 44 (0) 1546 603852
 Mob: + 44 (0) 7796500991



admin@adventuretourismservices.com
www.adventuretourismservices.com

HOME ABOUT US FAQ'S CONTACT US LOGIN

Dinghy Shop Amityville, NY
 40°39'31"N 73°21'25"W

YOU CAN'T BUY
HAPPINESS
 • BUT YOU CAN BUY A •
Kayak
 AND THAT'S PRETTY CLOSE

DISCLAIMER:
 The views expressed in this news-
 letter are strictly those of their
 respective authors. Information
 offered on any topic should not
 be assumed to be authoritative or
 complete.

MEETINGS: Members and non-
 members are always welcome at
 our monthly meetings. We meet the
 third Tuesday of each month. We
 meet from 7 to 9 PM at: Bright-
 waters Public Library 1 South
 Country Road Brightwaters, NY